

Susan J. Woolford, M.D., M.P.H, F.A.A.P
Assistant Professor, Department of Pediatrics and Communicable Diseases

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Education and Training

Education

09/1986-08/1990 BS, Graduation with Honors, Andrews University, Berrien Springs, MI
09/1990-12/1994 MD, College of Human Medicine, Michigan State University, East Lansing, MI
09/2004-04/2006 MPH, University of Michigan School of Public Health, Ann Arbor, MI

PostDoctoral Training

01/1995-06/1995 Internship, Department of Pediatrics and Human Development, Sparrow Hospital Health System, Lansing, MI
07/1995-06/1998 Residency, Department of Pediatrics and Human Development, Sparrow Hospital Health System, Lansing, MI
07/1997-06/1998 Residency, Department of Pediatrics and Human Development, Chief Resident, Sparrow Hospital Health System, Lansing, MI
07/2004-06/2006 Fellowship, Pediatrics, Child Health Evaluation and Research (CHEAR) Unit, University of Michigan, Ann Arbor, MI

Certification And Licensure

Certification

10/1999-12/2026 American Board of Pediatrics

Licensure

01/1997-01/2020 State of Michigan, Controlled Substance
01/1997-01/2020 State of Michigan, Medical License
02/2017-05/2019 United States, DEA Registration

Academic, Administrative, Clinical and Military Appointments

Academic Appointments

10/1990-05/1994 Graduate Research Assistant, Cancer Center, Michigan State University, East Lansing, MI
01/1995-06/1998 Clinical Instructor, Department of Pediatrics and Human Development, Sparrow Hospital Health System, Michigan State University, Lansing, MI
07/2004-06/2006 Research Fellow in Pediatric Health Services Research, CHEAR Unit, University of Michigan, Ann Arbor, MI
07/2004-06/2006 Lecturer, Division of General Pediatrics, University of Michigan, Ann Arbor, MI
07/2004-06/2006 Clinical Lecturer in Pediatrics - Ambulatory Care Program, University of Michigan - Ann Arbor, Ann Arbor, Michigan
07/2006-06/2010 Clinical Assistant Professor, Department of Pediatrics and Communicable Diseases, University of Michigan, Ann Arbor, MI
07/2006-present Faculty, CHEAR Unit, University of Michigan, Ann Arbor, MI
07/2010-08/2018 Assistant Professor, Department of Pediatrics and Communicable Diseases, University of Michigan, Ann Arbor, MI

Administrative Appointments

01/2001-01/2002 Vice Chair, Department of Pediatrics, Metropolitan Hospital, Grand Rapids, MI
01/2002-01/2004 Chair, Department of Pediatrics, Metropolitan Hospital, Grand Rapids, MI

07/2006-present Medical Director, Pediatric Comprehensive Weight Management Center, University of Michigan, Ann Arbor, MI

09/2012-present Co-Director, Program on Mobile Health Technology in Child Health, CHEAR Unit, University of Michigan, Ann Arbor, MI

Clinical Appointments

07/1998-06/2004 Pediatrician, Metro Health Pediatrics, Grand Rapids, MI

Research Interests

- Behavioral interventions in the clinical setting for the treatment of obesity in children: focusing on the use of communications technology to enhance patient engagement and adherence.

Grants

Current Grants

UL1TR000433-10 Mashour (PI): Michigan Institute for Clinical and Health Research (MICHHR) NIH
Other (Principal Investigator: Mashour)
06/2027-05/2031. \$6,188,691

5 UL1 TR002240-05: Michigan Institute for Clinical and Health Research (MICHHR) NIH-DHHS-US- 16-PAF04360
Co-I with Effort (Principal Investigator: Mashour, George A)
06/2017-02/2022. \$48,220,260 (\$9,644,052)

5 K23 HD083527-05: Speaking Their Language: Using Social Media and Texting to Create an Adolescent-Centered Approach to Healthy Weight Gain During Pregnancy NIH-DHHS-US- 15-PAF05394
Co-I without Effort (Principal Investigator: Chang, Tammy)
03/2016-02/2021. \$673,650 (\$134,730)

Submitted Grants

MPOWER-PC: Translation of a Multidisciplinary Weight Management Program for Teens to Primary Care with the Aid of In-Home Group Video Conferencing AHCRQ-DHHS-US- 17-PAF07175
Woolford, Susan Jennifer, PI
04/2018-03/2023. \$1,995,997

Decreasing Purchases of High-Calorie Low-Nutrient Restaurant Food among Black Adolescents using Location-based Technology to Deliver Tailored messages `Just-in-Time` at the Point of Purchase NIH-DHHS-US- 17-PAF04955
Woolford, Susan Jennifer, PI
09/2017-08/2019. \$427,750

Location Initiated Individualized Texts for Adolescent Health (LIITAH) SubK-NIH-DHHS-US through a consortium with MEI Research, Ltd.- 17-PAF03966
Woolford, Susan Jennifer, PI
07/2017-06/2019. \$599,608

Implementation of BMI2 In U of M Clinics; An Effectiveness Study NIH-DHHS-US- 16-PAF07760
Co-I with Effort (Principal Investigator: Resnicow, Kenneth)
04/2017-03/2022. \$3,838,834

Past Grants

061192: The Trauma and Grief Clinic for Youth: Promoting Community-Wide Best Practices
SubK-SAMHSA-DHHS-US through a consortium with The University of Texas Health- 14-PAF07764
Calhoun, Karen, PI
07/2014-09/2016. \$25,842 (\$12,352)

Location Initiated Individualized Texts for African American Adolescent Health SubK-NIH-DHHS-US through a consortium with MEI Research, Ltd.- 14-PAF00662
Woolford, Susan Jennifer, PI
05/2014-04/2015. \$74,000 (\$74,000)

5 K23 HD058797-05: Novel Individually Tailored Mobile Messages to Enhance Weight Loss for Teens
NIH-DHHS-US- 09-0115
Woolford, Susan Jennifer, PI
05/2009-04/2014. \$661,053 (\$132,197)

5 R01 HL085400-05: BMI12: Brief Motivational Interviewing to Reduce Child BMI (Body Mass Index) NIH-DHHS-US-07-3860
Co-I with Effort (Principal Investigator: Resnicow, Kenneth)
04/2008-01/2013. \$3,451,189

Award letter dated 5/30/07: "Weigh Cool" - eNutrition for Teens American Academy of Pediatrics- 08-0242
Woolford, Susan Jennifer, PI
10/2007-07/2009. \$10,000 (\$10,000)

Honors and Awards

National

1990	National Dean's List for Undergraduate Students
2008	The African American Collaborative Obesity Research Network National Workshop on Diversity within African American Communities: Implications for Advancing Research on Weight Issues

Regional

1990	Who's Who Among American Undergraduate Students
2005	Ambulatory Pediatric Association Region V Fellows' Research Award

Institutional

2007	Office of Diversity and Career Development Award
2009	Elizabeth E. Kennedy Award
2009	Society for Adolescent Medicine New Investigator Award
2010	Elizabeth Crosby Award
2011	SHARP Center Award
2012	Child Health Evaluation and Research (CHEAR) Unit Program Award
2012	Johnson Controls Award
2013	Department of Pediatrics Discovery Grant

Memberships in Professional Societies

1996-present	Member, American Academy of Pediatrics
1998-present	Member, American Medical Association
2004-present	Member, Academic Pediatric Association
2004-present	Member, National Medical Association
2005	Member, North American Association for the Study of Obesity
2008	Member, Society for Pediatric Research
2009-present	Member, Society for Adolescent Medicine

Editorial Positions, Boards, and Peer-Review Service

Study Sections

National

2011 National Science Foundation (Ad Hoc)

Journal Reviewer

2006 Academic Pediatrics
2006 Archives of Pediatrics and Adolescent Medicine
2006 Journal of the National Medical Association
2007 Journal of the American Medical Association
2007 Obesity
2008 American Journal of Preventive Medicine
2008 Pediatric Academic Society Meeting
2009-2010 Thrasher Foundation
2009 Pediatrics
2011 Childhood Obesity

Teaching

Graduate Student

2010-2011 Shahla Khan, RD, University of Michigan Obese Teens' Perspectives Regarding the Photovoice Component of a Weight Management Intervention. Served as second author on an abstract accepted for oral presentation at the national SAHM meeting and on a manuscript published in the peer-reviewed literature (Dr. Woolford as first author).
2012-present Makaya Saulsberry, Obesity, University of Michigan The role of hair style choice on physical activity choices among African American girls. Completion of poster presentation for intramural conference.
2013-2014 Kristye Russell, Weight loss program, University of Michigan The association between the role of food reward and the 3-month treatment outcome of a weight loss intervention program for adolescents. Abstract accepted for oral presentation at Department of Pediatrics Research Symposium; Served as coauthor on manuscript (Dr. Woolford as senior author) currently under-review.

Medical Student

2010-present Christina Jepson, Obesity in Adolescents, University of Michigan Obese Adolescents' Perspectives on Text Messages to Enhance Weight Loss Efforts
2011-2013 Lynae Manthei, Obesity, University of Michigan Qualitative exploration of African American Adolescent girls' perceptions of the barriers to participation in physical activity. Completion of a manuscript addressing this topic, currently under review.
2011-present Megan Ditty, Obesity, University of Michigan Barriers to physical activity among African American adolescent girls. Completion of a literature review exploring this topic.
2011-present Aarti Surti, Obesity, University of Michigan Barriers to physical activity among adolescents.
2012-2014 Daniel Ehrmann, Weight management program., University of Michigan The association between self-report of pre participation level of physical activity and outcomes during participation in a weight management program.
2012-present Hannah Perrin, Obesity / Weight management, University of Michigan Interactive web interventions to aid primary care physician weight management efforts targeting parents of young children with excess weight.
2012-present Hannah Perrin, Weight Management, University of Michigan Interactive web interventions to aid primary care physician weight management efforts targeting parents of young children with excess weight. Development of an online intervention as an adjunct to weight management in the primary care setting.
2013-present Kathleen Kinkade, Weight management, University of Michigan Performance of semi-structured interviews exploring the use of Pinterest as an adjunct to weight management for adolescents.

2013-present	Sarah Arshad, Weight management, University of Michigan Interactive web interventions to aid primary care physician weight management efforts targeting parents of young children with
2013-present	Stephanie Chen, Weight management, University of Michigan Performance of semi-structured interviews exploring the use of Pinterest as an adjunct to weight management for adolescents.
2014-present	Grace Liu, Weight management., University of Michigan Exploration of whether confidence and readiness predict greater weight loss among adolescents enrolled in multidisciplinary weight management. Completion of an abstract describing her findings.
2014-present	Aisha Harris, Obesity, University of Michigan Literature review of current conceptual frameworks that might be applied to the treatment and prevention of childhood obesity. A manuscript describing her findings is currently in preparation.
2014-present	Grace Huang, Weight management program., University of Michigan Perceptions regarding bariatric surgery of adolescents with severe obesity seeking care at a multidisciplinary weight management program. Development of a prototype decision aid to assist adolescents considering the option of bariatric surgery.

Postdoctoral Fellow

2012-2015	Tammy Chang, MD, MS, University of Michigan A systematic review of the literature addressing the use of social media in weight related interventions. Served as first author on manuscript (Dr. Woolford as senior author) published in the Journal of Medical Internet Research. Dr. Chang is currently on faculty at U of M.
2014-2015	Janet Childerhose, PhD, University of Michigan Adolescent perceptions of bariatric surgery. In the process of conducting a qualitative study addressing this topic. Recently accepted a position as Johns Hopkins.
2014-present	Michelle Moniz, MD, MS, University of Michigan The use of social media to impact social norms associated with prenatal care. Submitted an intramural grant application addressing this topic (with Dr. Woolford as a co-investigator).

Resident/House Officer

2007-present	Stephanie Wilson, Obesity, University of Michigan Physical Education, Physical Activity, and Obesity Among U.S. Adolescents
2007-present	Rohan Henry, Obesity, University of Michigan Self-Perceived Body Weight Discrepancy and Suicidal Ideation among U.S. Adolescents. Served as first author on abstract accepted for oral presentation at national PAS meeting in 2007 (Dr. Woolford as senior author).
2008-2009	Sana Ahmed, MD, University of Michigan Feasibility and acceptability of a one-page tool to help physicians assess and discuss obesity with parents of preschoolers. Served as coauthor on manuscript (Dr. Woolford as first author) that was published in Clinical Pediatrics.
2010-present	Oriaky Kas-Osoka, MD, University of Michigan Exploration of the association between the presence of comorbidities and change in BMI among obese adolescents in a weight loss program. Served as first author on poster presentation at national PAS/SPR meeting in 2011. Currently an adolescent medicine fellow.

Undergraduate Student

2007	Markese Saunders, Bariatric surgery for adolescence, University of Michigan Completion of poster presentation for intramural conference.
2008	Ryan Berry, Weight management, University of Michigan College students' knowledge of healthy lifestyle practices required to avoid excess weight gain.
2009	Chyrisha Brown, MBA degree \$ PA program, University of Michigan Exploration of change in body mass index and self-report of depression among participants in the MPOWER program.
2009	Lissel Albrecht-Unger, Medical Student, University of Michigan Adolescent Internalizing Problems Predict Joining Status in a Multidisciplinary Weight Management Program
2010	Rachel Bowker, Psychology, University of Michigan To determine whether outcomes differ for participants in the MPOWER program with a history of receiving psychological services (either prior to, or in conjunction with MPOWER), vs. those without.

2011	Alicia Menchaca, Medical student, University of Michigan Social media use in weight management
2011-2012	Areej Sami, MD in biomedical science., University of Michigan Ethnic identity and physical activity among African American adolescent girls.
2012	Brittany Hayes, Poster Presentation, University of Michigan Differences in characteristics between severely obese adolescents who select bariatric surgery compared to those who do not wish to undergo this procedure.
2013	Paul Joseph, Weight management, University of Michigan The association between parental perceptions of responsibility for their child's excess weight gain and outcomes from pediatric weight management interventions.
2013-2017	Tanmaye Yenumula, Weight management intervention, University of Michigan The use of social media as an adjunct to weight management for adolescents.
2014-present	Adi Achanta, Obesity / Weight management, University of Michigan Optimizing interactive websites as an adjunct to weight management interventions in primary care and tertiary care settings.
2015-2016	Jennifer Okungbowa-Ikponmwosa, Analysis of qualitative data, University of Michigan Analysis of qualitative data from a national survey regarding perceptions of young men and boys of color.
2015-2016	Grecia Quiroga, Analysis of qualitative data, University of Michigan Systematic review of the literature addressing perceptions of early feeding practices among Latino parents
2016-present	Abigail Parrigan, Weight Management, University of Michigan Systematic review of the literature addressing disparities in access to healthy fruits and vegetables.

Teaching Activity

Regional

07/1998-07/2003	"Pediatric Essentials for the New Intern", Metropolitan Hospital's Intern and Resident Educational Series
07/1998-06/2004	Attending Physician, Metropolitan Hospital
07/1998-06/2004	Supervised interns and students on pediatric rotations, Metropolitan Hospital
07/1998-06/2004	"Pediatric Essentials" Noon Lecture Series, Metropolitan Hospital
07/1998-06/2004	Morning Reports with interns on pediatric service, Metropolitan Hospital
07/1998-06/2004	In-patient consulting regarding pediatric patients and newborns admitted to the family practice service, Metropolitan Hospital
09/1998-06/2004	Attending Physician, Spectrum Health DeVos Children's Hospital
09/1998-06/2004	Pediatric Journal Club, Metropolitan Hospital

Institutional

10/2004-06/2006	Preceptor for general pediatric residents rotating at Hope Clinic
01/2006-present	Health Services Research Seminar Child Health Evaluation and Research (CHEAR) Unit, Division of General Pediatrics, University of Michigan
02/2007	"Multidisciplinary Treatment of Childhood Obesity," Pediatric Nephrology Meeting, University of Michigan
02/2007	"Medical and Surgical Treatment of Pediatric Obesity" Pediatric Ethics Meeting, University of Michigan
08/2007-05/2008	Project Mentor for Pediatric Health Services Research Elective for Minority Residents
08/2007-05/2008	Mentor for Pediatric Residency Quality Improvement Research Project
08/2007-present	Mentor for the Summer Opportunities for Apprenticeships in Research (MedSOAR) Program
08/2007-present	Presenter, Medical School M-2 Pediatric Obesity Elective; lecture addressing etiology, co-morbidities, and treatment of childhood obesity
08/2007-present	Faculty lead, Medical School M4 Pediatric Obesity Elective Rotation; month long rotation in the Pediatric Comprehensive Weight Management Center with an emphasis on the clinical and research aspects of pediatric obesity

11/2007	"Childhood Obesity and Health." Undergraduate Class – Health, Illness, and Society
11/2007	"Childhood Obesity and the Environment" Health Sciences Scholars Seminar, University of Michigan
01/2008-01/2010	"Tailored Text Messaging as an Adjunct to Pediatric Weight Management" Center for Health Communications Research Seminar, University of Michigan
01/2008-01/2011	"Adolescent Bariatric Surgery" Pediatric Surgery Grand Rounds, University of Michigan
02/2008	"Prevention and Treatment of Childhood Obesity" Project Healthy Schools, University of Michigan
03/2008	"Overview of Childhood Obesity" Mott Community Advisory Committee, University of Michigan
04/2008	"Weighty Issues: The Ethics of Pediatric Weight Management" Bioethics Grand Rounds, University of Michigan
11/2008	"Improvements in Fitness among Adolescents After 12 Weeks of Group Exercise Training in the Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program" Oral Presentation, Pediatric Research Symposium, Department of Pediatrics, University of Michigan
04/2010	"The Michigan Pediatric Comprehensive Weight Management Center - Program Update" C.S. Mott Children's Hospital Administrative Counsel, University of Michigan
05/2010	"Innovative Uses of Technology in the Treatment of Obesity" The Economy and Cancer Health Disparities Conference, University of Michigan
07/2010	"Adolescents' Perceptions about the Content of Text Messages in a Weight Management Intervention." Pediatric Grand Rounds, University of Michigan
08/2010-present	Presenter, Medical School M-1 Human Development Course; lecture addressing assessment and treatment of childhood obesity
09/2010	"Latest Approaches in Childhood Obesity Prevention and Treatment." Expert Forum on Childhood Obesity: Latest Approaches, Future Directions, University of Michigan, Ann Arbor, MI
10/2011	Future Directions, University of Michigan, Ann Arbor, MI "To Pay or not to Pay: Public Perceptions of Insurance Coverage for Adolescent Bariatric Surgery." Platform Presentation, Pediatric Research Symposium, University of Michigan
02/2012	"Childhood Obesity in Michigan" Pediatric Obesity Committee Presentation, University of Michigan
03/2012	"Evolution, Obesity and Policy" Museum of Natural History Lecture Series, University of Michigan
11/2012	"Mobile Technologies and Social Media in Pediatric Weight Control A Diamond in the Rough" Health Services Scholars Seminar, University of Michigan
02/2013	"Pediatric Multidisciplinary Weight Management: One size does not fit all" Center for Exercise Research, University of Michigan "Pediatric Obesity Management Update" Pediatric Endocrinology Seminar, University of Michigan
03/2013	"Understanding & Preventing Childhood Obesity" Ann Arbor District Library Collaboration with the University of Michigan Lecture Series
11/2013	"Novel Technology in Pediatric Weight Management" Fast Forward Medical Innovation, Health System Advisory Committee, University of Michigan
03/2015	"A Diamond in the Rough: Innovative Uses of Technology (text messaging and social media) in the Treatment Pediatric Obesity" Sleep Disorders Grand Rounds, University of Michigan
06/2015	"Management of Child and Adolescent Obesity" Psychiatry Seminar, University of Michigan

Dissertation Committees

2013	Isha Patel, Pharm D, Dissertation completed fulfilling requirements for graduation with doctorate. Abstract of findings accepted for presentation at an international conference., University of Michigan, Developmentally disabled Medicaid adults with type 2 diabetes., Committee Member
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Committee and Administrative Services

Committee Services

National

2009-2010	Society for Adolescent Medicine Childhood Obesity Special Interest Group, Co-chair
2009-present	National Association of Children's Hospitals and Related Institutions (NACHRI)/Children's Hospital Association (CHA) Focus on a Fitter Future Focus Group, Hospital Lead
2012-2013	The Obesity Society eHealth/mHealth Section, Chair
2012-present	Advisory Board for the American Academy of Pediatrics Institute for Healthy Childhood Weight, Member
2012-present	The Obesity Society Education Committee, Member
2014-present	American Academy of Pediatrics and Children's Hospital Association Expert Exchange on Childhood Obesity, Co-director

Regional

1991-1992	Minority Medical Student Association, Vice President
1996-1997	Community Pediatrics Curriculum Development Committee, Member
1996-1998	Pediatric Residency Curriculum Committee, Member
1997-1998	Capital Area Consortium for Graduate Medical Education, Member
1997-1998	Department of Pediatrics Committee, Resident Representative
1997-1998	Pediatric Residency Administrative Committee, Resident Representative
1997-1998	Pediatric Residency Selection Committee, Member
2001-2004	Department of Pediatrics Administrative Committee, Chair
2008-2010	National Governors' Association – Michigan Childhood Obesity, Prevention Workgroup
2009-present	Healthy Kids Healthy Michigan Steering Committee, Mott Children's Hospital Representative
2009-present	Healthy Kids, Healthy Michigan Healthcare Policy Action Team, Co-chair, State of Michigan
2010-present	Michigan Chapter of the American Academy of Pediatrics Healthy Weight Committee, Member

Administrative Services

Volunteer

2014	Board Member, YMCA Ann Arbor, Ann Arbor, MI, Served as a member of the YMCA board
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Visiting Professorships and Extramural Invited Presentations

Extramural Invited Presentations

1. "Caring for Your Newborn", Metropolitan Hospital's Prenatal monthly classes, August 1998, Grand Rapids, MI
2. "Asthma - Taking Your Breath Away", Science Seminar, Peckham Junior School, June 2001, London, England
3. "Faith and Health", Keynote presentation - Health Promotion Seminar, May 2002, Toronto, Canada
4. "Think Big", Oakdale School – Metropolitan Hospital Big Brother Big Sister Award Luncheon, June 2002, Grand Rapids, MI
5. "The Power to Change Your Health", Keynote presentation - Health Promotion Seminar, September 2002, Toronto, Canada
6. "What a Difference Diet Makes", Keynote presentation - Health Promotion Seminar, March 2003, Lansing, MI

7. "A Doctor's Life", Challenger Elementary School, May 2003, Kentwood, MI
8. "The Power Within – How to Improve Your Health", Keynote presentation – Health Promotion Seminar, March 2006, Ypsilanti, MI
9. "Extreme Makeover – Teen Edition", Health Promotion Seminar, August 2006, Battle Creek, MI
10. "Pediatric Weight Management and Bariatric Surgery", University of Michigan Pediatric Nurses' Retreat, March 2007, Dexter, MI
11. "Treatment of Obese Adolescents – A Multidisciplinary Approach" Invited Presentation., The Pediatric Primary Care Update Series,, March 2007, St. Joseph Hospital, Ypsilanti, MI
12. "Treatment of Obese Adolescents – A Multidisciplinary Approach", The Pediatric Primary Care Update Series, St. Joseph Hospital, March 2007, Ypsilanti, MI
13. "Guidelines for the Treatment and Prevention of Childhood Obesity.", State of Michigan Childhood Obesity Summit,, March 2008, Lansing, MI
14. "Guidelines for the Treatment and Prevention of Childhood Obesity", State of Michigan Childhood Obesity Summit, March 2008, Lansing, MI
15. "Medicaid Coverage of Childhood Obesity Treatment.", National Governors' Association Childhood Obesity Advocacy Summit,, July 2008, Lansing, MI
16. "Medicaid Coverage of Childhood Obesity Treatment", National Governors' Association Childhood Obesity Advocacy Summit, July 2008, Lansing, MI
17. "Successes in Adolescent Weight Management", Healthy Weight Partnership Meeting, September 2008, Lansing, MI
18. "Successes in Adolescent Weight Management.", Healthy Weight Partnership Meeting., September 2008, Lansing, MI
19. "Three Keys to Getting Younger Every Year", Health Promotion Presentation, November 2008, Southfield, MI
20. "Tailored Mobile Phone Text Messages as an Adjunct to Obesity Treatment for Adolescents", New Investigator Platform Presentation, March 2009, Los Angeles, CA
21. "Childhood Obesity", Hope Television Channel Presentation, April 2009, Washington DC
22. "Helping Your Community to Make Health a Priority", Health Promotion Seminar, June 2009, Grayling, MI
23. "Change Your Environment, Change Your Weight", Health Promotion Seminar, June 2009, Cassopolis, MI
24. "Childhood Obesity Prevention and Treatment", Overcoming Obesity and Winning at Health Symposium, July 2009, Ann Arbor, MI
25. "Childhood Obesity – Meeting the Needs of Diverse Populations", Minority Health Research Program Community Advisory Board, September 2009, Ann Arbor, MI
26. "Small Changes, Big Results", Health Promotion Presentation, October 2009, Southfield, MI
27. "New Initiatives for the Treatment and Prevention of Childhood Obesity in Michigan", Obesity Special Interest Group Presentation. Society for Adolescent Medicine, April 2010, Toronto, Canada
28. "One Size Does Not Fit All: Pediatric Multidisciplinary Weight Management", National Medical Association annual meeting, August 2010, Orlando, FL
29. "Recipe for an Epidemic: The US example of what not to do to avoid an epidemic of childhood obesity", Youth at Risk Conference, March 2011, Trinidad, West Indies
30. "Pediatric Obesity: Opportunities to deliver effective, coordinated care management", Mackinac Learning Collaborative, April 2011, Detroit, MI
31. "Starting the Conversation: Counseling Parents of Overweight Children.", Michigan WIC annual meeting., April 2011, Grand Rapids, MI
32. "Starting the Conversation: Counseling Parents of Overweight Childre", Michigan WIC annual meeting, April 2011, Grand Rapids, MI
33. "Strategic Moves: Helping Obese Adolescents Increase their Physical Activity", Michigan State Medical Society Sports Medicine Symposium, April 2011, East Lansing, MI
34. "Strategic Moves: Helping Obese Adolescents Increase their Physical Activity.", Michigan State Medical Society, Sports Medicine Symposium., April 2011, East Lansing, MI
35. "Pediatric Obesity: Opportunities to deliver effective, coordinated care management.", Mackinac Learning Collaborative., April 2011, Detroit, MI

36. Childhood Obesity: Curbing the epidemic through collaboration.", Michigan Association of School Nurses annual meeting., May 2011, Bay City, MI
37. "Childhood Obesity: Curbing the epidemic through collaboration", Michigan Association of School Nurses annual meeting, May 2011, Bay City, MI
38. Healthy Kids Healthy Michigan.", Wayne County Health Authority Childhood Obesity Task force., July 2011, Detroit, MI
39. "Childhood Obesity Treatment: A Multidisciplinary Approach.", Wayne County Multicultural Obesity Conference, Moving Ahead: Celebrating Healthy Lifestyles., July 2011, Detroit, MI
40. "Childhood Obesity Treatment: A Multidisciplinary Approach", Wayne County Multicultural Obesity Conference, Moving Ahead: Celebrating Healthy Lifestyles, July 2011, Detroit, MI
41. Healthy Kids Healthy Michigan", Wayne County Health Authority Childhood Obesity Taskforce, July 2011, Detroit, MI
42. The Childhood Obesity Epidemic", Lifestyle Intervention Conference, September 2011, Las Vegas, NV
43. "Health Policy Action Team Policy Priorities.", Healthy Kids Healthy Michigan Fall All Member Meeting., October 2011, Lansing, MI
44. "Childhood Obesity Expert Committee Recommendations: Four Stages Obesity Management.", School-Community Health Alliance of Michigan Conference., November 2011, Ann Arbor, MI
45. "A Diamond in the Rough: Using e-Health Interventions Including Text Messaging and Social Media to Enhance Adolescent Weight Management", Adolescent Health Conference, University of Alabama, April 2012, Birmingham, AL
46. "Childhood Obesity Interventions", St. John's Hospital Childhood Obesity Symposium., May 2012, Detroit MI
47. "Childhood Obesity in the Caribbean", Healthy Living Symposium, August 2012, Barbados, WI
48. "US Approach to Obesity Treatment", Ross Medical School, August 2012, Dominica, WI
49. "One Size Does not Fit All: Multidisciplinary Care for the Treatment of Childhood Obesity", Michigan Academy of Family Physicians, Fall Update, September 2012, Ann Arbor, MI
50. "The Assessment of Childhood Obesity", The Obesity Society Preconference Board Review, September 2012, San Antonio, TX
51. "One Size Does not Fit All: Multidisciplinary Care for the Treatment of Childhood Obesity.", Michigan Academy of Family Physicians, Fall Update., September 2012, Ann Arbor, MI
52. "Embracing Communications Technology for Pediatric Outpatient Weight Management and Reduction", Universiti Brunei Darussalam Workshop Series, December 2012, Brunei Darussalam
53. "Preventing Obesity: Protecting Our Future"., Michigan WIC Annual Meeting., March 2013, Traverse City, MI
54. "The Assessment of Childhood Obesity", The Obesity Society Preconference Board Review, November 2013, Atlanta, GA
55. "Obesity and Youth", Michigan Adolescent Health Conference, April 2014, Ann Arbor, MI
56. "Overview: 2013 Obesity Services Survey Findings", Children's Hospital Association Webinar, May 2014, Online
57. " How much is too much: Childhood obesity and screen time", Peterson Warren Academy, February 2015, Taylor,MI
58. "The Tip of the Iceberg: Maximizing the Potential of Text Messaging and Social Media in Weight Management for Teens., American Academy of Behavioral Health annual meeting, March 2015, San Antonio, TX
59. "Mobile Health Boot Camp.", Society for Behavioral Medicine., May 2015, San Antonio, TX
60. "The Assessment and Treatment of Childhood Obesity.", The Obesity Society Preconference Board Review., November 2015, Los Angeles, CA
61. "National Voices Project Boys and Young Men of Color – 2015 National Survey", National Collaboration Action Lab., March 2016, New Orleans, LA
62. " Not too late to change: Benefits of life time changes", Health Emphasis Program, May 2016, Ypsilanti, MI
63. "Race in Relation to Health Communication" Invited Presentation., Annie E. Casey Foundation Annual Conference., October 2016, San Antonio, TX

64. "The Assessment and Treatment of Childhood Obesity.", The Obesity Society Preconference Board Review, November 2016, New Orleans, LA
65. "New Year, New You : Simple lifestyle changes to improve health", Health Promotion Program, January 2017, Detroit, MI
66. "Severe Obesity in Adolescents: Assessment and Treatment", The Endocrine Society Pre-conference., March 2017, Orlando, FL
67. "The Best of Times, The Worst of Times: What works for severe obesity among adolescents", The National Academy of Sciences Roundtable on Obesity Solutions., April 2017, Washington, DC

Seminars

1. "Medical and Surgical Treatment of Pediatric Obesity", Pediatric Ethics Meeting, February 2007, University of Michigan
2. "Weigh Cool – Novel Approaches to the Treatment of Childhood Obesity", Child Health Evaluation and Research Unit, Health Services Research Seminar, February 2007, University of Michigan
3. "Multidisciplinary Treatment of Childhood Obesity", Pediatric Nephrology Meeting, February 2007, University of Michigan
4. "Pediatric Weight Management and Bariatric Surgery", Pediatric Nurses', March 2007, Retreat, Dexter, MI
5. "Addressing Epidemiology, Prevalence and Treatment of Childhood Obesity", Guest lecturer, Project Outreach – Health Illness and Society (PSYCH 211), August 2007, University of Michigan
6. "Causes and Treatment of Childhood Obesity", Undergraduate Class – Project Outreach, Big Sibs Section, November 2007, University of Michigan
7. "Childhood Obesity and Health", Undergraduate Class – Health, Illness, and Society, November 2007, University of Michigan
8. "Childhood Obesity and the Environment", Health Sciences Scholars Seminar, November 2007, University of Michigan
9. "Causes and Treatment of Childhood Obesity", Undergraduate Class – Project Outreach, Big Sibs Section, November 2007, University of Michigan
10. "Prevention and Treatment of Childhood Obesity", Project Healthy Schools, February 2008, University of Michigan
11. "Overview of Childhood Obesity", Mott Community Advisory Committee, March 2008, University of Michigan
12. "Weighty Issues: The Ethics of Pediatric Weight Management", Bioethics Grand Rounds, April 2008, University of Michigan
13. "Adolescent Bariatric Surgery", Pediatric Surgery Grand Rounds, July 2008, University of Michigan
14. "Tailored Text Messaging as an Adjunct to Pediatric Weight Management", Center for Health Communications Research Seminar, August 2008, University of Michigan
15. "Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program: MPOWERed Messages", Health Services Scholars Seminar, October 2008, University of Michigan
16. "Causes and Treatment of Childhood Obesity", Undergraduate Class – Project Outreach, Big Sibs Section, November 2008, University of Michigan
17. "Improvements in Fitness among Adolescents After 12 Weeks of Group Exercise Training in the Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program", Platform Presentation, Pediatric Research Symposium, November 2008, University of Michigan
18. "Causes and Treatment of Childhood Obesity", Undergraduate Class – Project Outreach, Big Sibs Section, April 2009, university of Michigan
19. "The Michigan Pediatric Comprehensive Weight Management Center - Program Update", C.S. Mott Children's Hospital Administrative Counsel, April 2010, University of Michigan
20. "Innovative Uses of Technology in the Treatment of Obesity", The Economy and Cancer Health Disparities Conference, May 2010, University of Michigan
21. "Overview of Childhood Obesity Prevention and Treatment", Resident Noon Lecture Series, June 2010, University of Michigan
22. "MPOWERed Messages: Adolescents' Perspectives on using Text Messages to Aid in Weight Loss Efforts", Health Services Scholars Seminar, June 2010, University of Michigan

23. "Adolescents' Perceptions about the Content of Text Messages in a Weight Management Intervention", Pediatric Grand Rounds, July 2010, University of Michigan
24. "Latest Approaches in Childhood Obesity Prevention and Treatment", Expert Forum on Childhood Obesity: Latest Approaches, Future Directions, September 2010, University of Michigan
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28. "Childhood Obesity: A Smorgasbord of Perspectives", Health Services Scholars Seminar, November 2011, University of Michigan
29. "Lessons Learned from a Tailored Messaging Intervention for Teens", Guest Lecture, School of Public Health, February 2012, University of Michigan
30. "Childhood Obesity in Michigan", Pediatric Obesity Committee Presentation, February 2012, University of Michigan
31. "Evolution, Obesity and Policy", University of Michigan Museum of Natural History Lecture Series, March 2012, University of Michigan
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