

# **Susan J. Woolford, MD, MPH**

**Associate Professor**  
**swoolfor@umich.edu**

## **Education and Training**

### **Education**

|                 |                                                                           |
|-----------------|---------------------------------------------------------------------------|
| 09/1986-08/1990 | BS, Andrews University, Berrien Springs, MI                               |
| 09/1990-12/1994 | MD, Michigan State University College of Human Medicine, East Lansing, MI |
| 09/2004-04/2006 | MPH, University of Michigan School of Public Health, Ann Arbor, MI        |

### **Postdoctoral Training**

|                 |                                                                                                         |
|-----------------|---------------------------------------------------------------------------------------------------------|
| 01/1995-06/1995 | Internship, Department of Pediatrics and Human Development, Sparrow Hospital Health System, Lansing, MI |
| 07/1995-06/1998 | Residency, Department of Pediatrics and Human Development, Sparrow Hospital Health System, Lansing, MI  |

## **Certification And Licensure**

### **Certification**

|                 |                                                          |
|-----------------|----------------------------------------------------------|
| 10/1999-12/2026 | American Board of Pediatrics                             |
| 01/2023-Present | American Board of Lifestyle Medicine, Lifestyle Medicine |

### **Licensure**

|                 |                                |
|-----------------|--------------------------------|
| 01/1997-06/2026 | Michigan, Controlled Substance |
| 01/1997-06/2026 | Michigan, Medical License      |
| 05/2025-05/2028 | USA, Michigan, DEA License     |

## **Work Experience**

### **Academic Appointment**

|                 |                                                                                                                                                              |
|-----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 01/1995-06/1998 | Clinical Instructor, Department of Pediatrics and Human Development, Sparrow Hospital Health System, Michigan State University, Lansing                      |
| 07/2004-06/2006 | Clinical Lecturer in Pediatrics - Ambulatory Care Program, University of Michigan - Ann Arbor, Ann Arbor                                                     |
| 07/2006-06/2010 | Clinical Assistant Professor, Department of Pediatrics, University of Michigan, Ann Arbor                                                                    |
| 07/2010-08/2019 | Assistant Professor, Department of Pediatrics, University of Michigan, Ann Arbor                                                                             |
| 06/2015-Present | Faculty, Community Engaged Program Michigan Institute for Clinical and Health Research, University of Michigan, Ann Arbor                                    |
| 03/2018-01/2023 | Faculty Lead, Summer Immersion Program, Education and Mentoring Group Michigan Institute for Clinical and Health Research, University of Michigan, Ann Arbor |
| 09/2019-Present | Faculty, General Pediatrics, Susan B. Meister Child Health Evaluation and Research Center (CHEAR) University of Michigan, Ann Arbor                          |
| 09/2019-Present | Associate Professor, Department of General Pediatrics, University of Michigan, Ann Arbor, (Tenured)                                                          |

|                 |                                                                                                                                                                                    |
|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 01/2020-Present | Associate Professor, Department of HBHE, School of Public Health, University of Michigan, Ann Arbor, MI                                                                            |
| 01/2023-Present | Faculty Lead, Translational Science Summer Immersion Program, Education and Mentoring Group Michigan Institute for Clinical and Health Research, University of Michigan, Ann Arbor |

### **Administrative Appointment**

|                 |                                                                                                                                  |
|-----------------|----------------------------------------------------------------------------------------------------------------------------------|
| 01/2001-01/2002 | Vice Chair, Department of Pediatrics, Metropolitan Hospital, Grand Rapids                                                        |
| 01/2002-01/2004 | Chair, Department of Pediatrics, Metropolitan Hospital, Grand Rapids                                                             |
| 07/2006-03/2016 | Medical Director, Pediatric Comprehensive Weight Management Center, University of Michigan, Ann Arbor                            |
| 09/2012-06/2019 | Co-Director, Program on Mobile Health Technology in Child Health, CHEAR Unit, University of Michigan, Ann Arbor                  |
| 07/2017-09/2024 | Co-Director Healthy Flint Research Coordinating Center, University of Michigan, Ann Arbor                                        |
| 01/2023-11/2025 | Associate Director, Program for Equity in Adolescent and Child Health (PEACH), University of Michigan, Ann Arbor, MI             |
| 04/2023-11/2025 | Associate Director, Michigan Child Health Equity Collaborative (MICHEC), University of Michigan, Ann Arbor, MI                   |
| 04/2024-11/2025 | Associate Director, Michigan Community Hospitals Improving Equity for Children (MI-CHIME), University of Michigan, Ann Arbor, MI |
| 10/2025-Present | Medical Director, Michigan Intensive Pediatric Lifestyle and Navigation Clinic (MIPLAN), University of Michigan, Ann Arbor, MI   |
| 11/2025-Present | Co-Director, Michigan Community Hospitals Improving Equity for Children (MI-CHIME), University of Michigan, Ann Arbor, MI        |
| 11/2025-Present | Co-Director, Michigan Child Health Equity Collaborative (MICHEC), University of Michigan, Ann Arbor, MI                          |
| 11/2025-Present | Co-Director, Program for Equity in Adolescent and Child Health (PEACH), University of Michigan, Ann Arbor, MI                    |

### **Clinical Appointments**

|                 |                                                     |
|-----------------|-----------------------------------------------------|
| 07/1998-06/2004 | Pediatrician, Metro Health Pediatrics, Grand Rapids |
|-----------------|-----------------------------------------------------|

### **Research Interests**

- Behavioral interventions in the clinical setting for the treatment of obesity in children and adolescents: focusing on the use of communications technology to enhance engagement and adherence among diverse patient populations using community engaged methods. Initiatives to impact public health and provide optimal pediatric care through collaborative research and improvement projects that examine areas where inequities may exist in care (by factors such as patient gender or weight status) and study the impact of projects implemented to improve care for all children. Dissemination of health-related science in collaboration with community partners, to diverse populations with the goal of increasing understanding and promoting behavior change.
- Initiatives to impact public health and provide optimal pediatric care through collaborative research and improvement projects that examine areas where inequities may exist in care (by factors such as patient gender or weight status) and study the impact of projects implemented to improve care for all children.
- Dissemination of health-related science to and in collaboration with community members with the goal of increasing understanding and promoting behavior change

### **Clinical Interests**

- Treatment of childhood obesity in primary care and tertiary care settings.

## Grants

### Current Grants

Children's Hospital of Michigan:*Michigan Intensive Pediatric Lifestyle and Navigation (MIPLAN)*:  
PI  
Virtual Clinic Pilot  
10/2025 - 09/2026  
\$49,973

N/A:*Michigan Child Health Equity Collaborative (MI-CHEC)*:Gary Freed  
Co-I (Principal Investigator:Gary Freed)  
CMMS-DHHS-US-SubK sourced funding through MDHHS  
10/2025 - 09/2026  
\$1,707,906

R25NR021382:*Summer Research Fellowship Training Program: Advancing the Science of Firearm Injury Prevention*:  
Consultant on  
Patrick Carter(MPI);Sarah Stoddard(MPI)  
NIH-DHHS-US  
07/2025 - 06/2028  
\$626,790

CGA QI CGA: *Population Health Management of Pediatric Obesity Leveraging the Electronic Health Record and Digital Tools*:  
Co-I (Principal Investigator:Joyce Lee)  
Lilly USA, LLC  
07/2025 - 06/2027  
\$321,717

*Creation of a Pediatric Health Equity Quality Collaborative in Michigan*:  
Co-I (Principal Investigator:Gary Freed)  
Michigan Health Endowment Fund  
04/2024 - 04/2027  
\$500,000

R35TR004776:*MICHR-Translational Science Immersion (MICHR-TSI)*:Led the development and submission of the grant and served as corresponding MPI  
MPI  
Vicki Ellingrod(MPI)  
NIH-DHHS-US  
12/2023 - 11/2028  
\$540,000

U54CA280805:*Michigan Program for Advancing Cultural Transformation (M-PACT) in Biomedical and Health Sciences*:  
Consultant on (Principal Investigator:Robert Sellers)  
NIH-DHHS-US  
06/2023 - 05/2029  
\$15,895,066

U01DE021412:*Predicting Caries Lesion Patterns and Trajectories in Underserved Children, from Infancy to Early Adolescence, in Primary Healthcare Settings:*

Co-I (Principal Investigator: Margherita Fontana)

NIH-DHHS-US

04/2023 - 03/2028

\$8,617,785

UM1TR004404:*Michigan Institute for Clinical and Health Research (MICHHR):*

Co-I (Principal Investigator: Erica Marsh)

NIH-DHHS-US

03/2023 - 02/2030

\$69,120,090

*Comparing Scalable Technology-Driven Brief Intervention Packages for Youth Alcohol Use:*

Co-I

Dr. Erin E. Bonar(MPI); Maureen Walton(MPI)

Patient-Centered Outcomes Rese

03/2023 - 06/2029

\$6,995,893

OT2HL158287:*"The Fierce Urgency of Now": Communities Conquering COVID through Addressing Vaccine Hesitancy and Access:*

Co-I (Principal Investigator: Barbara Israel)

NIH-DHHS-US-SubK sourced funding through Westat, Inc.

11/2021 - 03/2027

\$8,433,785

### **Submitted - Open**

FY27-(PSCIP-UM): *Pediatric Sickle Cell Improvement Program:*

PI of UM Site

CMMS-DHHS-US-SubK sourced funding through MDHHS

10/2026 - 09/2027

\$475,000

FY27-(CHEC-UM): *Michigan Child Health Equity Collaborative (MI-CHEC):*

PI of UM Site

CMMS-DHHS-US-SubK sourced funding through MDHHS

10/2026 - 09/2027

\$1,498,602

*Michigan Primary Care Research Training Program: A Postdoctoral NRSA Fellowship to Prepare Fellows to Conduct Primary Care Research to Improve Health and Healthcare:*

Consultant on (Principal Investigator: Jeffrey Kullgren)

HRSA-DHHS-US

09/2026 - 06/2031

\$1,943,668

*Comparing Two Ways to Reduce Alcohol and Drug Use among Teens:*  
Co-I (Principal Investigator:Maureen Walton)  
Patient-Centered Outcomes Research Institute  
11/2022 - 06/2029  
\$6,995,893

#### **Past Grants**

*Medicaid Reimbursement Study:*  
Co-I  
Renuka Tipirneni(MPI);Sarah Clark(MPI)  
MDHHS  
04/2025 - 09/2025  
\$250,000

*MIP-Michigan Child Health Equity Collaborative (MI-CHEC):*  
Co-I (Principal Investigator:Gary Freed)  
CMMS-DHHS-US-SubK sourced funding through MDHHS  
10/2024 - 09/2025  
\$1,406,420

*MIP - Michigan Child Health Equity Collaborative (MiCHEC):*  
Co-I (Principal Investigator:Gary Freed)  
CMMS-DHHS-US-SubK sourced funding through MDHHS  
10/2023 - 09/2024  
\$1,135,194

*Michigan Child Health Equity Collaborative (Mi-CHEC):*  
Co-I (Principal Investigator:Gary Freed)  
CMMS-DHHS-US-SubK sourced funding through MDHHS  
01/2023 - 09/2023  
\$672,558

*Michigan Quality Collaborative Social Care Network:*  
Co-I (Principal Investigator:Michael Englesbe)  
CMMS-DHHS-US-SubK sourced funding through MDHHS  
10/2022 - 09/2023  
\$15,959,799

*Exploring Issues in Child Health Equity:*  
Co-I (Principal Investigator:Gary Freed)  
Michigan Health Endowment Fund  
05/2022 - 11/2022  
\$44,396

N/A:*Adipose tissue diversity in infants, children, and adolescents, CO-I:S. Woolford focused on community engagement*

MPI

Carey Lumeng(MPI);Joshua Welch(MPI);Kanakadurga Singer(MPI);Richard Ohye(MPI);Samir Gadepalli (MPI)

Chan Zuckerberg Initiative, LLC

10/2021 - 09/2024

\$1,553,905

U01GM132133:*Building Up:*

PI of UM Site

NIH-DHHS-US-SubK sourced funding through The University of Pittsburgh

10/2020 - 06/2021

\$30,000

OT2HL156812:□*The Fierce Urgency of Now*□: *Communities Conquering COVID (C3):*

Co-I

Barbara Israel(MPI);Erica Marsh(MPI)

NIH-DHHS-US-SubK sourced funding through RTI International

09/2020 - 10/2021

\$2,003,096

R42MD008840:*Location Initiated Individualized Texts for Adolescent Health (LIITAH):*

PI of UM Site

NIH-DHHS-US-SubK sourced funding through MEI Research, Ltd.

04/2018 - 11/2022

\$715,955

R21HD093835:*Improving Nutritional Choices in Adolescents:*

PI

NIH-DHHS-US

12/2017 - 05/2021

\$428,125

UL1TR002240:*Michigan Institute for Clinical and Health Research (MICHHR):*

Co-I

George A. Mashour(MPI);Julie Lumeng(MPI)

NIH-DHHS-US

06/2017 - 02/2023

\$54,857,476

TL1TR002242:*Michigan Institute for Clinical and Health Research (MICHHR) TL1 Award:*

Co-I (Principal Investigator:Michael Holinstat)

NIH-DHHS-US

06/2017 - 02/2023

\$2,779,138

K23HD083527:*Speaking Their Language: Using Social Media and Texting to Create an Adolescent-Centered Approach to Healthy Weight Gain During Pregnancy:*

Consultant on (Principal Investigator:Tammy Chang)

NIH-DHHS-US

03/2016 - 02/2021

\$817,290

P30DK089503: *Michigan Nutrition Obesity Research Center:*  
Co-I (Principal Investigator: Randy Seeley)  
NIH-DHHS-US  
07/2015 - 06/2020  
\$5,533,649

R41MH: *Location Initiated Individualized Texts for African American Adolescent Health:*  
PI of UM Site  
NIH-DHHS-US-SubK sourced funding through MEI Research, Ltd.  
07/2014 - 05/2016  
\$74,000

R41MD008840: *Location Initiated Individualized Texts for African American Adolescent Health:*  
Funded by  
National Institute on Minority Health and Health Disparities  
07/2014 - 05/2016  
\$149,940

*The Trauma and Grief Clinic for Youth: Promoting Community-Wide Best Practices:*  
Mentor (Principal Investigator: Polly Gipson Allen)  
SAMHSA-DHHS-US-SubK sourced funding through The University of Texas Health  
07/2014 - 09/2016  
\$22,591

R42MD008840: *Location Initiated Individualized Texts for African American Adolescent Health:*  
Funded by  
National Institute on Minority Health and Health Disparities  
04/2014 - 11/2022  
\$1,482,397

K23HD058797: *NOVEL INDIVIDUALLY TAILORED MOBILE MESSAGES TO ENHANCE WEIGHT LOSS FOR TEENS:*  
PI  
NIH-DHHS-US  
05/2009 - 04/2014  
\$660,863

R01HL085400: *BMI12: Brief Motivational Interviewing to Reduce Child BMI (Body Mass Index): Kenneth Resnicow*  
Co-I (Principal Investigator: Kenneth Resnicow)  
NIH-DHHS-US  
04/2008 - 01/2014  
\$3,451,189

*"WEIGH COOL" - eNUTRITION FOR TEENS:*  
PI  
American Academy of Pediatrics  
10/2007 - 04/2009  
\$10,000

## **Honors and Awards**

### **National**

- 2008 The African American Collaborative Obesity Research Network National Workshop on Diversity within African American Communities: Implications for Advancing Research on Weight Issues, The African American Collaborative Obesity Research Network, United States, The African American Collaborative Obesity Research Network  
National Workshop on Diversity within African American Communities: Implications for Advancing Research on Weight Issues
- 2009 American Academy of Medical Colleges Early Career Women Faculty Professional Development Seminar, American Academy, United States, American Academy of Medical Colleges Early Career Women Faculty Professional Development Seminar (Invited)
- 2009 Society for Adolescent Medicine New Investigator Award, Adolescent Medicine, United States, Society for Adolescent Medicine New Investigator Award
- 2023 Toby Citrin Award, Flint, United States, (for longstanding commitment to improving health in Flint)

### **Regional**

- 2005 Ambulatory Pediatric Association Region V Fellows Research Award, Ambulatory Pediatric Association, United States, Research Award

### **Institutional**

- 2007 Office of Diversity and Career Development Award, Office of Diversity, United States, Office of Diversity and Career Development Award
- 2009 Elizabeth E. Kennedy Award, University of Michigan, United States, Elizabeth E. Kennedy Award
- 2010 Elizabeth Crosby Award, University of Michigan, Elizabeth Crosby Award
- 2011 SHARP Center Award, University of Michigan, SHARP Center Award

### **Departmental**

- 2012 Child Health Evaluation and Research (CHEAR) Unit Program Award, University of Michigan, Department of Pediatrics (CHEAR), United States, Child Health Evaluation and Research (CHEAR) Unit Program Award
- 2012 Johnson Controls Award, University of Michigan, Departments of Pediatrics, United States, Johnson Controls Award
- 2013 Department of Pediatrics Discovery Grant, University of Michigan, Department of Pediatrics, United States, Department of Pediatrics Discovery Grant
- 2017 Twice received Pediatric Medical Student Education Rotation Teaching Recognition Certificates, University of Michigan, Department of Pediatrics, United States
- 2018 Pediatrics Education Award, University of Michigan, Department of Pediatrics, United States, 2018 Pediatrics Education Award
- 2019 Top 10 Pediatric Educators, University of Michigan, Department of Pediatrics, United States
- 2024 Department of Pediatrics Chair's Award for Diversity, Equity and Inclusion, University of Michigan, Department of Pediatrics, United States

## **Study Sections, Editorial Boards, Journal & Abstract Review**

### **Study Sections**

**National**

|             |                                                                                                                  |
|-------------|------------------------------------------------------------------------------------------------------------------|
| 2009        | Thrasher Foundation, (Ad Hoc)                                                                                    |
| 2011        | National Science Foundation, National Science Foundation, (Ad Hoc)                                               |
| 2012 - 2013 | YMCA of America National Childhood Obesity Expert Panel, YMCA of America National Childhood Obesity Expert Panel |
| 2013        | Robert Wood Johnson BMI Reduction (Community and Clinical) Interventions Strategic Planning Panel                |
| 2016 - 2021 | National Institutes of Health, (Ad Hoc)                                                                          |
| 2023 - 2024 | National Institutes of Health, (Ad Hoc)                                                                          |

**Editorial Boards / Journal & Abstract Reviews****Journal Review**

|                |                                                                 |
|----------------|-----------------------------------------------------------------|
| 2006 - Present | Archives of Pediatrics and Adolescent Medicine (Ad Hoc)         |
| 2006 - Present | Academic Pediatrics (Ad Hoc)                                    |
| 2006 - Present | Journal of the National Medical Association (Ad Hoc)            |
| 2007 - Present | Journal of the American Medical Association (Ad Hoc)            |
| 2007 - Present | Obesity (Ad Hoc)                                                |
| 2008 - Present | American Journal of Preventive Medicine (Ad Hoc)                |
| 2008           | Pediatric Academic Society Meeting                              |
| 2009 - Present | Pediatrics (Ad Hoc)                                             |
| 2011 - Present | Childhood Obesity (Ad Hoc)                                      |
| 2011 - 2014    | The Obesity Society, Diversity Committee Poster Awards (Ad Hoc) |

**Abstract Review**

|             |                                                                        |
|-------------|------------------------------------------------------------------------|
| 2012 - 2015 | The Obesity Society, eHealth/mHealth Committee Poster Awards, (Ad Hoc) |
|-------------|------------------------------------------------------------------------|

**Teaching****Mentorship****Faculty Member**

|                   |                                                                                                         |
|-------------------|---------------------------------------------------------------------------------------------------------|
| 07/2012 - 06/2018 | Nita Vangeepuram, Icahn School of Medicine at Mount Sinai, Career mentorship                            |
| 07/2013 - 06/2015 | Nik Ani Afifah Hi Mohd Tuah, Universiti Brunei Darussalam, Research mentorship                          |
| 07/2014 - 06/2016 | Tammy Chang, University of Michigan (K23 \$673,650), Research mentorship                                |
| 07/2016 - 06/2017 | Kent Key, Michigan State University, Research mentorship, resulted in publication                       |
| 07/2018 - 06/2019 | Larry Charleston, University of Michigan, Career mentorship                                             |
| 09/2023 - 06/2024 | Salima Emara, MD, University of Michigan, Health Equity Health Disparities Program, Research mentorship |
| 07/2024 - Present | Natasha Kumar, MD, University of Michigan, IMPACT Program, Research and career mentorship               |
| 09/2024 - 06/2025 | Mary Bohr, MD, University of Michigan, Health Equity Health Disparities Program, Research mentorship    |
| 01/2025 - Present | Lauren Wruble, MD, University of Michigan, Health Equity Research Scholars Program, Research mentorship |

### **Postdoctoral Fellow**

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|-------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 07/2012 - 06/2015 | Tammy Chang, University of Michigan, A systematic review of the literature addressing the use of social media in weight related interventions. Served as first author on manuscript (Dr. Woolford as senior author) published in the Journal of Medical Internet Research. Dr. Chang is currently on faculty at U of M |
| 07/2014 - 06/2015 | Michelle Moniz, University of Michigan, The use of social media to impact social norms associated with prenatal care. Submitted an intramural grant application addressing this topic (with Dr. Woolford as a co-investigator)                                                                                         |
| 07/2014 - 06/2015 | Janet Childerhose, University of Michigan, Adolescent perceptions of bariatric surgery conducted a qualitative study addressing this topic. Accepted a position at Johns Hopkins                                                                                                                                       |
| 07/2021 - 06/2022 | Kara Kwiatkowski, MD, University of Michigan, Scientific Oversight Committee member. Studying the relationship between obesity and liver disease                                                                                                                                                                       |
| 07/2021 - 06/2024 | Melinda Rushing, PhD, University of Michigan, Child Health Evaluation and Research fellow, Mentorship Committee. Studying health disparities in the treatment of sickle cell disease                                                                                                                                   |
| 07/2022 - 06/2023 | Annemarie Swamy, MD, PHD, Johns Hopkins University, Society for Adolescent Health and Medicine Mentor, Adolescent Medicine fellow                                                                                                                                                                                      |
| 07/2024 - 06/2025 | Sarah Rachal, MD, Cincinnati Children's Hospital, Endocrinology fellow, Endocrinology Society Obesity Fellowship. Overview of pediatric obesity treatment                                                                                                                                                              |
| 07/2024 - 02/2026 | Dario Alvarez, MD, University of Michigan Scientific Oversight Committee member, Pediatric Cardiology fellow, Studying inequities in the use of the rapid response system among hospitalized pediatric patients                                                                                                        |

### **Resident**

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|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 05/2007 - 08/2007 | Rohan Henry, University of Michigan, Self-Perceived Body Weight Discrepancy and Suicidal Ideation among U.S. Adolescents. Served as first author on abstract accepted for oral presentation at national PAS meeting in 2007 (Dr. Woolford as senior author). Currently, he is an endocrinologist at the Ohio State University        |
| 05/2007 - 08/2007 | Stephanie Wilson, University of Michigan, Physical Education, Physical Activity, and Obesity Among U.S. Adolescents                                                                                                                                                                                                                  |
| 07/2008 - 06/2009 | Sana Ahmed, University of Michigan, Feasibility and acceptability of a one-page tool to help physicians. Served as coauthor on manuscript (Dr. Woolford as first author) that was published in Clinical Pediatrics and discuss obesity with parents of preschoolers. Currently she is a faculty member at the University of Michigan |
| 05/2010 - 08/2010 | Oriaky Kas-Osoka, MD, University of Michigan, Exploration of the association between the presence of comorbidities and change in BMI among obese adolescents in a weight loss program. Served as first author on poster presentation at national PAS/SPR meeting in 2011. Currently she is an adolescent medicine physician          |
| 07/2020 - 06/2021 | Anthony McClenny, Children's National Hospital, Career mentorship                                                                                                                                                                                                                                                                    |

### **Medical Student**

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|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 07/2010 - 06/2011 | Christina Jepson, University of Michigan, Obese Adolescents' Perspectives on Text Messages to Enhance Weight Loss Efforts                                                                                                |
| 07/2011 - 06/2012 | Aarti Surti, University of Michigan, Barriers to physical activity among adolescents                                                                                                                                     |
| 07/2011 - 06/2012 | Megan Ditty, University of Michigan, Barriers to physical activity among African American adolescent girls. Completion of a literature review exploring this topic                                                       |
| 07/2011 - 06/2013 | Lynae Manthei, University of Michigan, Qualitative exploration of African American Adolescent girls' perceptions of the barriers to participation in physical activity. Completion of a manuscript addressing this topic |

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|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 07/2012 - 06/2013 | Hannah Perrin, University of Michigan, Interactive web interventions to aid primary care physician weight management efforts targeting parents of young children with excess weight. Development of an online intervention as an adjunct to weight management in the primary care setting                                                                                                   |
| 07/2012 - 06/2014 | Daniel Ehrmann, University of Michigan, The association between self-report of pre participation level of physical activity and outcomes during participation in a weight management program. Served as first author on manuscript (Dr. Woolford as senior author) published in the Journal Childhood Obesity. Dr Ehrmann is currently an Assistant Professor at the University of Michigan |
| 07/2013 - 06/2014 | Kathleen Kinkade, University of Michigan, Performance of semi-structured interviews exploring the use of Pinterest as an adjunct to weight management for adolescents                                                                                                                                                                                                                       |
| 07/2013 - 06/2014 | Stephanie Chen, University of Michigan, Performance of semi-structured interviews exploring the use of Pinterest as an adjunct to weight management for adolescents                                                                                                                                                                                                                         |
| 07/2013 - 06/2014 | Sarah Arshad, University of Michigan, Interactive web interventions to aid primary care physician weight management efforts targeting parents of young children with excess weight                                                                                                                                                                                                          |
| 07/2014 - 06/2015 | Grace Liu, University of Michigan, Exploration of whether confidence and Readiness predict greater weight loss among adolescents enrolled in multidisciplinary weight management. Completion of an abstract describing her findings                                                                                                                                                         |
| 07/2014 - 06/2015 | Grace Huang, University of Michigan, Perceptions regarding bariatric surgery of adolescents with severe obesity seeking care at a multidisciplinary weight management program. Development of a prototype decision aid to assist adolescents considering the option of bariatric surgery                                                                                                    |
| 07/2014 - 06/2016 | Aisha Harris, University of Michigan, Literature reviews of current conceptual frameworks that might be applied to the treatment and prevention of childhood obesity. Dr. Harris is currently a physician and community engaged researcher in Flint, MI                                                                                                                                     |
| 07/2020 - 06/2022 | Shryia Tani, Morehouse School of Medicine, Parental perspectives of their children's weight-related habits during the COVID-19 pandemic. Served as first author on manuscript (Dr. Woolford as senior author) published in Childhood Obesity                                                                                                                                                |
| 07/2024 - 09/2025 | Juliet Villegas, New York Osteopathic College of Medicine, Research rotation focused on treatment of childhood obesity. Served as a co-author on two publications (Dr. Woolford as first author) published in Childhood Obesity and Pediatr Clin North Am                                                                                                                                   |
| 03/2026 - Present | Leta Ashebo, University of Michigan, School of Medicine, Assessing Early Usability and Acceptability of the Mobile Application for the Michigan Intensive Pediatric Lifestyle and Navigation (MIPLAN) Virtual Clinic. NIH supported student research project. Abstract accepted for presentation at the American Public Health Association annual meeting                                   |

#### **Graduate Student**

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|-------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 01/2010 - 01/2011 | Shahla Khan, University of Michigan, Obese Teens' Perspectives Regarding the Photovoice Component of a Weight Management Intervention. Served as second author on an abstract accepted for oral presentation at the national SAHM meeting and on a manuscript published in the peer-reviewed literature (Dr. Woolford as first author) |
| 05/2012 - 08/2012 | Makaya Saulsberry, University of Michigan, The role of hair style choice on physical activity choices among African American girls. Completion of poster presentation for intramural conference                                                                                                                                        |

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|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 07/2013 - 06/2014 | Kristye Russell, University of Michigan, The association between the role of food reward and the 3-month treatment outcome of a weight loss intervention program for adolescents. Abstract accepted for oral presentation at Department of Pediatrics Research Symposium                                                  |
| 07/2013 - 06/2014 | Isha Patel, University of Michigan, Career mentorship                                                                                                                                                                                                                                                                     |
| 07/2014 - 06/2015 | Sally Askar, University of Michigan, Career mentorship                                                                                                                                                                                                                                                                    |
| 07/2018 - 06/2019 | LeDea Bond, Florida A&M College of Pharmacy, Disparities research                                                                                                                                                                                                                                                         |
| 07/2018 - 06/2022 | Aria Grabowski, University of Michigan, School of Public Health, Health Communications Project. Dr. Grabowski is currently a post doctoral fellow at the University of Michigan                                                                                                                                           |
| 07/2019 - 06/2020 | Megan Carlin, University of Michigan, School of Public Health, Health Communications Project                                                                                                                                                                                                                              |
| 07/2020 - 06/2022 | Xin Wen, University of Michigan, School of Public Health, Life Sciences Institute Fellow. Served as first author on manuscript (Dr. Woolford as senior author) published in Clinical Pediatrics. Dr. Win is currently head of business operations for a company (Kalino Bio) focused on preclinical and clinical research |
| 05/2025 - 08/2025 | Maia Keena, Michigan State University, CHEAR Summer Intern, Health Equity Research                                                                                                                                                                                                                                        |

#### **Undergraduate Student**

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|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 07/2007 - 06/2008 | Markese Saunders, University of Michigan, Completion of poster presentation for intramural conference                                                                                                                                     |
| 07/2008 - 06/2009 | Ryan Berry, University of Michigan, College students' knowledge of healthy lifestyle practices required to avoid excess weight gain                                                                                                       |
| 07/2009 - 06/2010 | Chyrisha Brown, University of Michigan, Exploration of change in body mass index and self-report of depression among participants in the MPOWER program                                                                                   |
| 07/2009 - 06/2010 | Lissel Albrecht-Unger, University of Michigan, Adolescent Internalizing Problems Predict Joining Status in a Multidisciplinary Weight Management Program                                                                                  |
| 07/2010 - 06/2011 | Rachel Bowker, University of Michigan, To determine whether outcomes differ for participants in the MPOWER program with a history of receiving psychological services (either prior to, or in conjunction with MPOWER), vs. those without |
| 07/2011 - 06/2012 | Alicia Menchaca, University of Michigan, Social media use in weight management                                                                                                                                                            |
| 07/2011 - 06/2012 | Areej Sami, University of Michigan, Ethnic identity and physical activity among African American adolescent girls                                                                                                                         |
| 07/2012 - 06/2013 | Brittany Hayes, University of Michigan, Differences in characteristics between severely obese adolescents who select bariatric surgery compared to those who do not wish to undergo this procedure                                        |
| 07/2013 - 06/2014 | Paul Joseph, University of Michigan, The association between parental perceptions of responsibility for their child's excess weight gain and outcomes from pediatric weight management interventions                                      |
| 07/2013 - 06/2017 | Tanmaye Yenumula, University of Michigan, The use of social media as an adjunct to weight management for adolescents                                                                                                                      |
| 07/2014 - 06/2017 | Adi Achanta, University of Michigan, Optimizing interactive websites as an adjunct to weight management interventions in primary care and tertiary care settings                                                                          |
| 07/2015 - 06/2016 | Grecia Quiroga, University of Michigan, Systematic review of the literature addressing perceptions of early feeding practices among Latino parents                                                                                        |
| 07/2015 - 06/2016 | Jennifer Okungbowa-Ikponmwosa, University of Michigan, Analysis of qualitative data from a national survey regarding perceptions of young men and boys of color                                                                           |
| 07/2016 - 06/2017 | Abigail Parrigan, University of Michigan, Systematic review of the literature addressing disparities in access to healthy fruits and vegetables                                                                                           |

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|-------------------|-----------------------------------------------------------------------------------------------------------------------------|
| 07/2018 - 06/2019 | Jessica Williams, University of Michigan, Analysis of Obesity Mobile Application                                            |
| 10/2018 - 05/2023 | Noelle Gorka, University of Michigan, completion of manuscripts focused on community engaged work                           |
| 10/2018 - 05/2023 | Vaishali Nambiar, University of Michigan, completion of manuscripts focused on community engaged work                       |
| 10/2018 - 05/2023 | Kendra Juliette, University of Michigan, completion of manuscripts focused on community engaged work                        |
| 07/2019 - 06/2020 | Nahim Miah, University of Michigan, Career mentorship                                                                       |
| 07/2019 - 06/2020 | Edisa Niyifasha, University of Michigan, Career mentorship                                                                  |
| 07/2019 - 06/2020 | Olivia Craig, University of Michigan, Career mentorship                                                                     |
| 07/2019 - 06/2023 | Elizabeth Mannel, University of Michigan, Analysis of Obesity Mobile Application                                            |
| 06/2020 - 07/2021 | Xiaoli Zhu, University of Michigan, Analysis of Obesity Mobile Application                                                  |
| 07/2020 - 06/2021 | Jackson Bergman, University of Michigan, Analysis of Obesity Mobile Application                                             |
| 07/2020 - 06/2021 | Darryl Herring, University of Michigan, Analysis of Obesity Mobile Application                                              |
| 07/2020 - 06/2021 | Esha Elah, University of Michigan, Analysis of Obesity Mobile Application                                                   |
| 06/2021 - 07/2022 | Samantha Zuckerberg, University of Michigan, Obesity Research                                                               |
| 07/2022 - 06/2023 | Kendrick Villalon, University of Michigan Medicine, Health Equity Research                                                  |
| 07/2022 - 06/2023 | Avion Lall, University of Michigan, Obesity Research                                                                        |
| 06/2023 - 07/2024 | Arjun Batra, University of Michigan, Health Equity Research                                                                 |
| 05/2024 - Present | Morenikeji Ojubanire, University of Michigan, Health Equity Research                                                        |
| 07/2024 - 06/2025 | Chanel Rudolph, University of Michigan Medicine, Obesity Research                                                           |
| 05/2026 - 07/2026 | Lydia Johnson, University of Michigan, Susan B. Meister Child Health Evaluation and Research Center, MIPLAN Project         |
| 05/2026 - 07/2026 | Visalakshi Ramanathan, University of Michigan, Susan B. Meister Child Health Evaluation and Research Center, MIPLAN Program |

#### **Research Staff**

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|-------------------|-----------------------------------------------------------------------------------------------|
| 05/2013 - 05/2015 | Natalie Blake, University of Michigan, completion of manuscripts focused on childhood obesity |
|-------------------|-----------------------------------------------------------------------------------------------|

#### **Teaching Activity**

##### **International**

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|---------|-------------------------------------------------------------------------------------------------------------|
| 09/2020 | Workshop on Grant writing, Port of Spain, Trinidad                                                          |
| 10/2021 | Pulmonary Complications of COVID-19, University of the Southern Caribbean, Nursing Program, Invited lecture |
| 05/2026 | M-PACT Futures Conference, University of Michigan, Health Equity Solution, Panelist                         |

##### **National**

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|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10/2014 - 10/2018 | Assessment and Treatment of Childhood Obesity annual lecture, Obesity Society American Board of Obesity Medicine board review                                                                                      |
| 01/2019           | Brief Motivational Interviewing to lower BMI and Blood Pressure for BP-CATCH Quality Improvement Webinar, Brief Motivational Interviewing to lower BMI and Blood Pressure for BP-CATCH Quality Improvement Webinar |

01/2019 Brief Motivational Interviewing to lower BMI and Blood Pressure - Part 2. Invited lecture for BP-CATCH Quality Improvement Webinar, Brief Motivational Interviewing to lower BMI and Blood Pressure - Part 2. Invited lecture for BP-CATCH Quality Improvement Webinar

10/2021 Setting Up Our Children for Health and Success as They Enter a Stressful School Year., Obesity Care Advocacy Network Webinar, Invited Panelist

### **Regional**

09/2014 Pediatric Weight Management Update. Invited lecture at the Annual Meeting of the American Academy of Pediatrics Michigan Chapter, Traverse City, MI, University of Michigan

10/2014 Childhood Obesity Health Policy Update. Invited lecture at the Healthy Kids Healthy Michigan Coalition Annual Summit, Lansing, MI

05/2015 Childhood Obesity Treatment. Invited lecture at the Partners in Care Conference, Traverse City, MI

09/2015 Management of Childhood Obesity. Invited lecture at the Michigan Council of Nurse Practitioners meeting, Ann Arbor, MI

10/2015 Using Communications Technology to Enhance Pediatric Weight Management. Invited lecture at the Michigan Academy of Family Physicians Fall Update, Ann Arbor, MI

03/2016 Treatment of Child and Adolescent Obesity - Advances in the field. Invited lecture, Beaumont Hospital, Detroit, MI

11/2016 Use of Motivational Interviewing in the treatment of Childhood Obesity. Invited Presentation, Pediatric Obesity Collaborative Webinar, Nationwide Children's Hospital, Columbus, OH

10/2017 Metabolic Syndrome in Pediatric Patients for the MI Chapters of the American Academy of Pediatrics and the American Psychological Society

10/2017 Use of Motivational Interviewing in Primary Care Pediatrics - Invited lecture at the American Academy of Pediatrics Michigan Chapter annual conference

04/2018 What is Working in Pediatric Weight Management Programs. Annual Primary Health Care of Women Conference, Pediatric Weight Loss Strategies

05/2018 - Present Education and Mentoring Group, MICHHR, working with over 100 interns in this 10-week program through journal clubs and program sessions focused on health equity and research methods, MICHHR Disparities Summer Internship in Health Disparities, Faculty lead

03/2020 What is a virus? Heathy Flint Research Coordinating Center COVID-19 Webinar, COVID-19 a Clinical Perspective

03/2020 Understanding Testing. Heathy Flint Research Coordinating Center COVID-19 Webinar, COVID-19 a Clinical Perspective

04/2020 The role of the immune system. Heathy Flint Research Coordinating Center COVID-19 Webinar, COVID-19 a Clinical Perspective

09/2021 Pandemic Pounds: Battle against an increasingly obesogenic world, Michigan Chapter American Academy of Pediatrics., Annual Conference (virtual), Invited Presentation

09/2021 Planting Seeds of Change: Communicating health information to lay audiences to motivate adoption of healthy behaviors, Student National Medical Association, Student National Medical Association (SNMA) regional conference (virtual), Invited Presentation

01/2022 Covid-19 related lockdown and body weight changes in children., Nutrition & Obesity Policy Research & Evaluation Network (virtual), Nutrition & Obesity Policy Research & Evaluation Network (virtual), Invited Presentation

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|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 01/2022 | Weighty Question: How to Recover by Learning from the Past and Preparing for the Future Academic Pediatric Association Region 5, (virtual), Academic Pediatric Association, Academic Pediatric Association, Invited Presentation |
| 01/2023 | Update on the Guidelines for the Management of Childhood Obesity, Partners in Care Conference, Invited lecture                                                                                                                   |
| 01/2024 | Health Equity Collaborative, Beaumont Hospital, Troy, MI (virtual), Beaumont Hospital, Troy, MI (virtual), Grand Rounds presentation                                                                                             |
| 01/2024 | Children's Hospital of Michigan, Grand Rounds presentation, Children's Hospital of Michigan, Detroit, MI, Pediatrics, Invited Speaker                                                                                            |
| 01/2025 | Childhood Obesity, Partners in Care Conference, Opportunities in Pediatric Healthy Equity, Invited lecture                                                                                                                       |
| 01/2026 | Childhood Obesity, Nutrition in Pediatric Care, Partners in Care Conference, Invited Panelist                                                                                                                                    |

**Institutional**

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|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 07/1998 - 07/2003 | "Pediatric Essentials for the New Intern", Metropolitan Hospital's Intern and Resident Educational Series                                                                                                                   |
| 07/1998 - 06/2004 | "Pediatric Essentials" Noon Lecture Series, Metropolitan Hospital                                                                                                                                                           |
| 07/1998 - 06/2004 | Supervised interns and students on pediatric rotations, Metropolitan Hospital                                                                                                                                               |
| 07/1998 - 06/2004 | Attending Physician, Metropolitan Hospital                                                                                                                                                                                  |
| 07/1998 - 06/2004 | In-patient consulting regarding pediatric patients and newborns admitted to the family practice service, Metropolitan Hospital                                                                                              |
| 07/1998 - 06/2004 | Morning Reports with interns on pediatric service, Metropolitan Hospital                                                                                                                                                    |
| 09/1998 - 06/2004 | Pediatric Journal Club, Metropolitan Hospital                                                                                                                                                                               |
| 09/1998 - 06/2004 | Attending Physician, Spectrum Health DeVos Children's Hospital                                                                                                                                                              |
| 10/2004 - 06/2006 | Preceptor for general pediatric residents rotating at Hope Clinic                                                                                                                                                           |
| 01/2007 - Present | Health Services Research Seminar (Annual Presentation)<br>Child Health Evaluation and Research (CHEAR) Unit, University of Michigan, Division of General Pediatrics                                                         |
| 01/2007 - 01/2018 | Mentor for the Summer Opportunities for Apprenticeships in Research, (MedSOAR) Program, Mentor                                                                                                                              |
| 02/2007           | "Multidisciplinary Treatment of Childhood Obesity," University of Michigan, Pediatric Nephrology Meeting                                                                                                                    |
| 02/2007           | "Medical and Surgical Treatment of Pediatric Obesity", University of Michigan, Pediatric Ethics Meeting                                                                                                                     |
| 08/2007 - 05/2008 | Project Mentor for Pediatric Health Services Research Elective for Minority Residents                                                                                                                                       |
| 08/2007 - 05/2008 | Mentor for Pediatric Residency Quality Improvement Research Project                                                                                                                                                         |
| 08/2007 - 07/2015 | Faculty lead, Medical School M4 Pediatric Obesity Elective Rotation; month long rotation in the Pediatric Comprehensive Weight Management Center with an emphasis on the clinical and research aspects of pediatric obesity |
| 08/2007 - 10/2016 | Presenter, Medical School M-2 Pediatric Obesity Elective; lecture addressing etiology, co-morbidities, and treatment of childhood obesity                                                                                   |
| 11/2007           | "Childhood Obesity and Health." Undergraduate Class – Health, Illness, and Society                                                                                                                                          |
| 11/2007           | "Childhood Obesity and the Environment"<br>Health Sciences Scholars Seminar, University of Michigan                                                                                                                         |

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|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 01/2008 - 01/2010 | "Tailored Text Messaging as an Adjunct to Pediatric Weight Management", University of Michigan, Center for Health Communications Research Seminar                                                                                                                             |
| 01/2008 - 01/2011 | "Adolescent Bariatric Surgery", University of Michigan, Pediatric Surgery Grand Rounds                                                                                                                                                                                        |
| 02/2008           | "Prevention and Treatment of Childhood Obesity"<br>Project Healthy Schools, University of Michigan                                                                                                                                                                            |
| 03/2008           | "Overview of Childhood Obesity"<br>Mott Community Advisory Committee, University of Michigan                                                                                                                                                                                  |
| 04/2008           | "Weighty Issues: The Ethics of Pediatric Weight Management"<br>Bioethics Grand Rounds, University of Michigan                                                                                                                                                                 |
| 11/2008           | "Improvements in Fitness among Adolescents After 12 Weeks of Group Exercise Training in the Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program" Oral Presentation, University of Michigan, Pediatric Research Symposium, Department of Pediatrics |
| 04/2010           | "The Michigan Pediatric Comprehensive Weight Management Center - Program Update"<br>C.S. Mott Children's Hospital Administrative Counsel, University of Michigan                                                                                                              |
| 05/2010           | "Innovative Uses of Technology in the Treatment of Obesity"<br>The Economy and Cancer Health Disparities Conference, University of Michigan                                                                                                                                   |
| 07/2010           | "Adolescents' Perceptions about the Content of Text Messages in a Weight Management Intervention.", University of Michigan, Pediatric Grand Rounds                                                                                                                            |
| 08/2010 - 08/2015 | Medical School M-1 Human Development Course; lecture addressing assessment and treatment of childhood obesity, University of Michigan, Presenter                                                                                                                              |
| 09/2010           | "Latest Approaches in Childhood Obesity Prevention and Treatment." Expert Forum on Childhood Obesity: Latest Approaches, Future Directions, University of Michigan                                                                                                            |
| 10/2011           | Future Directions, "To Pay or not to Pay" Public Perceptions of Insurance Coverage for Adolescent Bariatric Surgery." Platform Presentation, University of Michigan, Pediatric Research Symposium                                                                             |
| 01/2012 - Present | MICHR Summer Health Disparities Research Internship, University of Michigan, Faculty Mentor                                                                                                                                                                                   |
| 02/2012           | "Childhood Obesity in Michigan", University of Michigan, Pediatric Obesity Committee Presentation                                                                                                                                                                             |
| 03/2012           | "Evolution, Obesity and Policy" Museum of Natural History Lecture Series, University of Michigan                                                                                                                                                                              |
| 11/2012           | "Mobile Technologies and Social Media in Pediatric Weight Control a Diamond in the Rough", University of Michigan, Health Services Scholars Seminar                                                                                                                           |
| 02/2013           | "Pediatric Multidisciplinary Weight Management: One size does not fit all" Center for Exercise Research,<br>"Pediatric Obesity Management Update", University of Michigan, Pediatric Endocrinology Seminar                                                                    |
| 03/2013           | "Understanding & Preventing Childhood Obesity" Ann Arbor District Library Collaboration with the University of Michigan Lecture Series, University of Michigan                                                                                                                |
| 11/2013           | "Novel Technology in Pediatric Weight Management" Fast Forward Medical Innovation, University of Michigan, Health System Advisory Committee                                                                                                                                   |
| 03/2015           | "A Diamond in the Rough: Innovative Uses of Technology (text messaging and social media) in the Treatment Pediatric Obesity", University of Michigan, Sleep Disorders Grand Rounds                                                                                            |

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|-------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 06/2015           | "Management of Child and Adolescent Obesity", University of Michigan, Psychiatry Seminar                                                                                     |
| 07/2017 - Present | General Pediatrics Clinic/Nursery Mentor for Medical Students, University of Michigan, General Pediatrics                                                                    |
| 07/2017 - 08/2017 | Preceptor for resident continuity clinic in general pediatrics, University of Michigan, General Pediatrics                                                                   |
| 01/2018           | Faculty for MICHHR Disparities Internship Journal Club, University of Michigan                                                                                               |
| 01/2020           | The Tale of the Prodigal PowerPoint: Tips for Telling Your Story with PowerPoint, Building Up Program, University of Michigan, Building Up Program                           |
| 01/2020 - 01/2021 | Have it our way: The development of an app to help adolescents make healthy choices at fast food restaurants, University of Michigan, Pediatric Endocrinology Seminar        |
| 01/2021           | Anti-Racism Research and Scholarship for Action and Diversity Equity and Inclusion Summit, University of Michigan, Diversity Equity and Inclusion Summit, Panel Presentation |
| 01/2023 - Present | Early Career Kick Start -Presentation<br>Tenor Track Faculty Panel, University of Michigan, Medical School, Speaker                                                          |
| 01/2023           | Grand Rounds-Pediatric Health Equity, University of Michigan, Pediatric Otolaryngology, Guest Speaker                                                                        |
| 01/2025           | Why the professoriate?, University of Michigan, M-PACT Futures Conference, Panelist                                                                                          |
| 05/2026 - Present | Health Equity Research in 2026, University of Michigan, MPACT Futures Workshop, Panelist                                                                                     |

## **Dissertation Committees**

### **Dissertation Committee**

|         |                                                                                                                                                                                                                                                                                                  |
|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 01/2013 | Isha Patel, Pharm D, developmentally disabled Medicaid adults with type 2 diabetes. Dissertation completed fulfilling requirements for graduation with doctorate. Abstract of findings accepted for presentation at an international conference, University of Michigan, Pharm, Committee Member |
|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

## **Memberships in Professional Societies**

|                |                                                             |
|----------------|-------------------------------------------------------------|
| 1996 - Present | Fellow, American Academy of Pediatrics                      |
| 1998 - Present | Member, American Medical Association                        |
| 2004 - Present | Member, National Medical Association                        |
| 2004 - Present | Member, Academic Pediatric Association                      |
| 2005 - Present | Member, North American Association for the Study of Obesity |
| 2008 - Present | Member, Society for Pediatric Research                      |
| 2009 - Present | Member, Society for Adolescent Medicine                     |
| 2023 - Present | Member, American College of Lifestyle Medicine              |

## **Committee/Service**

### **National**

|             |                                                                                     |
|-------------|-------------------------------------------------------------------------------------|
| 2009 - 2011 | Childhood Obesity Special Interest Group, Society for Adolescent Medicine, Co-Chair |
|-------------|-------------------------------------------------------------------------------------|

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|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2009 - 2013    | National Association of Children's Hospitals and Related Institutions (NACHRI)<br>Children's Hospital Association (CHA) Focus on a Fitter Future Focus Group,<br>University of Michigan, Other, Hospital Lead |
| 2011 - Present | Analysis and Study System (COMPASS), Childhood Obesity Multi Program,<br>Member                                                                                                                               |
| 2012 - Present | Advisory Board for the American Academy of Pediatrics<br>Institute for Healthy Childhood Weight, University of Michigan, Member                                                                               |
| 2012 - 2013    | eHealth/mHealth Section, The Obesity Society, Chair                                                                                                                                                           |
| 2012 - 2014    | Nutrition Committee, Society for Adolescent Health and Medicine, Consultant                                                                                                                                   |
| 2012 - 2016    | Education Committee, The Obesity Society, Member                                                                                                                                                              |
| 2014 - 2016    | Communications Committee, Pediatric Obesity Weight Evaluation Registry<br>(POWER), Co-Chair                                                                                                                   |
| 2014 - 2018    | Expert Exchange on Childhood Obesity, American Academy of Pediatrics and<br>Children's Hospital Association, Other, Co-director                                                                               |
| 2018 - Present | PCORI Childhood Obesity Pragmatic Trial - Evidence-based Practice Advisory<br>Board, University of Michigan, Member                                                                                           |
| 2022 - 2025    | Fetal Infant Mortality Review Team, Genesee County Maternal/Infant Advisory<br>Committee, Member                                                                                                              |
| 2023 - Present | NIH Clinical and Translational Science TL1/T32 Principal Investigators and<br>Directors Consortium, University of Michigan, Member                                                                            |
| 2024 - Present | Whole Child Health Survey External Advisory Committee, University of Michigan,<br>Member                                                                                                                      |
| 2024 - Present | Fetal Infant Mortality Review Team, Genesee County Maternal/Infant Advisory<br>Committee, Member                                                                                                              |
| 2024 - Present | Engagement Committee for the NIDDK U01 "Identify Risk Factors for Type 2<br>Diabetes in Adolescents – Clinical Center Consortium.", Engagement Committee<br>for the NIDDK U01, Member                         |
| 2026 - Present | American Academy of Pediatrics Institute for a Healthy Childhood Weight,<br>Motivational Interviewing Workgroup, University of Michigan, Member                                                               |

### **Regional**

|                |                                                                                                                                 |
|----------------|---------------------------------------------------------------------------------------------------------------------------------|
| 1997 - 1998    | Graduate Medical Education, Capital Area Consortium, Member                                                                     |
| 2008 - 2010    | Michigan Childhood Obesity Prevention Workshop, National Governors'<br>Association, Member                                      |
| 2009 - 2015    | Healthy Kids, Healthy Michigan Healthcare Policy Action Team, Other, Co-chair,<br>State of Michigan                             |
| 2009 - 2016    | Healthy Kids Healthy Michigan Steering Committee, Other, Mott Children's<br>Hospital Representative                             |
| 2010 - Present | Healthy Weight Committee, Michigan Chapter of the American Academy of<br>Pediatrics, Member                                     |
| 2017 - Present | Healthy Flint Research Coordinating Center Executive Committee, University of<br>Michigan, Other, Co-Director, U of M Ann Arbor |

### **Institutional**

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|-------------|-------------------------------------------------------------------------------------------|
| 1991 - 1992 | Minority Medical Student Association Michigan State University, Other, Vice<br>President  |
| 2011 - 2013 | Adolescent Health Initiative Committee, University of Michigan, Member                    |
| 2012 - 2013 | Quality Management Program Pediatric Obesity Committee, University of<br>Michigan, Member |

|                |                                                                                                                         |
|----------------|-------------------------------------------------------------------------------------------------------------------------|
| 2012 - 2013    | Diabetes Working Group, UMHS, Other, Member - Pediatric Representative                                                  |
| 2012 - 2014    | Momentum Center Steering Committee, University of Michigan, Member                                                      |
| 2013 - 2014    | Community Health Assessment and Implementation Plan, University of Michigan, Other, Obesity Work Group Co-Lead          |
| 2023 - 2025    | Diversity the Workforce Workgroup, Anti-Racism Oversight Committee, University of Michigan, Member                      |
| 2024 - Present | Medical School Research Scouts Program, (Bold Ideas Funding Mechanism), University of Michigan, Other, Faculty Scout    |
| 2024           | Department of Family Medicine Chair Search Committee, University of Michigan, Member                                    |
| 2024 - 2025    | School of Public Health Department of Health Behavior and Health Equity, Faculty Search, University of Michigan, Member |
| 2024 - 2025    | Director Search Committee, Center for Bioethics and Social Sciences in Medicine (CBSSM), Member                         |

### **Departmental**

|             |                                                                                                 |
|-------------|-------------------------------------------------------------------------------------------------|
| 1996 - 1997 | Community Pediatrics Curriculum Development Committee, Michigan State University, Member        |
| 1996 - 1998 | Pediatric Residency Curriculum Committee, Michigan State University, Member                     |
| 1997 - 1998 | Pediatric Residency Selection Committee, Sparrow Hospital, Member                               |
| 1997 - 1998 | Pediatric Residency Administrative Committee, Sparrow Hospital, Other, Resident Representative  |
| 1997 - 1998 | Department of Pediatrics Committee, Metropolitan Hospital, Other, Resident Representative       |
| 2001 - 2004 | Department of Pediatrics Administrative Committee, Metropolitan Hospital, Chair                 |
| 2014 - 2017 | Pediatric Advisory Committee on Diversity (PACE), University of Michigan, Chair                 |
| 2020 - 2022 | Forum on Racism and Justice, Department of Pediatrics, University of Michigan, Co-Lead          |
| 2022 - 2023 | Pediatric Commitment Policy Committee, Department of Pediatrics, University of Michigan, Member |
| 2022 - 2025 | Tenure Promotion Committee, Department of Pediatrics, University of Michigan, Member            |

### **Volunteer Service**

#### **Volunteer**

|                |                                                                                                                               |
|----------------|-------------------------------------------------------------------------------------------------------------------------------|
| 2013 - 2017    | Director - Health Programs, Ypsilanti MI, Provide leadership in health promotion programs for members and the local community |
| 2014 - 2017    | Board Member, Ann Arbor, MI, Served as a member of the YMCA board                                                             |
| 2018 - 2025    | Administrative Services, Youth programs, Community Fellowship SDA Church, Latrup Village, MI                                  |
| 2023 - Present | Co-Chair, MOTION Coalition, Authority Health, Detroit, MI                                                                     |
| 2023 - Present | Member, Lake Region Conference of SDA Health Promotions Committee, Lake Region Conference of SDA Health Promotions Committee  |

### **Scholarly Activities**

#### **Presentations**

##### **Extramural Invited Presentation**

## **Keynote**

1. "Asthma - Taking Your Breath Away", Community Presentation, Science Seminar, Peckham Junior School, 06/2001, London, England
2. "Faith and Health", Community Presentation, Keynote presentation - Health Promotion Community Seminar, 05/2002, Toronto, Canada
3. "Think Big", Oakdale School – Metropolitan Hospital Big Brother Big Sister Award Luncheon, 06/2002, Grand Rapids, MI
4. "The Power to Change Your Health", Community Presentation, Keynote presentation - Health Promotion Community Seminar, 09/2002, Toronto, Canada
5. "What a Difference Our Diet Makes", Community Presentation, Keynote presentation - Health Promotion Community Seminar, 03/2003, Lansing, MI
6. "Recipe for an Epidemic: The US example of what not to do to avoid an epidemic of childhood obesity", Youth at Risk Conference, 03/2011, Trinidad, West Indies
7. "Starting the Conversation: Counseling Parents of Overweight Children", Michigan WIC annual meeting, 04/2011, Grand Rapids, MI
8. "Pediatric Obesity: Opportunities to deliver effective, coordinated care management", Mackinac Learning Collaborative., 04/2011, Detroit, MI
9. "Childhood Obesity: Curbing the epidemic through collaboration", Michigan Association of School Nurses annual meeting., 05/2011, Bay City, MI
10. "Childhood Obesity Treatment: A Multidisciplinary Approach", Wayne County Multicultural Obesity Conference, Moving Ahead: Celebrating Healthy Lifestyles, 07/2011, Detroit, MI
11. "The Childhood Obesity Epidemic", Lifestyle Intervention Conference, 09/2011, Las Vegas, NV
12. "Childhood Obesity Expert Committee Recommendations: Four Stages Obesity Management.", School-Community Health Alliance of Michigan Conference, 11/2011, Ann Arbor, MI
13. "A Diamond in the Rough: Using e-Health Interventions Including Text Messaging and Social Media to Enhance Adolescent Weight Management", Adolescent Health Conference, University of Alabama, 04/2012, Birmingham, AL
14. "Childhood Obesity Interventions", St. John's Hospital Childhood Obesity Symposium., 05/2012, Detroit MI
15. "US Approach to Obesity Treatment", Ross Medical School, 08/2012, Dominica, WI
16. "Embracing Communications Technology for Pediatric Outpatient Weight Management and Reduction", Universiti Brunei Darussalam Workshop Series, 12/2012, Brunei Darussalam
17. "Preventing Obesity: Protecting Our Future", Michigan WIC Annual Meeting, 03/2013, Traverse City, MI
18. "Great Expectations: A Tale of Communications Technology in the Treatment of Childhood Obesity", The Obesity Medicine Association, 09/2017, San Antonio, TX
19. Restraint Use in the Emergency Departments of Hospitals in the Michigan Child Health Equity Collaborative (MI-CHEC) by Patient Characteristics, **Woolford S**, Health Services Research 1, PAS, 04/2026, Honolulu, Hawaii

## **Speaker**

1. "A Doctor's Life", Community Presentation, Challenger Elementary School, 05/2003, Kentwood, MI
2. "Extreme Makeover – Teen Edition", Community Presentation, Health Promotion Community Seminar, 08/2006, Battle Creek, MI
3. "Treatment of Obese Adolescents – A Multidisciplinary Approach", The Pediatric Primary Care Update Series, St. Joseph Hospital, 03/2007, Ypsilanti, MI
4. "Pediatric Weight Management and Bariatric Surgery", Pediatric Nurses', 03/2007, Retreat, Dexter, MI

5. "Guidelines for the Treatment and Prevention of Childhood Obesity", State of Michigan Childhood Obesity Summit, 03/2008, Lansing, MI
6. "Medicaid Coverage of Childhood Obesity Treatment", National Governors' Association Childhood Obesity Advocacy Summit, 07/2008, Lansing, MI
7. "Successes in Adolescent Weight Management", Healthy Weight Partnership Meeting, 09/2008, Lansing, MI
8. "Three Keys to Getting Younger Every Year", Community Presentation, Health Promotion Community Presentation, 11/2008, Southfield, MI
9. "Tailored Mobile Phone Text Messages as an Adjunct to Obesity Treatment for Adolescents", New Investigator Award Platform Presentation, Society for Adolescent Medicine, 03/2009, Los Angeles, CA
10. "Childhood Obesity", Hope Television Channel Presentation, 04/2009, Washington DC
11. "Change Your Environment, Change Your Weight", Community Presentation, Health Promotion Community Seminar, 06/2009, Cassopolis, MI
12. "Helping Your Community to Make Health a Priority", Community Presentation, Health Promotion Community Seminar, 06/2009, Grayling, MI
13. "Childhood Obesity Prevention and Treatment", Overcoming Obesity and Winning at Health Symposium, 07/2009, Ann Arbor, MI
14. "Childhood Obesity – Meeting the Needs of Diverse Populations", Minority Health Research Program Community Advisory Board, 09/2009, Ann Arbor, MI
15. "Small Changes, Big Results", Community Presentation, Health Promotion Community Presentation, 10/2009, Southfield, MI
16. "New Initiatives for the Treatment and Prevention of Childhood Obesity in Michigan", Obesity Special Interest Group Presentation. Society for Adolescent Medicine, 04/2010, Toronto, Canada
17. "One Size Does Not Fit All: Pediatric Multidisciplinary Weight Management", National Medical Association annual meeting, 08/2010, Orlando, FL
18. "Strategic Moves: Helping Obese Adolescents Increase their Physical Activity", Michigan State Medical Society Sports Medicine Symposium, 04/2011, East Lansing, MI
19. "Healthy Kids Healthy Michigan", Wayne County Health Authority Childhood Obesity Task force., 07/2011, Detroit, MI
20. "Health Policy Action Team Policy Priorities", Healthy Kids Healthy Michigan Fall All Member Meeting., 10/2011, Lansing, MI
21. "Childhood Obesity in the Caribbean", Healthy Living Symposium, 08/2012, Barbados, WI
22. "The Assessment of Childhood Obesity", The Obesity Society Preconference Board Review, 09/2012, San Antonio, TX
23. "One Size Does Not Fit All: Multidisciplinary Care for the Treatment of Childhood Obesity", Michigan Academy of Family Physicians, Fall Update, 09/2012, Ann Arbor, MI
24. "The Assessment of Childhood Obesity", The Obesity Society Preconference Board Review, 11/2013, Atlanta, GA
25. "Overview: 2013 Obesity Services Survey Findings", Children's Hospital Association Webinar, 05/2014, Online
26. "How much is too much: Childhood obesity and screen time", Community Presentation, Peterson Warren Academy, 02/2015, Taylor, MI
27. "The Tip of the Iceberg: Maximizing the Potential of Text Messaging and Social Media in Weight Management for Teens", American Academy of Behavioral Health annual meeting, 03/2015, San Antonio, TX
28. "Mobile Health Boot Camp.", Society for Behavioral Medicine., 05/2015, San Antonio, TX
29. "The Assessment and Treatment of Childhood Obesity", The Obesity Society Preconference Board Review., 11/2015, Los Angeles, CA

30. "National Voices Project Boys and Young Men of Color – 2015 National Survey", National Collaboration Action Lab., 03/2016, New Orleans, LA
31. "Not too late to change: Benefits of lifetime changes", Community Presentation, Health Emphasis Community Program, 05/2016, Ypsilanti, MI
32. "Race in Relation to Health Communication", Annie E. Casey Foundation Annual Conference, 10/2016, San Antonio, TX
33. "The Assessment and Treatment of Childhood Obesity", The Obesity Society Preconference Board Review, 11/2016, New Orleans, LA
34. "Behavioral Interventions for the Treatment of Childhood Obesity", Ohio State University, 11/2016, Virtual
35. "New Year, New You: Simple lifestyle changes to improve health", Community Presentation, Health Promotion Community Program, 01/2017, Detroit, MI
36. "Severe Obesity in Adolescents: Assessment and Treatment", The Endocrine Society Pre-conference., 03/2017, Orlando, FL
37. "The Best of Times, The Worst of Times: What works for severe obesity among adolescents", The National Academy of Sciences Roundtable on Obesity Solutions., 04/2017, Washington, DC
38. "The Assessment and Treatment of Childhood Obesity", The Obesity Society pre-conference board review, 10/2017, Washington, DC
39. The Sooner the Better: Prenatal choices to avoid childhood obesity, Community Presentation, Health Promotion Community Presentation, 09/2018, Inkster, MI
40. Making the USPTF Recommendations a reality: Reimbursement for Pediatric Weight Management, The Obesity Society Annual Conference, 11/2018, Nashville, TN
41. Reimbursement for Pediatric Weight Management, The Obesity Society Annual Conference, 11/2019, Las Vegas, NV
42. RSV is back, **Woolford S**, Flint Community Webinar, 11/2022, Flint, MI
43. Early Results and Lessons Learned from Implementing the Program for Equity in Adolescent and Child Health (PEACH), **Woolford S**, Freed G, PAS, 04/2026, Honolulu, Hawaii
44. PEDIATRIC PANEL - Kids and Eating, **Woolford S**, Andersen MN, Partners in Pediatric Care (PIPC) Conference 2026, 05/2026, Ann Arbor, MI

#### **Seminar**

1. "The Power Within – How to Improve Your Health", Community Presentation, Keynote presentation – Health Promotion Community Seminar, 03/2006, Ypsilanti, MI

#### **Intramural Invited Presentation**

##### **Keynote**

1. "Evolution, Obesity and Policy", University of Michigan Museum of Natural History Lecture Series, 03/2012, University of Michigan
2. "Obesity and Youth", Michigan Adolescent Health Conference, 04/2014, Ann Arbor, MI
3. The Role of Lifestyle Management in the Era of Incretin Mimetics, **Woolford S**, University of Michigan, 05/2025, Ann Arbor, Michigan
4. CHEAR Faculty Research Overview, **Woolford S**, University of Michigan, 09/2025, Ann Arbor, MI

##### **Speaker**

1. "Caring for Your Newborn", Metropolitan Hospital's Prenatal monthly classes, 08/1998, Grand Rapids, MI
2. "Multidisciplinary Treatment of Childhood Obesity", Pediatric Nephrology Meeting, 02/2007, University of Michigan
3. "Weigh Cool – Novel Approaches to the Treatment of Childhood Obesity", Child Health Evaluation and Research Unit, Health Services Research Seminar, 02/2007, University of Michigan

4. "Medical and Surgical Treatment of Pediatric Obesity", Pediatric Ethics Meeting, 02/2007, University of Michigan
5. "Addressing Epidemiology, Prevalence and Treatment of Childhood Obesity", Guest lecturer, Project Outreach – Health Illness and Society (PSYCH 211), 08/2007, University of Michigan
6. "Childhood Obesity and the Environment", Health Sciences Scholars Seminar, 11/2007, University of Michigan
7. "Childhood Obesity and Health", Undergraduate Class – Health, Illness, and Society, 11/2007, University of Michigan
8. "Causes and Treatment of Childhood Obesity", Undergraduate Class – Project Outreach, Big Sibs Section, 11/2007, University of Michigan
9. "Prevention and Treatment of Childhood Obesity", Project Healthy Schools, 02/2008, University of Michigan
10. "Overview of Childhood Obesity", Mott Community Advisory Committee, 03/2008, University of Michigan
11. "Weighty Issues: The Ethics of Pediatric Weight Management", Bioethics Grand Rounds, 04/2008, University of Michigan
12. "Adolescent Bariatric Surgery", Pediatric Surgery Grand Rounds, 07/2008, University of Michigan
13. "Tailored Text Messaging as an Adjunct to Pediatric Weight Management", Center for Health Communications Research Seminar, 08/2008, University of Michigan
14. "Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program: MPOWERed Messages", Health Services Scholars Seminar, 10/2008, University of Michigan
15. "Causes and Treatment of Childhood Obesity", Undergraduate Class – Project Outreach, Big Sibs Section, 11/2008, University of Michigan
16. "Improvements in Fitness among Adolescents After 12 Weeks of Group Exercise Training in the Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program", Platform Presentation, Pediatric Research Symposium, 11/2008, University of Michigan
17. "Causes and Treatment of Childhood Obesity", Undergraduate Class – Project Outreach, Big Sibs Section, 04/2009, University of Michigan
18. "The Michigan Pediatric Comprehensive Weight Management Center - Program Update", C.S. Mott Children's Hospital Administrative Counsel, 04/2010, University of Michigan
19. "Innovative Uses of Technology in the Treatment of Obesity", The Economy and Cancer Health Disparities Conference, 05/2010, University of Michigan
20. "Overview of Childhood Obesity Prevention and Treatment", Resident Noon Lecture Series, 06/2010, University of Michigan
21. "MPOWERed Messages: Adolescents' Perspectives on using Text Messages to Aid in Weight Loss Efforts", Health Services Research Seminar, Child Health Evaluation and Research Unit Seminar, 06/2010, University of Michigan
22. "Adolescents' Perceptions about the Content of Text Messages in a Weight Management Intervention", Pediatric Grand Rounds, Department of Pediatrics, 07/2010, University of Michigan
23. "Latest Approaches in Childhood Obesity Prevention and Treatment", Expert Forum on Childhood Obesity: Latest Approaches, Future Directions, 09/2010, University of Michigan
24. "MPOWERed Messages II: Tailored Mobile Messages to Enhance Weight Loss for Teens", Center for Health Communications Research Seminar, 11/2010, University of Michigan
25. "Childhood Obesity Treatment", Pediatric Surgery Grand Rounds, 09/2011, University of Michigan
26. "Childhood Obesity: A Smorgasbord of Perspectives", Health Services Scholars Seminar, 11/2011, University of Michigan
27. "Childhood Obesity in Michigan", Pediatric Obesity Committee Presentation, 02/2012, University of Michigan

28. "Lessons Learned from a Tailored Messaging Intervention for Teens", Guest Lecture, School of Public Health, 02/2012, University of Michigan
29. "Mobile Technologies and Social Media in Pediatric Weight Control – A Diamond in the Rough", Health Services Scholars Seminar, 11/2012, University of Michigan
30. Inequities in Growth Faltering, PEACH Work in Progress Meeting, Salada K, Ehrmann J, **Woolford S**, University of Michigan, 08/2023, Ann Arbor

### Seminar

1. "To Pay or not to Pay: Public Perceptions of Insurance Coverage for Adolescent Bariatric Surgery", Platform Presentation, Pediatric Research Symposium, 10/2011, University of Michigan

### **Publications/Scholarship**

(Co-First Author \*; Corresponding author \*\*; Co-Last author \*\*\*)

### **Peer Reviewed**

#### Journal Article

1. **Woolford SJ**, Rappley MD: The abuse and neglect of children II: Recognizing child abuse. *Medical Update for Psychiatrists*.2(4): 90-93, 01/1997. DOI:10.1016/S1082-7579(97)00028-9
2. Rappley MD, **Woolford S**: Abuse and neglect of children III: Sexual abuse. *Medical Update for Psychiatrists*.3(1): 13-15, 01/1998. DOI:10.1016/S1082-7579(97)00084-8
3. **Woolford SJ**, Clark SJ, Lumeng JC, Williams DR, Davis MM: Maternal perspectives on growth and nutrition counseling provided at preschool well-child visits. *J Natl Med Assoc*.99(2): 153-158, 02/2007. PM17366952
4. **Woolford SJ**, Clark SJ, Strecher VJ, Gebremariam A, Davis MM: Physicians' perspectives on increasing the use of BMI charts for young children. *Clin Pediatr (Phila)*.47(6): 573-577, 07/2008. PM18474897
5. Nafiu OO, Chimbira WT, **Woolford SJ**, Tremper KK, Reynolds PI, Green GE: Does high BMI influence hospital charges in children undergoing adenotonsillectomy?. *Obesity*.16(7): 1667-1671, 07/2008. PM18421267
6. Eneli IU, Cunningham A, **Woolford SJ**: The pediatric multidisciplinary obesity program: An update. *Progress in Pediatric Cardiology*.25(2): 129-136, 09/2008. DOI:10.1016/j.ppedcard.2008.05.011
7. **Woolford SJ**, Gebremariam A, Clark SJ, Davis MM: Persistent gap of incremental charges for obesity as a secondary diagnosis in common pediatric hospitalizations. *J Hosp Med*.4(3): 149-156, 03/2009. PM19301381
8. Lee JM, Davis MM, **Woolford SJ**, Gurney JG: Waist circumference percentile thresholds for identifying adolescents with insulin resistance in clinical practice. *Pediatric Diabetes*.10(5): 336-342, 08/2009. PM19175894
9. **Woolford SJ**, Clark SJ, Ahmed S, Davis MM: Feasibility and acceptability of a 1-page tool to help physicians assess and discuss obesity with parents of preschoolers. *Clinical Pediatrics*.48(9): 954-959, 11/2009. PM19483126
10. Lee JM, **Woolford S**, Herman WH, Clark SJ: Does childhood overweight, parental perception of overweight, or family history of diabetes mellitus increase parental perception of type 2 diabetes risk for their child?. *Journal of Pediatric Endocrinology and Metabolism*.23(3): 267-270, 01/2010. PM20480725
11. **Woolford SJ**, Clark SJ, Gebremariam A, Davis MM, Freed GL: To cut or not to cut: physicians' perspectives on referring adolescents for bariatric surgery. *Obes Surg*.20(7): 937-942, 07/2010. PM20401742
12. **Woolford SJ**, Clark SJ, Gebremariam A, Davis MM, Freed GL: Physicians' perspectives on referring obese adolescents to pediatric multidisciplinary weight management programs. *Clin Pediatr (Phila)*.49(9): 871-875, 09/2010. PM20522620
13. **Woolford SJ**, Sallinen BJ, Clark SJ, Freed GL: Results from a clinical multidisciplinary weight management program. *Clin Pediatr (Phila)*.50(3): 187-191, 03/2011. PM20926840

14. Larrier YI, Bakerson MA, Linton JM, Walker LR, **Woolford SJ**: The Role of School Counselors in the Childhood Obesity Epidemic. *Journal of School Counseling*.9(3): 1-31, 07/2011
15. Resnicow K, McMaster F, **Woolford S**, Slora E, Bocian A, Harris D, Drehmer J, Wasserman R, Schwartz R, Myers E, Foster J, Snetselaar L, Hollinger D, Smith K: Study design and baseline description of the BMI 2 trial: Reducing paediatric obesity in primary care practices. *Pediatric Obesity*.7(1): 3-15, 02/2012. PM22434735
16. **Woolford SJ**, Sallinen BJ, Clark SJ, Iglayreger HB, Gordon PM: Association Between Physician Recommendation for Adolescents to Join a Weight Loss Program and BMI Change. *J Prim Care Community Health*.3(2): 83-87, 04/2012. PM23803450
17. **Woolford SJ**, Clark SJ, Sallinen BJ, Geiger JD, Freed GL: Bariatric surgery decision making challenges: the stability of teens' decisions and the treatment failure paradox. *Pediatr Surg Int*.28(5): 455-460, 05/2012. PM22453927
18. **Woolford SJ**, Khan S, Barr KL C, Clark SJ, Strecher VJ, Resnicow K: A picture may be worth a thousand texts: obese adolescents' perspectives on a modified photovoice activity to aid weight loss. *Child Obes*.8(3): 230-236, 06/2012. PM22799549
19. Sallinen BJ, **Woolford SJ**: Commentary: examination of health and behavioral code reimbursement from private payers in the context of clinical multidisciplinary pediatric obesity treatment. *J Pediatr Psychol*.37(5): 519-522, 06/2012. PM22366575
20. **Woolford SJ**, Sallinen BJ, Schaffer S, Clark SJ: Eat, play, love: adolescent and parent perceptions of the components of a multidisciplinary weight management program. *Clin Pediatr (Phila)*.51(7): 678-684, 07/2012. PM22492836
21. Lee JM, Gebremariam A, **Woolford SJ**, Tarini BA, Bashir S, Eason AJ, Choi PY, Valerio MA, Gurney JG: A risk score for identifying overweight adolescents with dysglycemia in primary care settings. *Journal of Pediatric Endocrinology and Metabolism*.26(5-6): 477-488, 05/2013. PM23435184
22. Sallinen BJ, Hassan F, Olszewski A, Maupin A, Hoban TF, Chervin RD, **Woolford SJ**: Longer weekly sleep duration predicts greater 3-month BMI reduction among obese adolescents attending a clinical multidisciplinary weight management program. *Obesity Facts*.6(3): 239-246, 06/2013. PM23736120
23. Sallinen BJ, Schaffer S, **Woolford SJ**: In their own words: learning from families attending a multidisciplinary pediatric weight management program at the YMCA. *Child Obes*.9(3): 200-207, 06/2013. PM23631344
24. Ehrmann DE, Sallinen BJ, Iglayreger HB, Gordon PM, **Woolford SJ**: Slow and steady: Readiness, pretreatment weekly strengthening activity, and pediatric weight management program completion. *Childhood Obesity*.9(3): 193-199, 06/2013. PM23635312
25. **Woolford SJ**, Blake N, Clark SJ: Texting, tweeting, and talking: E-communicating with adolescents in primary care. *Contemporary Pediatrics*.30(6): 12-18, 07/2013
26. **Woolford SJ**, Esperanza Menchaca AD M, Sami A, Blake N: Let's face it: patient and parent perspectives on incorporating a Facebook group into a multidisciplinary weight management program. *Child Obes*.9(4): 305-310, 08/2013. PM23869854
27. Chang T, Chopra V, Zhang C, **Woolford SJ**: The role of social media in online weight management: systematic review. *J Med Internet Res*.15(11): e262, 11/2013. PM24287455
28. Iglayreger HB, Peterson MD, Liu D, Parker CA, **Woolford SJ**, Gafka BJ, Hassan F, Gordon PM: Sleep duration predicts cardiometabolic risk in obese adolescents. *Journal of Pediatrics*.164(5): 1085-10e1, 01/2014. PM24612904
29. Estrada E, Eneli I, Hampl S, Mietus-Snyder M, Mirza N, Rhodes E, Sweeney B, Tinajero-Deck L, **Woolford SJ**, Pont SJ, Children's Hospital Association: Children's Hospital Association consensus statements for comorbidities of childhood obesity. *Child Obes*.10(4): 304-317, 08/2014. PM25019404
30. Haemer MA, Grow HM, Fernandez C, Lukasiewicz GJ, Rhodes ET, Shaffer LA, Sweeney B, **Woolford SJ**, Estrada E: Addressing prediabetes in childhood obesity treatment programs: support from research and current practice. *Child Obes*.10(4): 292-303, 08/2014. PM25055134

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34. **Woolford SJ**, Woolford-Hunt CJ, Sami A, Blake N, Williams DR: No Sweat: African American Adolescent Girls' Opinions of Hairstyle Choices and Physical Activity. *BMC Obesity*.3(31): 3-31, 01/2016. DOI:10.1186/s40608-016-0111-7
35. Patel I, Erickson SR, Caldwell CH, **Woolford SJ**, Bagozzi RP, Chang J, Balkrishnan R: Predictors of medication adherence and persistence in Medicaid enrollees with developmental disabilities and type 2 diabetes. *Res Social Adm Pharm*.12(4): 592-603, 01/2016. PM26522400
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37. Society for Adolescent Health and Medicine: Preventing and Treating Adolescent Obesity: A Position Paper of the Society for Adolescent Health and Medicine. *J Adolesc Health*.59(5): 602-606, 11/2016. PM27772662
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39. Childerhose JE, Alsamawi A, Mehta T, Smith JE, **Woolford S**, Tarini BA: Adolescent bariatric surgery: a systematic review of recommendation documents. *Surg Obes Relat Dis*.13(10): 1768-1779, 10/2017. PM28958402
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42. Siegel RM, Haemer M, Kharofa RY, Christison AL, Hampl SE, Tinajero-Deck L, Lockhart MK, Reich S, Pont SJ, Stratbucker W, Robinson TN, Shaffer LA, **Woolford SJ**: Community Healthcare and Technology to Enhance Communication in Pediatric Obesity Care. *Child Obes*.14(7): 453-460, 10/2018. PM29878851
43. Jensen CD, Duraccio KM, Barnett KA, Fortuna C, **Woolford SJ**, Giraud-Carrier CG: Feasibility, acceptability, and preliminary effectiveness of an adaptive text messaging intervention for adolescent weight control in primary care. *Clinical Practice in Pediatric Psychology*.7(1): 57-67, 03/2019. DOI:10.1037/cpp0000268
44. Carerra J, Key K, Lewis Y, **Woolford S**, Bailey S, Hamm J, Green-Moton E, Hill DL E, Wallace K, Robinson D, Byers I, Cuthbertson C, Evans L, McKay A, Vereen D, Sparks A, Calhoun K: Community Science as a Pathway for Resilience in Response to a Public Health Crisis in Flint, MI. Social Sciences. Special Issue - Engaged Scholarship for Resilient Community. *Social Sciences*.8(3)03/2019. DOI:10.3390/socsci8030094
45. Wilson C, **Woolford S**, Wilson L, Williams D, Oloo W: Disparities in obesity prevalence and obesity-related behaviors among adolescents in Trinidad and Tobago. *International Journal of Adolescent Medicine and Health*.32(2)04/2020. PM28961138
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49. Eakin BL, Ianni PA, Byks-Jazayeri C, Ellingrod VL, **Woolford SJ**: Reimagining a summer research program during COVID: Strategies for enhancing research workforce diversity. *J Clin Transl Sci.*6(1): e37, 01/2022. PM35433036
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55. Samuels E, Vereen D, Piechowski P, McKay A, De Loney EH, Bailey S, Evans L, Campbell B, Lewis Y, Greene-Moton E, Key K, Robinson D, Sparks A, Champagne E, **Woolford S**: Developing relevant assessments of community-engaged research partnerships: A community-based participatory approach to evaluating clinical and health research study teams. *J Clin Transl Sci.*7(1): e123, 01/2023. PM37313376
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73. Amir N, O'Brien KE, **Woolford SJ**, Dobson CC, McCaffery H, Kaciroti NA, Eikstadt R, Rosen MW: Rates of Screening for Sexually Transmitted Infections in Adolescents With and Without Disabilities. *Journal of Pediatric and Adolescent Gynecology*.38(3): 384-388, 06/2025. PM39788368
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### **Editorial**

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## Books

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## Chapters

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## Abstract/Posters

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2. **Woolford SJ**, Gebremariam A, Clark SJ: A Comparison of Pediatrician and Family Physician Perceptions and Attitudes Regarding the Administration of Influenza Vaccine for Healthy Children 6 to 23 Months Old, Pediatric Academic Societies annual meeting, Washington, DC, 2005
3. **Woolford SJ**, Gebremariam A, Clark SJ, Davis MM: The Economic Cost to Medicaid of Pediatric Obesity-Associated Hospitalizations, Pediatric Academic Societies annual meeting, Washington, DC, 2005
4. **Woolford SJ**, Gebremariam A, Clark SJ, Davis MM: The Incremental Cost of Obesity as a Comorbidity in Pediatric Asthma Hospitalizations, Pediatric Academic Societies annual meeting, Washington, DC, 2005
5. **Woolford SJ**, Gebremariam A, Clark SJ, Davis MM: The Incremental Costs of Obesity as a Comorbidity in Pediatric Hospitalizations for Asthma and Pneumonia, Poster symposium presentation and Region V award presentation. Pediatric Academic Societies annual meeting, Washington, DC, 2005

6. **Woolford SJ**, Lumeng JC, Clark SJ, Davis MM: Fear Factor' and Superheroes – Parental Strategies to Promote Vegetable Consumption by their Children, North American Association for the Study of Obesity annual meeting, Vancouver, BC, 2005
7. **Woolford SJ**, Clark SJ, Lumeng JC, Davis MM: Maternal Perspectives of Physicians' Messages about Child Growth and Nutrition, Pediatric Academic Societies annual meeting, San Francisco, CA, 2006
8. **Woolford SJ**, Clark SJ, Gebremariam A, Davis MM: A Colorful Plot: Ways to Increase Physicians' Use of BMI Charts for Preschool Well-Child Visits, North American Association for the Study of Obesity annual meeting, Boston, MA, 2007
9. Wilson S, **Woolford SJ**, Davis MM: Physical Education, Physical Activity, and Obesity Among U.S. Adolescents, Poster, Pediatric Academic Societies annual meeting, Toronto, Canada, 2007
10. **Woolford SJ**, Gebremariam A, Clark SJ, Davis MM: Widening Gap of Incremental Charges for Obesity Associated Hospitalizations, Pediatric Academic Societies annual meeting, Toronto, Canada, 2007
11. Henry R, Davis MM, **Woolford SJ**: Self-Perceived Body Weight Discrepancy and Suicidal Ideation among U.S. Adolescents, Pediatric Academic Societies annual meeting - Platform Presentation, Toronto, Canada, 2007
12. **Woolford SJ**, Clark SJ, Gebremariam A, Davis MM, Freed GL: To Cut or not to Cut: Primary Care Physicians' Opinions about Referring Obese Adolescents for Bariatric Surgery, The Obesity Society Annual Scientific Meeting (formally NAASO), New Orleans, LA, 2007
13. **Woolford SJ**: MPOWERing Families Affected by Disparities in Childhood Obesity, The National Childhood Obesity Congress, Miami, FL, 2008
14. Sallinen BJ, **Woolford S**: Do Overweight Adolescents Agree with Parents about Their Own Eating and Sedentary Behaviors?, Poster, Pediatric Academic Societies Annual Meeting, Honolulu, HI, 2008
15. Singer DC, **Woolford SJ**, Gebremariam A, Clark SJ, Davis MM: Preschoolers' Obesity Not Weighing on the Minds of their Parents, Pediatric Academic Societies annual meeting, Honolulu, HI, 2008
16. **Woolford SJ**, Clark SJ, Davis MM, Sallinen BJ, Freed GL: A Last Resort: Physicians' Opinions on Referring Obese Teens to Multidisciplinary Weight Management Programs, Pediatric Academic Societies annual meeting, Honolulu, HI, 2008
17. **Woolford SJ**, Clark SJ, Davis MM: Promising Results from a Multidisciplinary Weight Loss Program for Adolescents, Pediatric Academic Societies annual meeting, Honolulu, HI, 2008
18. Robert C, Van Dyke A, Sallinen BJ, **Woolford SJ**: Improvements in Measures of Fitness Among Adolescents after 12 weeks of Group Exercise Training in the Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program, The Obesity Society annual meeting, Phoenix, AZ, 2008
19. Sallinen BJ, **Woolford SJ**: Psychosocial Adjustment of Obese Adolescents Entering the Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program, The Obesity Society annual meeting, Phoenix, AZ, 2008
20. **Woolford SJ**, Sallinen BJ: Decreases in Metabolic Markers and BMI among Teens in the Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program, The Obesity Society annual meeting, Phoenix, AZ, 2008
21. Sallinen BJ, Albrecht –Unger L, **Woolford SJ**: Adolescent Internalizing Problems Predict Joining Status in a Multidisciplinary Weight Management Program, The Pediatric Academic Societies Annual Meeting, Baltimore, MD, 2009
22. **Woolford SJ**, Clark SJ, Sallinen BJ: Lipid and BMI Changes Among Teens in a Multidisciplinary Weight Management Program, The Pediatric Academic Societies Annual Meeting, Baltimore, MD, 2009
23. Sallinen BJ, Berent R, **Woolford S**: Are Adolescents in a Multidisciplinary Weight Management Program Engaging in Regular Family Meetings at Home?, Poster, The Obesity Society Annual Meeting, Washington, DC, 2009
24. Sallinen BJ, **Woolford S**: How Do Emotional and Behavioral Functioning Change Over the Course of a 6-Month Multidisciplinary Weight Management Program?, Poster, The Obesity Society Annual Meeting, Washington DC, 2009
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26. **Woolford S**, Clark S: Tailored Mobile Phone Text Messages as an Adjunct to Obesity Treatment for Adolescents, Abstract, Society for Adolescent Medicine - New Investigator Platform Presentation, Los Angeles, CA, 2009, *Journal of Telemedicine and Telecare*.16(8): :458-461
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33. **Woolford SJ**: One Size Does Not Fit All: Pediatric Multidisciplinary Weight Management, National Medical Association annual meeting - Invited Oral Presentation, Orlando, FL, 2010
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80. Kowalski-Dobson T, Villegas J, Singer C, Grabowski A, Williams J, **Woolford SJ**: Qualitative Analysis of Adolescents Perspectives on Tailored Messages and Images (oral), Annual Pediatric Research Symposium, Ann Arbor, MI, 2019
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82. Kowalski-Dobson T, Singer C, **Woolford SJ**: Development of the "Evaluation of Nutrients in fast Food" (ENuFF) Rating Scale, American Public Health Association Annual Meeting, Philadelphia, PA, 2019
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