

Ellen M. Selkie, MD, MPH
Clinical Lecturer
Division of Adolescent Medicine and
Child Health Evaluation and Research (CHEAR) Unit
University of Michigan
300 North Ingalls, Room 6C15A
(734) 232-9962
eselkie@umich.edu

Education

Undergraduate Bachelor of Arts in English Literature, *summa cum laude*
Denison University; Granville, Ohio (08/2000-05/2004)

Professional Doctor of Medicine
University of Wisconsin School of Medicine and Public Health; Madison,
Wisconsin (08/2004-09/2008)

Masters of Public Health
University of Wisconsin School of Medicine and Public Health; Madison,
Wisconsin (09/2008-06/2009)

Training

Residency Pediatric Residency
University of Minnesota; Minneapolis, Minnesota (06/2009-06/2012)

Fellowship Adolescent Medicine
Seattle Children's Hospital; Seattle, Washington (07/2012-06/2015)

Leadership Education in Adolescent Health (LEAH)
University of Washington; Seattle, Washington (09/2012-06/2015)

Certification and Licensure

06/2015 – present Michigan State License Number 4301108168

10/2012 – present Diplomate, American Board of Pediatrics

04/2012 – present Washington State License Number MD60280020

Academic, Administrative, and Clinical Appointments

08/2015 – present Clinical Lecturer
Division of Adolescent Medicine

Child Health Evaluation and Research Unit
University of Michigan, Ann Arbor, Michigan

06/2014 – 02/2015 Staff Physician (backup)
Center for Discovery, Edmonds, Washington

07/2012-06/2015 Clinical Adolescent Medicine Fellow
Seattle Children's
University of Washington, Seattle, Washington

Research Interests

1. Health effects of digital harassment and cyberbullying among adolescents
2. Technology-based communication behaviors that either promote or reduce social support among sexual minority youth
3. Targeted social media interventions for improvement of adolescent mental health

Grants

Previous Grants

Trainee: National Research Service Award (NRSA)
NIMH, NIH 2T32MH020021-16 (PI: Katon)
07/2013-06/2015

Trainee: Leadership Education in Adolescent Health (LEAH)
Maternal and Child Health Bureau, HRSA T71MC24210 (PD: Walker)
07/2012-06/2015

Honors and Awards

2014 Healthy Minds Network Research Symposium Scholarship
University of Michigan

2007-present Gold Humanism Honor Society

2007 Dr. H. James Sallach Scholarship
University of Wisconsin

2006 Dr. Walter J. Schacht Scholarship
University of Wisconsin

2005 American College of Physicians (ACP) Summer Externship
Fort Atkinson, Wisconsin (Supervisor: Williams)

2004-present Phi Beta Kappa Honor Society

2004 Licking County Community Service Award

Memberships in Professional Societies

- 2014-present International Bullying Prevention Association
- 2014-present International Association for Adolescent Health
- 2009-present American Academy of Pediatrics
Section/Council Memberships: Section on Adolescent Health, Council on Communications and Media, Section on LGBT Health and Wellness, Section on Young Physicians
- 2008-present Society for Adolescent Health and Medicine

Editorial Positions, Boards, and Peer-Review Service

Ad Hoc Manuscript Review

- 2014-present Journal of Adolescent Health
- 2014-present Cyberpsychology, Behavior, and Social Networking

Grant Review

- 05/2015 Health Research Services Administration, HIV/AIDS Bureau
Review Committee, Washington, DC

Teaching

National Conference Presentations

- 03/2016 **Selkie E**, Moreno M, Radovic A, Lenhart A. Happiness, heartache, and hashtags: Using digital context clues to understand the connection between social media and adolescent health. Workshop at Society for Adolescent Health and Medicine meeting, Washington, DC.
- 11/2015 Moreno P, **Selkie E**, Gerlach H. Controlling cyberbullying in our communities: risks, solutions, and constitutional limits. Roundtable at American Society of Criminology meeting, Washington, DC
- 03/2015 **Selkie E**, Moreno P, Schlocker E, Donlin M. Cyberbullying as a community challenge: finding collaborative solutions. Workshop at Society for Adolescent Health and Medicine meeting, Los Angeles, CA
- 03/2015 Hoopes A, Cottrill C, Exley T, Kas-Osoka O, McKnight E, Montano G, **Selkie E**, Haamid F. Adolescent health professionals-in-training (#SAHMateurs) development workshop: Choose your own adventure. Workshop at Society for Adolescent Health and Medicine meeting, Los Angeles, CA

Courses

- 2014-2015 Curriculum Development, Adolescent Medicine Board Prep series, Division of Adolescent Medicine, Seattle Children's, Seattle, WA
- Spring 2013 Teaching Assistant, Pediatrics 530: Homeless Youth and Their Medical Care (Instructors: Giesel, Bonnar). School of Medicine, University of Washington, Seattle, WA

Intramural presentations

- 08/2011 "Infant deaths – Hennepin County, 2005-2009." Pediatric Grand Rounds, Hennepin County Medical Center, Minneapolis, MN, August 2011.
- 10/2014 Pediatric Resident and Sub-Intern Didactics, "Research in Adolescent Medicine." University of Washington, Seattle, WA
- 07/2014 Adolescent Medicine Fellows' Core Curriculum Series, "Normal Adolescent Growth and Development." University of Washington, Seattle, WA
- 07/2014 Social Media and Adolescent Health Team (SMAHRT) Journal Club: "Influence of Friends' Alcohol References on Social Media." Seattle Children's Center for Child Health, Behavior, and Development, Seattle, WA
- 03/2014 Child Psychiatry Fellows lecture series, "Depression and social media." Department of Psychiatry, Seattle Children's Hospital, Seattle, WA
- 02/2014 Leadership Education in Adolescent Health seminar series, "Adolescent-Centered, Family-Involved Care: Teen and Parent Panels." University of Washington, Seattle, WA
- 2012-2015 3rd Year Medical Student Lecture: "Adolescent Medicine." Given twice yearly at School of Medicine, University of Washington, Seattle, WA
- 10/2015 Pediatric Subspecialty Clinic Staff Training: "He, She, They, and Zie: Patient-Centered Care for Transgender Adolescents." University of Michigan, Ann Arbor, MI.
- 01/2016 Department of Pediatrics Grand Rounds: "Cyberbullying in Adolescents and Young Adults: Clinical and Research Perspectives." University of Michigan, Ann Arbor, MI.

Committee, Organizational, and Volunteer Service

Institutional

- 11/2015 Oral Presentation Moderator, 26th Annual Pediatric Research Symposium, University of Michigan, Ann Arbor, MI

07/2014-06/2015 QI/Clinical Leadership Project Committee, Leadership Education in Adolescent Health (LEAH), University of Washington, Seattle, WA

07/2013-06/2015 Trainee Chair, LEAH Parent Advisory Council, University of Washington, Seattle, WA

07/2011-06/2012 Co-Chair, University of Minnesota Resident Leadership Council, Minneapolis, MN

07/2010-06/2011 Member, University of Minnesota Resident Leadership Council, Minneapolis, MN

04/2006 Trip coordinator, Navajo Nation Spring Break Trip, University of Wisconsin School of Medicine and Public Health, Madison, WI

07/2005-06/2006 Co-Chair, Ob/Gyn Interest Group, University of Wisconsin School of Medicine and Public Health, Madison, WI

08/2005-07/2006 Chapter Co-President (2005-2006); Delegate, Annual Meeting (2006), American Medical Student Association, University of Wisconsin chapter, Madison, WI.

Regional

09/2012-09/2013 Member, Education and Outreach Taskforce, King County Distracted Driving Prevention Program, King County, WA

04/2005 Student Delegate, Annual Meeting, Wisconsin Medical Society, Madison, WI

National

07/2015 – present Society for Adolescent Medicine Liaison, Program Planning Committee, Pediatric Academic Societies

Volunteer Service

05/2014-08/2014 Volunteer Consultant, Comcast/VloggerFair Digital Literacy Initiative, Seattle, WA

07/2012-01/2015 Volunteer Clinician and Resident/Medical Student Preceptor, Country Doctor Homeless Teen Free Clinic, Seattle, WA

09/2008-06/2009 Volunteer Clinician, Middleton Teen Clinic, Middleton, WI

09/2008-06/2009 Volunteer Teen Educator, Planned Parenthood of Wisconsin, Madison, WI

12/2006-03/2007 Admissions Committee Interviewer, University of Wisconsin School of Medicine and Public Health, Madison, WI

- 09/2004-06/2008 Fellow, Leadership Opportunities with Communities, the Underserved, and Special populations (LOCUS), University of Wisconsin School of Medicine and Public Health, Madison, WI
- 09/2004-06/2006 Volunteer student clinician, MEDiC Free Clinic, University of Wisconsin School of Medicine and Public Health, Madison, WI
- 09/2000-06/2006 Volunteer, Humane Society, Middleton, WI and Newark, OH
- 08/2004-07/2005 Volunteer mentor, Mothers and Maternity Support (MoMS), University of Wisconsin School of Medicine and Public Health, Madison, WI
- 08/2002-05/2004 Chair, Denison Community Association Homelessness & Hunger Committee, Denison University, Granville, OH

Visiting Professorships, Seminars, and Extramural Invited Presentations

Invited presentations

- 09/2015 Invited Speaker, “The Impact of Social Media on Adolescent Sexuality.” Children’s Hospital and Clinics of Minnesota 25th Annual Practical Pediatrics for Primary Care CME Event, Minneapolis, MN.
- 05/2015 Invited Panelist, “The Digital Social Lives of Teens.” American Academy of Pediatrics Symposium: Growing Up Digital, Chicago, IL
- 05/2015 Hazel Wolf Parent Group, “Cyberbullying: What Parents Should Know.” Hazel Wolf K-8 School, Seattle, WA
- 10/2014 Invited Speaker, “Bullying and Cyberbullying in Adolescents.” All Alaska Pediatric Symposium, Girdwood, AK
- 10/2014 Invited Speaker, “A Multidisciplinary Approach to Adolescent Obesity: The Adolescent Wellness Program.” All Alaska Pediatric Symposium, Girdwood, AK
- 10/2014 Adolescent Wellness Parent and Teen Program, “Digital Media Literacy.” Seattle Children’s, Seattle, WA
- 09/2014 Waisman Center outreach specialists and grant coordinators: “Social Media and Transition Research.” University of Wisconsin, Madison, WI
- 03/2014 Adolescent Wellness Parent and Teen Program, “Teen Changes.” Seattle Children’s, Seattle, WA
- 03/2014 CME Series, “Substance Use Among Adolescents.” Pediatric Associates, Bellevue, WA

02/2014 “Internet Safety and Cyberbullying,” Presented at Holy Family Parish School, Kirkland, WA

Bibliography

Peer-Reviewed Publications

1. Carlisle E, Holder J, Maranda A, de Alwis A, **Selkie E**, McKay S. Effect of pH, Urea, Peptide Length, and Neighboring Amino Acids on Alanine α -Proton Random Coil Chemical Shifts. *Biopolymers* 2007, 85 (1): 72-80.
2. **Selkie E**, Benson M, Moreno M. Adolescents' Views Regarding Uses of Social Networking Websites and Text Messaging for Adolescent Sexual Health Education. *American Journal of Health Education* 2011, 42 (4): 205-212.
3. **Selkie E**, Kota R. Cyberbullying and Online Harassment in Adolescents. *Adolescent Medicine: State of the Art Reviews* 2014, 25 (3): 564-73.
4. **Selkie E**, Kota R, Chan YF, Moreno M. Cyberbullying, Depression, and Problem Alcohol Use in Female College Students: A Multisite Study. *Cyberpsychology, Behavior, and Social Networking* 2015, 18(2): 79-86.
5. Moreno M, Ton A, **Selkie E**, Evans Y. Secret Society 123: Understanding the Language of Self-Harm on Instagram. *Journal of Adolescent Health* 2016, 58(1): 78-84.
6. **Selkie E**, Fales J, Moreno M. Cyberbullying Prevalence Among United States Middle and High School Aged Adolescents: A Systematic Review. *Journal of Adolescent Health* 2016, 58(2): 125-133.
7. Eliacik K, Bolat N, Kanik A, Sargin E, **Selkie E**, Korkmaz N, Baydan F, Akar E, Sarioglu B. Parental attitude, depression, anxiety in mothers, family functioning and breath-holding spells: A case control study. *Journal of Pediatrics and Child Health* 2016, 52(5):561-5.
8. **Selkie E**, Kota R, Moreno M. Cyberbullying Behaviors Among Female College Students: Witnessing, Perpetration, and Victimization. *College Student Journal*. 2016 Spring;50(2):278-287.

Book Chapters

1. **Selkie E**, Krueger L, Trainor M, Sex on the Web. In: *Sex, Drugs, and Facebook*. Megan Moreno. Hunter House, 2013.

Other Media

1. **Selkie E**. How Parents Can Keep Up with the Social Media Landscape. *Teenology* 101. July 9, 2014. <http://teenology101.seattlechildrens.org/how-parents-can-keep-up-with-the-social-media-landscape/>

2. **Selkie E.** The IOM Tackles Bullying. SOYP SOAP Notes: Section on Young Physicians, American Academy of Pediatrics. August 1, 2014. http://www.aap.org/en-us/about-the-aap/Committees-Councils-Sections/Section-on-young-physicians/Documents/SOYP_Soap_Notes_ONE_edition_2_of_6.pdf
3. **Selkie E.** How to Talk to Your Teen About “Celebgate.” Teenology 101. September 9, 2014. <http://teenology101.seattlechildrens.org/talking-about-celebgate-with-your-teen-a-guest-post-by-dr-ellen-selkie/>
4. **Selkie E.** Bullying among adolescents, part 1: What is bullying, really? Teenology 101. December 4, 2014. <http://teenology101.seattlechildrens.org/bullying-among-adolescents-part-1-what-is-bullying-really/>
5. Evans Y, **Selkie E.** Tips for surviving the holidays with teens. Teenology 101. December 22, 2014. <http://teenology101.seattlechildrens.org/tips-surviving-holidays-teens/>
6. **Selkie E.** New year, new you? Reflecting on success and setting goals for the future. Teenology 101. December 30, 2014. <http://teenology101.seattlechildrens.org/new-year-new-reflecting-success-setting-goals-future/>
7. **Selkie E.** Cyberbullying: a virtual menace takes its toll on college students. The Conversation US. March 23, 2015. <https://theconversation.com/cyberbullying-a-virtual-menace-takes-its-toll-on-college-students-38357>
8. **Selkie E.** Whole nutrition in schools. Teenology 101. April 9, 2015. <http://teenology101.seattlechildrens.org/whole-nutrition-in-schools/>
9. **Selkie E.** Social media, shaming, and how to respond when teens make mistakes. Teenology 101. April 16, 2015. <http://teenology101.seattlechildrens.org/social-media-shaming-and-how-to-respond-when-teens-make-mistakes/>
10. **Selkie E.** A mom’s place in violence prevention. Teenology 101. April 30, 2015. <http://teenology101.seattlechildrens.org/a-moms-place-in-violence-prevention/>

Abstracts

1. **Selkie E**, Maranda A, McKay S. “Investigation of Nearest Neighbor Effects on the Alpha-Proton Shifts of Alanine in Short, Unstructured Peptides.” Poster presentation, Central Ohio Undergraduate Research Symposium, Kenyon College, Gambier, OH, November 2001.
2. **Selkie E.** “New Uses of Technology for Teen Sexual Health Education.” Oral presentation, Public Health Symposium, University of Wisconsin School of Medicine and Public Health, Madison, WI, May 2009.
3. **Selkie E.** “Cyberbullying: What do we know, and what should we know?” Presentation at Trainee Day for the Leadership Education in Adolescent Health (LEAH) and Leadership Education in Neurodevelopmental and related Disabilities (LEND) programs, University of Washington, Seattle, WA, June 2013.

4. **Selkie E**, Kota R, Moreno M. “Cyberbullying Behaviors Associated with Depression in Female College Students.” Poster presentation at Depression on College Campuses Conference, Ann Arbor, MI, March 2014.
5. **Selkie E**, Kota R, Moreno M. “Relationship between Cyberbullying Experiences and Depressive Symptoms in Female College Students.” Poster symposium at Society for Adolescent Health and Medicine, Austin, TX, March 2014.
6. **Selkie E**, Kota R, Moreno M. “Cyberbullying and Depression Among Female College Students: A Multisite Study.” Poster presentation at Seattle Children’s Fellow and Resident Research Day, Seattle, WA, April 2014.
7. **Selkie E**, Kota R, Moreno M. “Cyberbullying and Depression Among Female College Students: A Multisite Study.” Platform presentation at Pediatric Academic Societies, Vancouver, BC, May 2014.
8. Kota R, **Selkie E**, Moreno M. “Cyberbullying Prevalence and Types Among U.S. Female College Students: A Multisite Study.” Poster presentation at Cyberbullying: a Challenge for Researchers and Practitioners, Gothenburg, Sweden, May 2014.
9. **Selkie E**, Kota R, Moreno M. “Cyberbullying and Problem Drinking Among U.S. Female College Students: A Multisite Study.” Poster presentation at Cyberbullying: a Challenge for Researchers and Practitioners, Gothenburg, Sweden, May 2014.
10. **Selkie E**, Midamba N, Moreno M. “Investigating Key Characteristics of Cyberbullying and Electronic Harassment Incidents: A Qualitative Study.” Poster symposium at Society for Adolescent Health and Medicine, Los Angeles, CA, March 2015.
11. Fales JL, **Selkie E**, Cho E, Palermo TM. “A controlled study examining the prevalence and correlates of peer victimization among youth seeking treatment for chronic pain.” Poster presentation at Society for Pediatric Psychology, San Diego, CA, April 2015.
12. **Selkie E**, Ton A, Midamba N, Moreno M. “Adolescents’ Proposed Solutions for Addressing Cyberbullying: A Qualitative Study.” Poster presentation at Pediatric Academic Societies, San Diego, CA, May 2015.
13. Ton A, **Selkie E**, Moreno M. “Exploring Displays of Non-Suicidal Self-Injury on Instagram.” Poster presentation at Pediatric Academic Societies, San Diego, CA, May 2015.
14. **Selkie E**, Ton A, Midamba N, Moreno M. “Adolescents’ Proposed Solutions for Addressing Cyberbullying: A Qualitative Study.” Poster presentation at Pediatric Research Symposium, Ann Arbor, MI, November 2015.
15. **Selkie E**, Ton A, Midamba N, Moreno M. “Adolescents’ Proposed Solutions for Addressing Cyberbullying: A Qualitative Study.” Poster presentation at American Society of Criminology, Washington, DC, November 2015.
16. **Selkie E**, Evans Y, Ton A, Midamba N, Moreno M. “Proposed Solutions for Addressing Cyberbullying: A Qualitative Study of Adolescents.” Poster presentation at Society for Adolescent Health and Medicine meeting, Washington, DC, March 2016.