

**Susan J. Woolford, M.D., M.P.H, F.A.A.P**  
**Associate Professor, Department of Pediatrics**

University of Michigan

NCRC Building 16 | 2800 Plymouth Road Rm G20 | Ann Arbor, MI 48109-2800

Phone: (734) 615-8214

Fax: (734) 764-2599

Email: [swoolfor@med.umich.edu](mailto:swoolfor@med.umich.edu)

## **Education and Training**

### **Education**

09/1986-08/1990 BS, Graduation with Honors, Andrews University, Berrien Springs, MI  
09/1990-12/1994 MD, College of Human Medicine, Michigan State University, East Lansing, MI  
09/2004-04/2006 MPH, University of Michigan School of Public Health, Ann Arbor, MI

### **Postdoctoral Training**

10/1990-05/1994 Research Fellow, Graduate Research Assistant- Cancer Center, Michigan State University, Lansing, Michigan  
01/1995-06/1995 Internship, Department of Pediatrics and Human Development, Sparrow Hospital Health System, Lansing, MI  
07/1995-06/1998 Residency, Department of Pediatrics and Human Development, Sparrow Hospital Health System, Lansing, MI  
07/1997-06/1998 Residency, Department of Pediatrics and Human Development, Chief Resident, Sparrow Hospital Health System, Lansing, MI  
07/2004-06/2006 Fellowship, Pediatrics, Child Health Evaluation and Research (CHEAR) Unit, University of Michigan, Ann Arbor, MI

## **Certification and Licensure**

### **Certification**

10/1999-12/2026 American Board of Pediatrics

### **Licensure**

01/1997-06/2026 State of Michigan, Controlled Substance  
01/1997-06/2026 State of Michigan, Medical License  
05/2019-05/2026 United States, DEA Registration

## **Academic, Administrative, Clinical, Research and Military Appointments**

### **Academic Appointments**

01/1995-06/1998 Clinical Instructor, Department of Pediatrics and Human Development, Sparrow Hospital Health System, Michigan State University, Lansing, MI  
07/2004-06/2006 Clinical Lecturer in Pediatrics - Ambulatory Care Program, University of Michigan, Ann Arbor, MI  
07/2006-06/2010 Clinical Assistant Professor, Department of Pediatrics, University of Michigan, Ann Arbor, MI  
07/2006-present Faculty, CHEAR Center, University of Michigan, Ann Arbor, MI  
07/2010-08/2019 Assistant Professor, Department of Pediatrics, University of Michigan, Ann Arbor, MI  
06/2015-present Faculty, Community Engaged Program Michigan Institute for Clinical and Health Research (MICHR), University of Michigan, Ann Arbor, MI  
03/2018-present Faculty Lead, Summer Immersion Program in Health Disparities, Education and Mentoring Group, MICHR, University of Michigan, Ann Arbor, MI  
09/2019-present Associate Professor, Department of Pediatrics, University of Michigan, Ann Arbor, MI

09/2022-present Associate Professor, Health Behavior Health Education, School of Public Health, University of Michigan, Ann Arbor, MI  
07/2022-present Associate Director, Program for Equity in Adolescent and Child Health, Department of Pediatrics, University of Michigan, Ann Arbor, MI  
07/2022-present Associate Director, Michigan Child Health Equity Collaborative, Department of Pediatrics, University of Michigan, Ann Arbor, MI

### **Administrative Appointments**

01/2001-01/2002 Vice Chair, Department of Pediatrics, Metropolitan Hospital, Grand Rapids, MI  
01/2002-01/2004 Chair, Department of Pediatrics, Metropolitan Hospital, Grand Rapids, MI  
07/2006-03/2016 Medical Director, Pediatric Comprehensive Weight Management Center, University of Michigan, Ann Arbor, MI  
09/2012-06/2019 Co-Director, Program on Mobile Health Technology in Child Health, CHEAR Unit, University of Michigan, Ann Arbor, MI  
07/2017-present Co-Director Healthy Flint Research Coordinating Center, University of Michigan, Ann Arbor, MI  
01/2020-present Faculty Lead, CHEAR Student Internship (CSI Ann Arbor), Child Health Evaluation and Research Center, University of Michigan, Ann Arbor, MI

### **Clinical Appointments**

07/1998-06/2004 Pediatrician, Metro Health Pediatrics, Grand Rapids, MI

### **Clinical Interests**

Treatment of childhood obesity in primary care and tertiary care settings. In particular, the use of video visits and mobile technology to improve care.

### **Research Interests**

Primary Interest: Behavioral interventions in the clinical setting for the treatment of obesity in children and adolescents; focusing on the use of communications technology to enhance engagement and adherence among diverse patient populations using community engaged methods.

Secondary Interest: Dissemination of health-related science to, and in collaboration with, diverse communities with the goal of increasing understanding and promoting behavior change.

### **Grants**

#### **Current Grants**

*ADIPOSE TISSUE DIVERSITY IN INFANTS, CHILDREN, AND ADOLESCENTS*

Chan Zuckerberg Initiative

Co-I with Effort (Principal Investigator: Lumeng, Carrey)

09/2021–08/2023. \$1,962,705

*15-312-0217571 "THE FIERCE URGENCY OF NOW": COMMUNITIES CONQUERING COVID*

NIH through consortium with Research Triangle Institute

Co-I with Effort (Principal Investigators: Marsh, Erica and Israel, Barbara)

9/2020-3/2023. \$1,000,000

*5 UL1 R002240 02: MICHIGAN INSTITUTE FOR CLINICAL AND HEALTH RESEARCH (MICHHR) NIH-DHHS-US-16-PAF04360*

Co-I with Effort (Principal Investigator: Lumeng, Julie)

05/2023-04/2030. \$48,220,260 (\$9,644,052)

*5 TL1 R002242 05: MICHIGAN INSTITUTE FOR CLINICAL AND HEALTH RESEARCH (MICHHR) TL1*

*Award NIH-DHHS-US-16-PAF04360*

Co-I with Effort (Principal Investigator: Lumeng, Julie)  
05/2023-04/2030. \$2,688,970

**PCORI**

Co-I with effort (PI, Walton, Maureen)

**NIH U2**

Co-I with effort (PI, Fontana, Margarita)

**Submitted Grants**

*MICHIGAN INSTITUTE FOR CLINICAL AND HEALTH RESEARCH (MICHHR)*

NIH

Co-I with Effort (Principal Investigator: Mashour, George Alexander and Lumeng, Julie)  
03/2023-02/2028. \$62,020,725

*MICHIGAN INSTITUTE FOR CLINICAL AND HEALTH RESEARCH (MICHHR)*

*TL1 Award NIH*

Co-I with Effort (Principal Investigator: Mashour, George Alexander and Lumeng, Julie)  
06/2023-02/2028

*FIREARM SAFETY AMONG CHILDREN AND TEENS (FACTS) CONSORTIUM  
POSTDOCTORAL FELLOWSHIP T32*

Faculty Member (Principal Investigators: Zimmerman, Marc and Carter, Patrick)

*COMPARING SCALABLE TECHNOLOGY-DRIVEN BRIEF INTERVENTION PACKAGES FOR  
YOUTH ALCOHOL USE U01*

Co-I with Effort (Principal Investigator: Walton, Maureen and Bonar, Erin)

**Past Grants**

*2 R42 MD008840 02: LOCATION INITIATED INDIVIDUALIZED TEXTS FOR AFRICAN AMERICAN  
ADOLESCENT HEALTH (STTR with MEI Research) NIMHD- 17-PAF03966*

Woolford, Susan, PI

04/2018-11/2022. \$1,387,257 (\$737,101)

*Administrative supplement: LOCATION INITIATED INDIVIDUALIZED TEXTS FOR ADOLESCENT Health  
(LIITAH) SubK-NIH-DHHSUS through a consortium with MEI Research, Ltd.- 19-PAF01693*

Woolford, Susan Jennifer, PI

04/2018-11/2022. \$14,500

*5 UL1 R002240 02: MICHIGAN INSTITUTE FOR CLINICAL AND HEALTH RESEARCH (MICHHR) NIH-  
DHHS-US-16-PAF04360*

Co-I with Effort (Principal Investigator: Mashour, George Alexander)

06/2017-02/2022. \$48,220,260 (\$9,644,052)

*5 TL1 R002242 05: MICHIGAN INSTITUTE FOR CLINICAL AND HEALTH RESEARCH (MICHHR) TL1  
Award NIH-DHHS-US-16-PAF04360*

Co-I with Effort (Principal Investigator: Mashour, George Alexander)

06/2017-02/2022. \$2,688,970

*1R21HD093835-01: IMPROVING NUTRITIONAL CHOICES IN ADOLESCENTS NIH-NICHD- 17  
PAF04955*

Woolford, Susan, PI

12/2017-05/2021. \$428,125

*Building Up Mentoring Intervention Multisite Randomized Trial*  
SubK-NIH-DHHS-US through a consortium with University of Pittsburgh  
Site Principal Investigator; (Project PI: Rubio, Doris)  
10/2020 - 06/2021. \$30,000

*MPOWER Bahamas (awarded and unable to accept due to contractual concerns)* World Bank and  
Government of The Bahamas  
Susan Woolford, PI  
06/2016. \$150,000 (\$150,000)

*061192: The Trauma and Grief Clinic for Youth: Promoting Community-Wide Best Practices* SubK-  
SAMHSA-DHHSUS through a consortium with The University of Texas Health- 14-PAF07764  
Calhoun, Karen, PI  
07/2014-09/2016. \$25,842 (\$12,352)

*1R41MD008840-01: Location Initiated Individualized Texts for African American Adolescent Health* SubK-  
NIHDHHS-US through a consortium with MEI Research, Ltd.- 14-PAF00662  
Woolford, Susan Jennifer, PI  
05/2014-04/2015. \$150,000 (\$150,000)

*UL1TR000433-10: Michigan Institute for Clinical and Health Research (MICHHR)* NIH  
Other (Principal Investigator: George Mashour)  
06/2012-05/2017. (\$6,188,691)

*Enhanced National voices Project* W. K. Kellogg Foundation  
Co-I with Effort (Principal Investigator: Matthew Davis)  
07/2011-06/2016. \$2,135,229

*5 K23 HD058797-05: Novel Individually Tailored Mobile Messages to Enhance Weight Loss for Teens*  
NIH-DHHSUS-09-0115  
Woolford, Susan Jennifer, PI  
05/2009-04/2014. \$661,053

*5 R01 HL085400-05: BMI12: Brief Motivational Interviewing to Reduce Child BMI (Body Mass Index)* NIH-  
DHHSUS-07-3860  
Co-I with Effort (Principal Investigator: Resnicow, Kenneth)  
04/2008-01/2013. \$3,451,189

*Award letter dated 5/30/07: "Weigh Cool" - eNutrition for Teens* American Academy of Pediatrics- 080242  
Woolford, Susan Jennifer, PI  
10/2007-07/2009. \$10,000 (\$10,000)

*ATM (Assessment and Targeted messages) Tool - Pediatricians' Perspectives Regarding the Feasibility  
and Acceptability of a Novel Clinic-Based Tool to Improve Assessment and Management of Childhood  
Obesity* Blue  
Cross Blue Shield of Michigan Foundation  
Susan J. Woolford, PI  
12/2006-11/2008. \$9,980

## **Honors and Awards**

### **National**

1990

National Dean's List for Undergraduate Students

2008	The African American Collaborative Obesity Research Network National Workshop on Diversity within African American Communities: Implications for Advancing Research on Weight Issues
2009	American Academy of Medical Colleges Early Career Women Faculty Professional Development Seminar (Invited)
2009	Society for Adolescent Medicine New Investigator Award

### **Regional**

1990	Who's Who Among American Undergraduate Students
2005	Ambulatory Pediatric Association Region V Fellows' Research Award

### **Institutional**

2007	Office of Diversity and Career Development Award
2009	Elizabeth E. Kennedy Award
2010	Elizabeth Crosby Award
2011	SHARP Center Award
2012	Child Health Evaluation and Research (CHEAR) Unit Program Award
2012	Child Health Evaluation and Research (CHEAR) Unit Program Award
2012	Johnson Controls Award
2013	Department of Pediatrics Discovery Grant
2017	Twice received Pediatric Medical Student Education Rotation Teaching Recognition Certificates
2018	Pediatrics Education Award
2019	Top 10 Pediatric Educators, Department of Pediatrics

## **Memberships in Professional Societies**

1996-present	Member, American Academy of Pediatrics
1998-present	Member, American Medical Association
2004-present	Member, Academic Pediatric Association
2004-present	Member, National Medical Association
2005-present	Member, North American Association for the Study of Obesity
2008-present	Member, Society for Pediatric Research
2009-present	Member, Society for Adolescent Medicine

## **Editorial Positions, Boards, and Peer-Review Service Study Sections**

### **National**

2009	Thrasher Foundation (Ad Hoc)
2011	National Science Foundation (Ad Hoc)
2012-present	YMCA of America National Childhood Obesity Expert Panel
2013	Robert Wood Johnson BMI Reduction (Community and Clinical) Interventions Strategic Planning Panel
2016-2021	National Institutes of Health (Ad Hoc)

### **Journal Reviewer**

2006-present	Academic Pediatrics
2006-present	Archives of Pediatrics and Adolescent Medicine
2006-present	Journal of the National Medical Association
2007-present	Journal of the American Medical Association
2007-present	Obesity
2008-present	American Journal of Preventive Medicine
2008	Pediatric Academic Society Meeting
2009-present	Pediatrics

2011-2014	The Obesity Society, Diversity Committee Poster Awards (Ad Hoc)
2011-present	Childhood Obesity
2012-2015	The Obesity Society, eHealth/mHealth Committee Poster Awards (Ad Hoc)
2020-present	Journal of Physical Activity & Health

## Teaching

### Faculty Members

2012-2018	Nita Vangeepuram, MD, Icahn School of Medicine at Mount Sinai
2013-2015	Nik Ani Afiqah Hi Mohd Tuah, PhD, Universiti Brunei Darussalam
2014-present	Tammy Chang, MD, University of Michigan (K23 \$673,650)
2016-2017	Kent Key, PhD, Michigan State University
2018	Larry Charleston, MD, University of Michigan

### Graduate Students

2010-2011	Shahla Khan, RD, University of Michigan Obese Teens' Perspectives Regarding the Photovoice Component of a Weight Management Intervention. Served as second author on an abstract accepted for oral presentation at the national SAHM meeting and on a manuscript published in the peer-reviewed literature (Dr. Woolford as first author).
2012	Makaya Saulsberry, Obesity, University of Michigan The role of hair style choice on physical activity choices among African American girls. Completion of poster presentation for intramural conference.
2013-2014	Kristye Russell, Weight loss program, University of Michigan The association between the role of food reward and the 3-month treatment outcome of a weight loss intervention program for adolescents. Abstract accepted for oral presentation at Department of Pediatrics Research Symposium
2013-2014	Isha Patel, PharmD, University of Michigan
2014-2015	Sally Askar, RD, University of Michigan
2018-2019	LeDea Bond, Disparities research, Florida A&M College of Pharmacy
2018-2022	Aria Grabowski, Health Communications Project, School of Public Health University of Michigan
2019-2020	Megan Carlin, Health Communications Project, School of Public Health, University of Michigan
2020-2022	Xin Wen, Life Sciences Institute Fellow, School of Public Health, University of Michigan

### Medical Students

2010	Christina Jepson, Obesity in Adolescents, University of Michigan Obese Adolescents' Perspectives on Text Messages to Enhance Weight Loss Efforts
2011	Megan Ditty, Obesity, University of Michigan Barriers to physical activity among African American adolescent girls. Completion of a literature review exploring this topic.
2011	Aarti Surti, Obesity, University of Michigan Barriers to physical activity among adolescents.
2011-2013	Lynae Manthei, Obesity, University of Michigan Qualitative exploration of African American Adolescent girls' perceptions of the barriers to participation in physical activity. Completion of a manuscript addressing this topic, currently under review.
2012	Hannah Perrin, Weight Management, University of Michigan Interactive web interventions to aid primary care physician weight management efforts targeting parents of young children with excess weight. Development of an online intervention as an adjunct to weight management in the primary care setting.
2012-2014	Daniel Ehrmann, Weight management program., University of Michigan The association between self-report of pre participation level of physical activity and outcomes during participation in a weight management program.

- 2013 Kathleen Kinkade, Weight management, University of Michigan Performance of semi structured interviews exploring the use of Pinterest as an adjunct to weight management for adolescents.
- 2013 Stephanie Chen, Weight management, University of Michigan Performance of semi structured interviews exploring the use of Pinterest as an adjunct to weight management for adolescents.
- 2013 Sarah Arshad, Weight management, University of Michigan Interactive web interventions to aid primary care physician weight management efforts targeting parents of young children with excess weight.
- 2014 Grace Huang, Weight management program., University of Michigan Perceptions regarding bariatric surgery of adolescents with severe obesity seeking care at a multidisciplinary weight management program. Development of a prototype decision aid to assist adolescents considering the option of bariatric surgery.
- 2014 Grace Liu, Weight management., University of Michigan Exploration of whether confidence and readiness predict greater weight loss among adolescents enrolled in multidisciplinary weight management. Completion of an abstract describing her findings.
- 2014-2016 Aisha Harris, Obesity, University of Michigan Literature review of current conceptual frameworks that might be applied to the treatment and prevention of childhood obesity. A manuscript describing her findings is currently in preparation.

#### **Postdoctoral Fellow**

- 2012-2015 Tammy Chang, MD, MS, University of Michigan A systematic review of the literature addressing the use of social media in weight related interventions. Served as first author on manuscript (Dr. Woolford as senior author) published in the Journal of Medical Internet Research. Dr. Chang is currently on faculty at the University of Michigan.
- 2014-2015 Michelle Moniz, MD, MS, University of Michigan The use of social media to impact social norms associated with prenatal care. Submitted an intramural grant application addressing this topic (with Dr. Woolford as a co-investigator).
- 2014-2015 Janet Childerhose, PhD, University of Michigan Adolescent perceptions of bariatric surgery. In the process of conducting a qualitative study addressing this topic. Accepted a position at Johns Hopkins.
- 2021-2022 Kara Kwiatkowski, MD, Pediatric GI fellow, University of Michigan. Scientific Oversight Committee member. Studying the relationship between obesity and liver disease.
- 2021-present Melinda Rushing, PhD, Child Health Evaluation and Research fellow, University of Michigan. Mentorship Committee. Studying health disparities in the treatment of sickle cell disease.

#### **Resident/House Officer**

- 2007 Rohan Henry, Obesity, University of Michigan Self-Perceived Body Weight Discrepancy and Suicidal Ideation among U.S. Adolescents. Served as first author on abstract accepted for oral presentation at national PAS meeting in 2007 (Dr. Woolford as senior author).
- 2007 Stephanie Wilson, Obesity, University of Michigan Physical Education, Physical Activity, and Obesity Among U.S. Adolescents
- 2008-2009 Sana Ahmed, MD, University of Michigan Feasibility and acceptability of a one-page tool to help physicians assess weight and to discuss obesity with parents of preschoolers. Served as coauthor on manuscript (Dr. Woolford as first author) that was published in Clinical Pediatrics.
- 2010 Oriaky Kas-Osoka, MD, University of Michigan Exploration of the association between the presence of comorbidities and change in BMI among obese adolescents in a weight loss program. Served as first author on poster

presentation at national PAS/SPR meeting in 2011. Currently an adolescent medicine fellow.

### **Undergraduate Students**

2007	Markese Saunders, Adolescent bariatric surgery, University of Michigan Completion of poster presentation for intramural conference.
2008	Ryan Berry, Weight management, University of Michigan College students' knowledge of healthy lifestyle practices required to avoid excess weight gain.
2009	Chyrisha Brown, MBA degree and PA program, University of Michigan Exploration of change in body mass index and self-report of depression among participants in the MPOWER program.
2009	Lissel Albrecht –Unger, Medical Student, University of Michigan Adolescent Internalizing Problems Predict Joining Status in a Multidisciplinary Weight Management Program
2010	Rachel Bowker, Psychology, University of Michigan To determine whether outcomes differ for participants in the MPOWER program with a history of receiving psychological services (either prior to, or in conjunction with MPOWER), vs. those without.
2011	Alicia Menchaca, Medical student, University of Michigan Social media use in weight management.
2011-2012	Areej Sami, MS in biomedical science, University of Michigan, Ethnic identity and physical activity among African American adolescent girls.
2012	Brittany Hayes, Poster Presentation, University of Michigan, Differences in characteristics between severely obese adolescents who select bariatric surgery compared to those who do not wish to undergo this procedure.
2013	Paul Joseph, Weight management, University of Michigan, The association between parental perceptions of responsibility for their child's excess weight gain and outcomes from pediatric weight management interventions.
2013-2017	Tanmaye Yenumula, Weight management intervention, University of Michigan, The use of social media as an adjunct to weight management for adolescents.
2014-2018	Adi Achanta, Obesity / Weight management, University of Michigan, Optimizing interactive websites as an adjunct to weight management interventions in primary care and tertiary care settings.
2015-2016	Grecia Quiroga, Analysis of qualitative data, University of Michigan, Systematic review of the literature addressing perceptions of early feeding practices among Latino parents
2015-2016	Jennifer Okungbowa-Ikponmwoosa, Analysis of qualitative data, University of Michigan, Analysis of qualitative data from a national survey regarding perceptions of young men and boys of color.
2016-2017	Abigail Parrigan, Weight Management, University of Michigan, Systematic review of the literature addressing disparities in access to healthy fruits and vegetables.
2018-2019	Jessica Williams, Obesity Research, University of Michigan
2018-present	Noelle Gorka, Community-engaged research, University of Michigan, Development of a Rapid Response Preparedness Protocol for Flint
2018-present	Kendra Juliette, Community-engaged research, University of Michigan, Development of a Rapid Response Preparedness Protocol for Flint
2018-present	Vaishali Nambiar, Community-engaged research, University of Michigan, Development of a Rapid Response Preparedness Protocol for Flint
2019-2020	Edisa Niyifasha, Obesity Research, University of Michigan
2019-2020	Olivia Criag, Obesity Research, University of Michigan
2019-2020	Nahim Miah, Obesity Research, University of Michigan
2019-present	Elizabeth Mammel, Obesity Research, University of Michigan
2020-2021	Esha Elshi, Obesity Research, University of Michigan
2020-2021	Jackson Bergman, Obesity Research, University of Michigan
2020-2021	Xiaoli Zhu, Obesity Research, University of Michigan
2020-2021	Darryl Herring, Obesity Research, University of Michigan

2021-2021	Samantha Zuckerberg, Obesity Research, University of Michigan
2022-2022	Kendrick Villalon, Health Equity Research, University of Michigan Medicine
2022-2022	Avion Lall, Obesity Research, University of Michigan

## Teaching Activity

### International

09/2020	Workshop on Grant writing
09/2021	Pulmonary Complications of COVID-19. Invited lecture for the University of the Southern Caribbean Nursing Program

### National

2014-2017	Assessment and Treatment of Childhood Obesity lecture at the annual Obesity Society American Board of Obesity Medicine board review.
03/2019	Brief Motivational Interviewing to lower BMI and Blood Pressure. Invited lecture for BP-CATCH Quality Improvement Webinar.
09/2019	Brief Motivational Interviewing to lower BMI and Blood Pressure. Invited lecture for BP-CATCH Quality Improvement Webinar.
09/2021	Setting Up Our Children for Health and Success as They Enter a Stressful School Year. Invited Panelist for Obesity Care Advocacy Network Webinar.

### Regional

2014	Pediatric Weight Management Update. Invited lecture at the Annual Meeting of the American Academy of Pediatrics Michigan Chapter, Traverse City, MI
2014	Childhood Obesity Health Policy Update. Invited lecture at the Healthy Kids Healthy Michigan Coalition Annual Summit, Lansing, MI
2015	Childhood Obesity Treatment. Invited lecture at the Partners in Care Conference, Traverse City, MI
2015	Management of Childhood Obesity. Invited lecture at the Michigan Council of Nurse Practitioners meeting, Ann Arbor, MI
2015	Using Communications Technology to Enhance Pediatric Weight Management. Invited lecture at the Michigan Academy of Family Physicians Fall Update, Ann Arbor, MI
2016	Treatment of Child and Adolescent Obesity - Advances in the field. Invited lecture, Beaumont Hospital, Detroit, MI
2016	Use of Motivational Interviewing in the treatment of Childhood Obesity. Invited Presentation, Pediatric Obesity Collaborative Webinar, Nationwide Children's Hospital, Columbus, OH
2017	Use of Motivational Interviewing in Primary Care Pediatrics - Invited lecture at the American Academy of Pediatrics Michigan Chapter annual conference
2017	Metabolic Syndrome in Pediatric Patients for the MI Chapters of the American Academy of Pediatrics and the American Psychological Society
2018	Pediatric Weight Loss Strategies: What is Working in Pediatric Weight Management Programs. Annual Primary Health Care of Women Conference, Ann Arbor, MI
2019	Physical Activity in Children symposium panelist. Exercise and Sport Science Initiative Symposium. Ann Arbor, MI
03/2020-present	COVID-19 a Clinical Perspective – Medical Moment. Biweekly presentation. Heathy Flint Research Coordinating Center COVID-19 Webinar

09/2021 Pandemic Pounds: Battle against an increasingly obesogenic world. Invited Presentation. Michigan Chapter American Academy of Pediatrics. Annual Conference (virtual)

09/2021 Planting Seeds of Change: Communicating health information to lay audiences in an effort to motivate adoption of healthy behaviors. Invited Presentation. Student National Medical Association (SNMA) regional conference (virtual).

01/2022 Covid-19 related lockdown and body weight changes in children. Invited Presentation, Nutrition & Obesity Policy Research & Evaluation Network (virtual)

03/2022 Weighty Question: How to Recover by Learning from the Past and Preparing for the Future, Invited Presentation, Academic Pediatric Association Region 5, (virtual)

### **Institutional**

1998-2003 "Pediatric Essentials for the New Intern", Metropolitan Hospital's Intern and Resident Educational Series

1998-2004 Morning Reports with interns on pediatric service, Metropolitan Hospital

1998-2004 Supervised interns and students on pediatric rotations, Metropolitan Hospital

1998-2004 In-patient consulting regarding pediatric patients and newborns admitted to the family practice service, Metropolitan Hospital

1998-2004 Attending Physician, Metropolitan Hospital

1998-2004 "Pediatric Essentials" Noon Lecture Series, Metropolitan Hospital

1998-2004 Attending Physician, Spectrum Health DeVos Children's Hospital

1998-2004 Pediatric Journal Club, Metropolitan Hospital

2004-2006 Preceptor for general pediatric residents rotating at Hope Clinic

2006-present Health Services Research Seminar Child Health Evaluation and Research (CHEAR) Unit, Division of General Pediatrics, University of Michigan

2007 "Medical and Surgical Treatment of Pediatric Obesity" Pediatric Ethics Meeting, University of Michigan

2007 "Multidisciplinary Treatment of Childhood Obesity," Pediatric Nephrology Meeting, University of Michigan

2007-2008 Project Mentor for Pediatric Health Services Research Elective for Minority Residents

2007-2008 Project Mentor for Pediatric Health Services Research Elective for Minority Residents

2007-2008 Mentor for Pediatric Residency Quality Improvement Research Project

2007-2015 Faculty lead, Medical School M4 Pediatric Obesity Elective Rotation; month long rotation in the Pediatric Comprehensive Weight Management Center with an emphasis on the clinical and research aspects of pediatric obesity

2007-2016 Presenter, Medical School M-2 Pediatric Obesity Elective; lecture addressing etiology, comorbidities, and treatment of childhood obesity

2007-present Mentor for the Summer Opportunities for Apprenticeships in Research (MedSOAR) Program

2007 "Childhood Obesity and the Environment" Health Sciences Scholars Seminar, University of Michigan

2007 "Childhood Obesity and Health." Undergraduate Class – Health, Illness, and Society

2008-2010 "Tailored Text Messaging as an Adjunct to Pediatric Weight Management" Center for Health Communications Research Seminar, University of Michigan

2008-2011 "Adolescent Bariatric Surgery" Pediatric Surgery Grand Rounds, University of Michigan

2008 "Prevention and Treatment of Childhood Obesity" Project Healthy Schools, University of Michigan

2008 "Overview of Childhood Obesity" Mott Community Advisory Committee, University of Michigan

2008 "Weighty Issues: The Ethics of Pediatric Weight Management" Bioethics Grand Rounds, University of Michigan

2008	"Improvements in Fitness among Adolescents After 12 Weeks of Group Exercise Training in the Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program" Oral Presentation, Pediatric Research Symposium, Department of Pediatrics, University of Michigan
2010	"The Michigan Pediatric Comprehensive Weight Management Center - Program Update" C.S. Mott Children's Hospital Administrative Counsel, University of Michigan
2010	"Innovative Uses of Technology in the Treatment of Obesity" The Economy and Cancer Health Disparities Conference, University of Michigan
2010	"Adolescents' Perceptions about the Content of Text Messages in a Weight Management Intervention." Pediatric Grand Rounds, University of Michigan
2010-2015	Presenter, Medical School M-1 Human Development Course; lecture addressing assessment and treatment of childhood obesity
2010	"Latest Approaches in Childhood Obesity Prevention and Treatment." Expert Forum on Childhood Obesity: Latest Approaches, Future Directions, University of Michigan, Ann Arbor, MI
2011	Future Directions, University of Michigan, Ann Arbor, MI "To Pay or not to Pay: Public Perceptions of Insurance Coverage for Adolescent Bariatric Surgery." Platform Presentation, Pediatric Research Symposium, University of Michigan
2012-present	Faculty Mentor, MICHHR Summer Health Disparities Research Internship, University of Michigan
2012	"Childhood Obesity in Michigan" Pediatric Obesity Committee Presentation, University of Michigan
2012	"Evolution, Obesity and Policy" Museum of Natural History Lecture Series, University of Michigan
2012	"Mobile Technologies and Social Media in Pediatric Weight Control A Diamond in the Rough" Health Services Scholars Seminar, University of Michigan
2013	"Pediatric Multidisciplinary Weight Management: One size does not fit all" Center for Exercise Research, University of Michigan "Pediatric Obesity Management Update" Pediatric Endocrinology Seminar, University of Michigan
2013	"Understanding & Preventing Childhood Obesity" Ann Arbor District Library Collaboration with the University of Michigan Lecture Series
2013	"Novel Technology in Pediatric Weight Management" Fast Forward Medical Innovation, Health System Advisory Committee, University of Michigan
2015	"A Diamond in the Rough: Innovative Uses of Technology (text messaging and social media) in the Treatment Pediatric Obesity" Sleep Disorders Grand Rounds, University of Michigan
2015	"Management of Child and Adolescent Obesity" Psychiatry Seminar, University of Michigan
2017	Preceptor for resident continuity clinic in general pediatrics
2017-present	General Pediatrics Clinic Mentor for Medical Students
2018-present	Faculty for MICHHR Disparities Summer Internship Journal Club
2020	The Tale of the Prodigal PowerPoint: Tips for Telling Your Story with PowerPoint, Building Up Program, University of Michigan
2021	Panel Presentation, Anti-Racism Research and Scholarship for Action and Diversity Equity and Inclusion Summit

### **Dissertation Committees**

2013	Isha Patel, Pharm D, Dissertation completed fulfilling requirements for graduation with doctorate. Abstract of findings accepted for presentation at an international conference., University of Michigan, Developmentally disabled Medicaid adults with type 2 diabetes. Committee Member
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### **Committee and Administrative Services** **Committee Services**

**National**

2009-2011	Society for Adolescent Medicine Childhood Obesity Special Interest Group, Co-chair
2009-2013	National Association of Children's Hospitals and Related Institutions (NACHRI)/Children's Hospital Association (CHA) Focus on a Fitter Future Focus Group, Hospital Lead
2011-present	Childhood Obesity Multi Program Analysis and Study System (COMPASS), Member
2012-2013	The Obesity Society eHealth/mHealth Section, Chair
2012-2014	Society for Adolescent Health and Medicine Nutrition Committee, Consultant
2012-2016	The Obesity Society Education Committee, Member
2012-present	Advisory Board for the American Academy of Pediatrics Institute for Healthy Childhood Weight, Member
2014-2016	Pediatric Obesity Weight Evaluation Registry (POWER) Communications Committee, Co-Chair
2014-2018	American Academy of Pediatrics and Children's Hospital Association Expert Exchange on Childhood Obesity, Co-director
2018-present	PCORI Childhood Obesity Pragmatic Trial - Evidence-base Practice Advisory Board, Member

**Regional**

1997-1998	Capital Area Consortium for Graduate Medical Education, Member
2008-2010	National Governors' Association – Michigan Childhood Obesity Prevention Workshop, Member
2009-2015	Healthy Kids, Healthy Michigan Healthcare Policy Action Team, Co-chair, State of Michigan
2009-2016	Healthy Kids Healthy Michigan Steering Committee, Mott Children's Hospital Representative
2010-present	Michigan Chapter of the American Academy of Pediatrics Healthy Weight Committee, Member
2017-present	Healthy Flint Research Coordinating Center Executive Committee, Co-Director, U of M Ann Arbor
2022-present	Genesee County Maternal/Infant Advisory Committee, Member Fetal Infant Mortality Review Team

**Institutional**

1991-1992	Minority Medical Student Association Michigan State University, Vice President
1996-1997	Community Pediatrics Curriculum Development Committee Michigan State University, Member
1996-1998	Pediatric Residency Curriculum Committee Michigan State University, Member
1997-1998	Department of Pediatrics Committee Metropolitan Hospital, Resident Representative
1997-1998	Department of Pediatrics Committee Metropolitan Hospital, Resident Representative
1997-1998	Pediatric Residency Administrative Committee Sparrow Hospital, Resident Representative
1997-1998	Pediatric Residency Selection Committee Sparrow Hospital, Member
2001-2004	Department of Pediatrics Administrative Committee Metropolitan Hospital, Chair
2011-present	Adolescent Health Initiative Committee, Member
2012-2013	Diabetes Working Group, UMHS, Member - Pediatric Representative
2012-2013	Quality Management Program Pediatric Obesity Committee, Member
2012-2019	Momentum Center Steering Committee, Member
2013-2014	Community Health Assessment and Implementation Plan, Obesity Work Group Co-Lead
2014-2017	Pediatric Advisory Committee on Diversity (PACE), Chair

2020-present	Forum on Racism and Justice, Department of Pediatrics, Co-Lead
2020-present	Pediatric Commitment Policy Committee, Department of Pediatrics, Member
2022-present	Tenure Promotion Committee, Department of Pediatrics, Member

## **Administrative Services**

### **Volunteer**

2013-2017	Director - Health Programs, Ypsilanti SDA Church, Ypsilanti MI, Provide leadership in health promotion programs for members and the local community
2014-2017	Board Member, YMCA Ann Arbor, Ann Arbor, MI, Served as a member of the YMCA board
2018-present	Youth programs, Community Fellowship SDA Church, Latrup Village, MI

## **Visiting Professorships and Extramural Invited Presentations**

### **Extramural Invited Presentations**

#### **International**

1. "Childhood Obesity", Hope Television Channel Presentation, April 2009, Washington DC
2. "New Initiatives for the Treatment and Prevention of Childhood Obesity in Michigan", Obesity Special Interest Group Presentation. Society for Adolescent Medicine, April 2010, Toronto, Canada
3. "Recipe for an Epidemic: The US example of what not to do to avoid an epidemic of childhood obesity", Youth at Risk Conference, March 2011, Trinidad, West Indies
4. "Childhood Obesity in the Caribbean", Healthy Living Symposium, August 2012, Barbados, WI
5. "US Approach to Obesity Treatment", Ross Medical School, August 2012, Dominica, WI
6. "Embracing Communications Technology for Pediatric Outpatient Weight Management and Reduction", Universiti Brunei Darussalam Workshop Series, December 2012, Brunei Darussalam
7. "Addressing COVID-19 Hesitancy in Medical Personnel", Trinidad and Tobago Ministry of Health Nurses Association, October 2021 (virtual)
8. "Introduction to Childhood Obesity", Asia-Pacific International University, May 2022, Thailand (virtual)

#### **National**

1. "Tailored Mobile Phone Text Messages as an Adjunct to Obesity Treatment for Adolescents", New Investigator Platform Presentation, March 2009, Los Angeles, CA
2. "One Size Does Not Fit All: Pediatric Multidisciplinary Weight Management", National Medical Association annual meeting, August 2010, Orlando, FL
3. "The Childhood Obesity Epidemic", Lifestyle Intervention Conference, September 2011, Las Vegas, NV
4. "A Diamond in the Rough: Using e-Health Interventions Including Text Messaging and Social Media to Enhance Adolescent Weight Management", Adolescent Health Conference, University of Alabama, April 2012, Birmingham, AL
5. "The Assessment of Childhood Obesity", The Obesity Society Preconference Board Review, September 2012, San Antonio, TX
6. "The Assessment of Childhood Obesity", The Obesity Society Preconference Board Review, November 2013, Atlanta, GA
7. "Overview: 2013 Obesity Services Survey Findings", Children's Hospital Association Webinar, May 2014, Online
8. "The Tip of the Iceberg: Maximizing the Potential of Text Messaging and Social Media in Weight Management for Teens", American Academy of Behavioral Health annual meeting, March 2015, San Antonio, TX
9. "Mobile Health Boot Camp.", Society for Behavioral Medicine., May 2015, San Antonio, TX
10. "The Assessment and Treatment of Childhood Obesity", The Obesity Society Preconference Board Review., November 2015, Los Angeles, CA
11. "National Voices Project Boys and Young Men of Color – 2015 National Survey", National Collaboration Action Lab., March 2016, New Orleans, LA

12. "Race in Relation to Health Communication", Annie E. Casey Foundation Annual Conference, October 2016, San Antonio, TX
13. "The Assessment and Treatment of Childhood Obesity", The Obesity Society Preconference Board Review, November 2016, New Orleans, LA
14. "Severe Obesity in Adolescents: Assessment and Treatment", The Endocrine Society Pre-conference. March 2017, Orlando, FL
15. "The Best of Times, The Worst of Times: What works for severe obesity among adolescents", The National Academy of Sciences Roundtable on Obesity Solutions., April 2017, Washington, DC
16. "Great Expectations: A Tale of Communications Technology in the Treatment of Childhood Obesity", The Obesity Medicine Association, September 2017, San Antonio, TX
17. "The Assessment and Treatment of Childhood Obesity", The Obesity Society pre-conference board review, October 2017, Washington, DC
18. "Making the USPTF Recommendations a reality: Reimbursement for Pediatric Weight Management", The Obesity Society Annual Conference, November 2018, Nashville, TN
19. "The Concerns of Adolescents Impacted by the Flint Water Crisis Regarding its Effect on Health." National Medical Association Annual Meeting, July 2019, Honolulu, HI
20. "Reimbursement for Pediatric Weight Management", The Obesity Society Annual Conference, November 2019, Las Vegas, NV
21. "COVID-19 101: African American and Asian/Pacific Islander perspectives of COVID-19." National REACH Coalition Webinar. March 2021
22. "The Virus, Variants, and Vaccines" Ally Financial Employee Webinar, December 2021
23. "Pediatric Weight Gain During the Pandemic" Pediatric Academic Societies (PAS) SIG. Denver, CO. April 2022.
24. "Seeing Themselves in a Negative Light: Parental Perspectives of their Child's Body Image" Pediatric Academic Societies (PAS) Oral Presentation, Washington, DC, April 2023.

### **Regional**

1. "Treatment of Obese Adolescents – A Multidisciplinary Approach", The Pediatric Primary Care Update Series, St. Joseph Hospital, March 2007, Ypsilanti, MI
2. "Guidelines for the Treatment and Prevention of Childhood Obesity", State of Michigan Childhood Obesity Summit, March 2008, Lansing, MI
3. "Medicaid Coverage of Childhood Obesity Treatment", National Governors' Association Childhood Obesity Advocacy Summit, July 2008, Lansing, MI
4. "Successes in Adolescent Weight Management", Healthy Weight Partnership Meeting, September 2008, Lansing, MI
6. "Childhood Obesity Prevention and Treatment", Overcoming Obesity and Winning at Health Symposium, July 2009, Ann Arbor, MI
7. "Starting the Conversation: Counseling Parents of Overweight Children", Michigan WIC annual meeting, April 2011, Grand Rapids, MI
8. "Pediatric Obesity: Opportunities to deliver effective, coordinated care management", Mackinac Learning Collaborative., April 2011, Detroit, MI
9. "Strategic Moves: Helping Obese Adolescents Increase their Physical Activity", Michigan State Medical Society, Sports Medicine Symposium., April 2011, East Lansing, MI
10. "Starting the Conversation: Counseling Parents of Overweight Children", Michigan WIC annual meeting., April 2011, Grand Rapids, MI
11. "Strategic Moves: Helping Obese Adolescents Increase their Physical Activity", Michigan State Medical Society Sports Medicine Symposium, April 2011, East Lansing, MI
12. "Childhood Obesity: Curbing the epidemic through collaboration", Michigan Association of School Nurses annual meeting., May 2011, Bay City, MI
13. "Childhood Obesity Treatment: A Multidisciplinary Approach", Wayne County Multicultural Obesity Conference, Moving Ahead: Celebrating Healthy Lifestyles., July 2011, Detroit, MI
14. "Childhood Obesity Treatment 2: A Multidisciplinary Approach", Wayne County Multicultural Obesity Conference, Moving Ahead: Celebrating Healthy Lifestyles, July 2011, Detroit, MI
15. "Healthy Kids Healthy Michigan", Wayne County Health Authority Childhood Obesity Task force., July 2011, Detroit, MI
16. "Childhood Obesity Expert Committee Recommendations: Four Stages Obesity Management.",

- School-Community Health Alliance of Michigan Conference, November 2011, Ann Arbor, MI
17. "Childhood Obesity Interventions", St. John's Hospital Childhood Obesity Symposium., May 2012, Detroit, MI
  18. "One Size Does not Fit All: Multidisciplinary Care for the Treatment of Childhood Obesity", Michigan Academy of Family Physicians, Fall Update, September 2012, Ann Arbor, MI
  19. "Preventing Obesity: Protecting Our Future", Michigan WIC Annual Meeting, March 2013, Traverse City, MI
  20. "Obesity and Youth", Michigan Adolescent Health Conference, April 2014, Ann Arbor, MI

**Other: Community Seminars**

1. "Asthma - Taking Your Breath Away", Science Seminar, Peckham Junior School, June 2001, London, England
2. "Faith and Health", Keynote presentation - Health Promotion Community Seminar, May 2002, Toronto,
3. "Faith and Health", Keynote presentation - Health Promotion Community Seminar, May 2002, Toronto, Canada
4. "Think Big", Oakdale School – Metropolitan Hospital Big Brother Big Sister Award Luncheon, June 2002, Grand Rapids, MI
5. "The Power to Change Your Health", Keynote presentation - Health Promotion Community Seminar, September 2002, Toronto, Canada
6. "What a Difference Diet Makes", Keynote presentation - Health Promotion Community Seminar, March 2003, Lansing, MI
7. "A Doctor's Life", Challenger Elementary School, May 2003, Kentwood, MI
8. "The Power Within – How to Improve Your Health", Keynote presentation – Health Promotion Community Seminar, March 2006, Ypsilanti, MI
9. "Extreme Makeover – Teen Edition", Health Promotion Community Seminar, August 2006, Battle Creek, MI
10. "Three Keys to Getting Younger Every Year", Health Promotion Community Presentation, November 2008, Southfield, MI
11. "Change Your Environment, Change Your Weight", Health Promotion Community Seminar, June 2009, Cassopolis, MI
12. "Helping Your Community to Make Health a Priority", Health Promotion Community Seminar, June 2009, Grayling, MI
13. "Childhood Obesity – Meeting the Needs of Diverse Populations", Minority Health Research Program Community Advisory Board, September 2009, Ann Arbor, MI
14. "Small Changes, Big Results", Health Promotion Community Presentation, October 2009, Southfield, MI
15. "Not too late to change: Benefits of lifetime changes", Health Emphasis Community Program, May 2016, Ypsilanti, MI
16. "New Year, New You: Simple lifestyle changes to improve health", Health Promotion Community Program, January 2017, Detroit, MI
17. The Sooner the Better: Prenatal choices to avoid childhood obesity, Health Promotion Community Presentation, September 2018, Inkster, MI
18. "Home Alone: The Impact of Isolation During the Pandemic on Children and Adolescents" Health Emphasis Webinar for Wellsprings Health, February 2021.
19. Worried Sick: Our Immune System and Stress During the Pandemic", Health Emphasis Webinar for Wellsprings Health, March 2021.
20. "Secrets to being fabulous from 15 to 50", Health Emphasis Program, Andrews Academy, April 2021, Berrien Springs, MI
21. "Novel Coronavirus and Vaccines" Healthy Kids Mississippi Webinar, Mid-South Churches Cooperative Conference Baptist State Convention, September 2021
22. Health Emphasis Webinar for Wellsprings Health, February 2022.

**Other: Academic Seminars**

1. "Caring for Your Newborn", Metropolitan Hospital's Prenatal monthly classes, August 1998, Grand

Rapids, MI

2. "Weigh Cool – Novel Approaches to the Treatment of Childhood Obesity", Child Health Evaluation and Research Unit, Health Services Research Seminar, February 2007, University of Michigan
3. "Medical and Surgical Treatment of Pediatric Obesity", Pediatric Ethics Meeting, February 2007, University of Michigan
4. "Multidisciplinary Treatment of Childhood Obesity", Pediatric Nephrology Meeting, February 2007, University of Michigan
5. "Pediatric Weight Management and Bariatric Surgery", Pediatric Nurses', March 2007, Retreat, Dexter, MI
6. "Addressing Epidemiology, Prevalence and Treatment of Childhood Obesity", Guest lecturer, Project Outreach – Health Illness and Society (PSYCH 211), August 2007, University of Michigan
7. "Childhood Obesity and the Environment", Health Sciences Scholars Seminar, November 2007, University of Michigan
8. "Causes and Treatment of Childhood Obesity", Undergraduate Class – Project Outreach, Big Sibs Section, November 2007, University of Michigan
9. "Childhood Obesity and Health", Undergraduate Class – Health, Illness, and Society, November 2007, University of Michigan
10. "Prevention and Treatment of Childhood Obesity", Project Healthy Schools, February 2008, University of Michigan
11. "Overview of Childhood Obesity", Mott Community Advisory Committee, March 2008, University of Michigan
12. "Weighty Issues: The Ethics of Pediatric Weight Management", Bioethics Grand Rounds, April 2008, University of Michigan
13. "Adolescent Bariatric Surgery", Pediatric Surgery Grand Rounds, July 2008, University of Michigan
14. "Tailored Text Messaging as an Adjunct to Pediatric Weight Management", Center for Health Communications Research Seminar, August 2008, University of Michigan
15. "Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program: MPOWERed Messages", Health Services Scholars Seminar, October 2008, University of Michigan
16. "Causes and Treatment of Childhood Obesity", Undergraduate Class – Project Outreach, Big Sibs Section, November 2008, University of Michigan
17. "Improvements in Fitness among Adolescents After 12 Weeks of Group Exercise Training in the Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program", Platform Presentation, Pediatric Research Symposium, November 2008, University of Michigan
18. "Causes and Treatment of Childhood Obesity", Undergraduate Class – Project Outreach, Big Sibs Section, April 2009, University of Michigan
19. "The Michigan Pediatric Comprehensive Weight Management Center - Program Update", C.S. Mott Children's Hospital Administrative Counsel, April 2010, University of Michigan
20. "Innovative Uses of Technology in the Treatment of Obesity", The Economy and Cancer Health Disparities Conference, May 2010, University of Michigan
21. "Overview of Childhood Obesity Prevention and Treatment", Resident Noon Lecture Series, June 2010, University of Michigan
22. "MPOWERed Messages: Adolescents' Perspectives on using Text Messages to Aid in Weight Loss Efforts", Health Services Scholars Seminar, June 2010, University of Michigan
23. "Adolescents' Perceptions about the Content of Text Messages in a Weight Management Intervention", Pediatric Grand Rounds, July 2010, University of Michigan
24. "Latest Approaches in Childhood Obesity Prevention and Treatment", Expert Forum on Childhood Obesity: Latest Approaches, Future Directions, September 2010, University of Michigan
25. "MPOWERed Messages II: Tailored Mobile Messages to Enhance Weight Loss for Teens", Center for Health Communications Research Seminar, November 2010, University of Michigan
26. "Childhood Obesity Treatment", Pediatric Surgery Grand Rounds, September 2011, University of Michigan
27. "Health Policy Action Team Policy Priorities", Healthy Kids Healthy Michigan Fall All Member Meeting., October 2011, Lansing, MI
28. "To Pay or not to Pay: Public Perceptions of Insurance Coverage for Adolescent Bariatric Surgery", Platform Presentation, Pediatric Research Symposium, October 2011, University of Michigan
29. "Childhood Obesity: A Smorgasbord of Perspectives", Health Services Scholars Seminar, November

- 2011, University of Michigan
30. "Childhood Obesity in Michigan", Pediatric Obesity Committee Presentation, February 2012, University of Michigan
  31. "Lessons Learned from a Tailored Messaging Intervention for Teens", Guest Lecture, School of Public Health, February 2012, University of Michigan
  32. "Evolution, Obesity and Policy", University of Michigan Museum of Natural History Lecture Series, March 2012, University of Michigan
  33. "Mobile Technologies and Social Media in Pediatric Weight Control – A Diamond in the Rough", Health Services Scholars Seminar, November 2012, University of Michigan
  34. "How much is too much: Childhood obesity and screen time", Peterson Warren Academy, February 2015, Taylor, MI
  35. "Behavioral Interventions for the Treatment of Childhood Obesity", Guest Lecture, Health Education Webinar, November 2016, Ohio State University
  35. "Use of Technology in Behavioral Interventions for Childhood Obesity." Guest Lecture, Psychology Fellows' Lecture Series, February 2022, University of Michigan

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### Peer-Reviewed Journals and Publications

1. **Woolford SJ**, Clark SJ, Lumeng JC, Williams DR, Davis MM: Maternal perspectives on growth and nutrition counseling provided at preschool well-child visits. *J Natl Med Assoc* 99(2): 153-158, 2007. PM17366952/PMC2569431
2. **Woolford SJ**, Gebremariam A, Clark SJ, Davis MM: Incremental hospital charges associated with obesity as a secondary diagnosis in children. *Obesity (Silver Spring)* 15(7): 1895-1901, 2007. PM17636109/17636109
3. Nafiu OO, Chimbira WT, **Woolford SJ**, Tremper KK, Reynolds PI, Green GE: Does high BMI influence hospital charges in children undergoing adenotonsillectomy? *Obesity (Silver Spring)* 16(7): 1667-1671, 2008. PM18421267
4. **Woolford SJ**, Clark SJ, Strecher VJ, Gebremariam A, Davis MM: Physicians' perspectives on increasing the use of BMI charts for young children. *Clin Pediatr (Phila)* 47(6): 573-577, 2008. PM18474897
5. **Woolford SJ**, Gebremariam A, Clark SJ, Davis MM: Persistent gap of incremental charges for obesity as a secondary diagnosis in common pediatric hospitalizations. *J Hosp Med* 4(3): 149-156, 2009. PM19301381
6. Lee JM, Davis MM, **Woolford SJ**, Gurney JG: Waist circumference percentile thresholds for identifying adolescents with insulin resistance in clinical practice. *Pediatr Diabetes* 10(5): 336-342, 2009. PM19175894
7. **Woolford SJ**, Clark SJ, Ahmed S, Davis MM: Feasibility and acceptability of a 1-page tool to help physicians assess and discuss obesity with parents of preschoolers. *Clin Pediatr (Phila)* 48(9): 954-959, 2009. PM19483126
8. Lee JM, **Woolford S**, Herman WH, Clark SJ: Does childhood overweight, parental perception of overweight, or family history of diabetes mellitus increase parental perception of type 2 diabetes risk for their child? *J. Pediatr. Endocrinol. Metab.* 23(3): 267-270, 2010. PM20480725/PMC-
9. **Woolford SJ**, Clark SJ, Gebremariam A, Davis MM, Freed GL: To cut or not to cut: physicians' perspectives on referring adolescents for bariatric surgery. *Obes Surg* 20(7): 937-942, 2010. PM20401742/PMC-
10. **Woolford SJ**, Clark SJ, Gebremariam A, Davis MM, Freed GL: Physicians' perspectives on referring obese adolescents to pediatric multidisciplinary weight management programs. *Clin Pediatr (Phila)* 49(9): 871-875, 2010. PM20522620/PMC-
11. **Woolford SJ**, Clark SJ, Strecher VJ, Resnicow K: Tailored mobile phone text messages as an adjunct to obesity treatment for adolescents. *J Telemed Telecare* 16(8): 458-461, 2010. PM20959393
12. **Woolford SJ**, Sallinen BJ, Clark SJ, Freed GL: Results from a clinical multidisciplinary weight management program. *Clin Pediatr (Phila)* 50(3): 187-191, 2011. PM20926840
13. Larrier YI, Bakerson MA., Linton JM, Walker LR, **Woolford SJ.**: The Role of School Counselors in the Childhood Obesity Epidemic *Journal of School Counseling* 9(3): 1-31, 2011.

14. **Woolford SJ**, Barr KL, Derry HA, Jepson CM, Clark SJ, Strecher VJ, Resnicow K: OMG Do Not Say LOL: Obese Adolescents' Perspectives on the Content of Text Messages to Enhance Weight Loss Efforts. *Obesity (Silver Spring)* 19(12): 2382-2387, 2011. PM21869762
15. Resnicow K, McMaster F, **Woolford S**, Slora E, Bocian A, Harris D, Drehmer J, Wasserman R, Schwartz R, Myers E, Foster J, Snetselaar L, Hollinger D, Smith K: Study design and baseline description of the BMI (2) trial: reducing paediatric obesity in primary care practices. *Pediatr Obes* 7(1): 3-15, 2012. PM22434735
16. **Woolford SJ**, Sallinen BJ, Clark SJ, Iglayreger HB, Gordon PM: Association Between Physician Recommendation for Adolescents to Join a Weight Loss Program and BMI Change. *Journal of primary care & community health* 3(2): 83-7, 2012. PM23803450
17. **Woolford SJ**, Clark SJ, Sallinen BJ, Geiger JD, Freed GL: Bariatric surgery decision making challenges: the stability of teens' decisions and the treatment failure paradox. *Pediatr. Surg. Int.* 28(5): 455-460, 2012. PM22453927
18. Sallinen BJ, **Woolford SJ**: Commentary: examination of health and behavioral code reimbursement from private payers in the context of clinical multidisciplinary pediatric obesity treatment. *J Pediatr Psychol* 37(5): 519-522, 2012. PM22366575
19. **Woolford SJ**, Khan S, Barr KL, Clark SJ, Strecher VJ, Resnicow K: A picture may be worth a thousand texts: obese adolescents' perspectives on a modified photovoice activity to aid weight loss. *Child Obes* 8(3): 230-236, 2012. PM22799549
20. **Woolford SJ**, Sallinen BJ, Schaffer S, Clark SJ: Eat, play, love: adolescent and parent perceptions of the components of a multidisciplinary weight management program. *Clin Pediatr (Phila)* 51(7): 678-684, 2012. PM22492836
21. Chang T, Chopra V, Zhang C, **Woolford SJ**: The role of social media in online weight management: systematic review. *J. Med. Internet Res.* 15(11): e262, 2013. PM24287455
22. Lee JM, Gebremariam A, **Woolford SJ**, Tarini BA, Valerio MA, Bashir S, Eason AJ, Choi PY, Gurney JG: A risk score for identifying overweight adolescents with dysglycemia in primary care settings<sup>1</sup>. *J. Pediatr. Endocrinol. Metab.* 26(5-6): 477-488, 2013. PM23435184
23. Sallinen BJ, Schaffer S, **Woolford SJ**: In their own words: Learning from families attending a multidisciplinary pediatric weight management program at the YMCA *Child Obes* 9(3): 200-207, 2013. PM23631344
24. Sallinen BJ, Hassan F, Olszewski A, Maupin A, Hoban TF, Chervin RD, **Woolford SJ**: Longer weekly sleep duration predicts greater 3-month BMI reduction among obese adolescents attending a clinical multidisciplinary weight management program *Obes Facts* 6(3): 239-246, 2013. PM23736120
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26. **Woolford SJ**, Esperanza Menchaca AD, Sami A, Blake N: Let's face it: Patient and parent perspectives on incorporating a Facebook group into a multidisciplinary weight management program *Child Obes* 9(4): 305-310, 2013. PM23869854
27. **Woolford SJ**, Clark SJ, Butchart A, Geiger JD, Davis MM, Fagerlin A: To pay or not to pay: Public perception regarding insurance coverage of obesity treatment *Obesity (Silver Spring)* 21(12): E709-E714, 2013. PM23512908
28. Haemer MA, Grow HM, Fernandez C, Lukasiewicz GJ, Rhodes ET, Shaffer LA, Sweeney B, **Woolford SJ**, Estrada E: Addressing prediabetes in childhood obesity treatment programs: support from research and current practice. *Childhood obesity (Print)* 10(4): 292-303, 2014. PM25055134
29. Estrada E, Eneli I, Hampl S, Mietus-Snyder M, Mirza N, Rhodes E, Sweeney B, Tinajero-Deck L, **Woolford SJ**, Pont SJ: Children's Hospital Association consensus statements for comorbidities of childhood obesity. *Childhood obesity (Print)* 10(4): 304-17, 2014. PM25019404
30. Iglayreger HB, Peterson MD, Liu D, Parker CA, **Woolford SJ**, Sallinen Gafka BJ, Hassan F, Gordon PM: Sleep duration predicts cardiometabolic risk in obese adolescents *J. Pediatr.* 164(5): 1085-1090.e1, 2014. PM24612904
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- youth presenting for weight management: Retrospective national data from the POWER study group *Childhood Obesity* 11(5): 630-637, 2015. PM26440387
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35. **Woolford SJ**, Woolford-Hunt CJ, Sami A, Blake N, Williams DR.: No Sweat: African American Adolescent Girls' Opinions of Hairstyle Choices and Physical Activity. *BMC Obes.* 3-31: 3-31, 2016. PMC4929729
36. Jensen CD, Duncombe KM, Lott MA, Hunsaker SL, Duraccio KM, **Woolford SJ**.: An Evaluation of a Smartphone-Assisted Behavioral Weight Control Intervention for Adolescents *JMIR Mhealth Uhealth* 102: 4(4), 2016. PMC5013243
37. **Woolford S** & Moon J. Development of the Location Initiated Individualized Texts for African American Adolescent Health (Liita3h) Mobile Application. *Journal of Adolescent Health.* 58. S19. 10.1016/j.jadohealth.2015.10.052.
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85. McKay A, Paderzs A, Key K, Vereen D, Calhoun K, Campbell B, Greene-Moton E, Evans L, Bailey S, Lewis EY, Conte M, Gorka N, Juliette K, Nambiar V, DeLoney EH, Sparks A, Piechowski P, **Woolford SJ**. Using the Flint Water Crisis to Create Solutions and Address Public Health Issues; Development of a Research Readiness and Partnership Protocol. Poster presentation, American Public Health Association Annual Meeting, Philadelphia, PA, 11/2019.

86. Key, K., **Woolford SJ**, Calhoun, K., Bailey, S., Lewis, E. Y., Carrera, J., Hamm, J. A., Cuthbertson, C., De Loney, E. H., Greene-Moton, E., Piechowski-Whitney, P., Vereen, D., McKay, A., Wallace, K., Robinson, D., Evans, L., Sparks, A., & Lawrence, K. Engaging Youth in a Research Process Exploring their Perceptions of Trust, Leadership and Recovery Related to the Flint Water Crisis. Roundtable presentation, American Public Health Association Annual Meeting, Philadelphia, PA, 11/2019.

87. Calhoun, K., Lewis, E. Y., Hamm, J. A., Bailey, S., **Woolford SJ**, Cuthbertson, C., Piechowski-Whitney, P., Wallace, K., Robinson, D., Evans, L., DeLoney, E. H., McKay, A., Greene-Moton, E., Vereen, D., Sparks, A., Lawrence, K., Key, K., & Carrera, J. Community activism for social justice, equity and human rights in Flint, Michigan. Oral presentation, American Public Health Association Annual Meeting, Philadelphia, PA, 11/2019.

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89. Villegas J, Kowalski-Dobson T, Grabowski A, **Woolford SJ**. Cultural Tailoring for Youth: A Potential Effective Approach for Health Interventions. Poster Presentation, The Obesity Society Annual Meeting, Las Vegas, NV, 11/2019.

90. Villegas J, Kowalski-Dobson T, Kauffman AD, Brown P, Grabowski A, Williams J, Moon J, **Woolford SJ**. Lessons Learned in the Development of a Location-Based mHealth Intervention. Poster Presentation, The Obesity Society Annual Meeting, Las Vegas, NV, 11/2019.

91. Spiroff M, Doshi A, Huang L, Poll J, Piechowski P, Buyuktur A, **Woolford SJ**, McKay A, Calhoun K, Villalobos J. Process of Discovery: How Community and Academics Connect Around Research. Poster Presentation at Association for Clinical and Translation Science Annual Meeting. April 2020. \*

92. McKay A, Paberzs A, Piechowki P, Vereen D, **Woolford SJ**. "Building Capacity in the Flint Community during the Ongoing Water Crisis" Poster presentation at Association for Clinical and Translation Science Annual Meeting. April 2020. \*

93. Paberzs, A., Piechowski, P., Vereen, D., Woolford, S., McKay, A., Spiroff, M., Poll, J., Buyuktur, A., Calhoun, K. "Meeting Partners Where They Are: Tailoring Community-Engaged Research Consultation Services." Poster presentation at Association for Clinical and Translation Science Annual Meeting. April 2020. \*

94. Marsh E, **Woolford SJ**, Ledon C., Doshi A, Rowe Z, Buyuktur A, Piechowski P. Exploring Challenges and Approaches to Building Local and Statewide Networks of Community-Academic Partners. Workshop

at Association for Clinical and Translation Science Annual Meeting. April 2020. \*

95. Calhoun K, Lewis EY, Bailey S, **Woolford SJ**, DeLoney EH, Evans L, McKay A, Carrera J, Hamm J, Poll J, Greene-Moton E, Robinson D, Vereen D, Sparks A, Key K, Piechowski P. Community voice on the flint water crisis: A trust study, needs assessment and plan of action. Oral presentation at the American Public Health Association Annual Meeting. Virtual. October 2020.

96. Villegas J, Kowalski-Dobson T, Kauffman AD, Brown P, Grabowski A, Williams J, Moon J, **Woolford SJ**. Lessons Learned in the Development of a Location-Based mHealth Intervention. Video poster presentation, 4<sup>th</sup> annual UConn Center for mHealth and social media, 05/2020.

97. McKay A, Samuels E, Bailey S, Robinson D, Greene-Moton E, Key K, Evans L, Lewis EY, Paberzs A, Vereen D, Calhoun K, Piechowski P, Champagne E, **Woolford SJ**. Developing a valid research partnership assessment. Oral presentation at the American Public Health Association Annual Meeting. Virtual. October 2020.

98. **Woolford SJ**, Lewis EY, Kowalski-Dobson T, Sadler R, French-Turner T, Sylvester K, Piechowski P, Stokes C, Cabine K, Louis A, Furr-Holden D. Engaging the flint community in research through symposia. Oral presentation at the American Public Health Association Annual Meeting. Virtual. October 2020.

99. McKay A, Poll J, Gorka N, Bailey S, DeLoney EH, Key K, Vereen D, Sparks A, Evans L, Lewis EY, Greene-Moton E, Campbell B, Paberzs A, **Woolford SJ**, Piechowski P. Time for action, strengthening capacity with the building capacity for research and action funding opportunity. Roundtable presentation at the American Public Health Association Annual Meeting. Virtual. October 2020.

100. McKay, A., Gorka, N., Lewis, E.Y., Nambiar, V., Poll, J., Paberzs, A., Key, K., Vereen, D., Calhoun, K., Robinson, D., Campell, B., Greene-Moton, E. Evans, L., Bailey, S., Juliette, K., Conte, M., Sparks, A., DeLoney, E.H., Piechowski, P., **Woolford, S**. "Translating the flint water crisis; Development of a research readiness and partnership protocol (R2P2)." Roundtable presentation at the American Public Health Association Annual Meeting. Virtual. October 2020.

101. **Woolford SJ**, Lewis EY, Kowalski-Dobson T, Sadler R, French-Turner T, Sylvester K, Piechowski P, Stokes C, Cabine K, Louis A, Furr-Holden D. Engaging the flint community in research through symposia. Oral Presentation, American Public Health Association Annual Meeting, Virtual, 10/2020.

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