## Susan J. Woolford, M.D., M.P.H, F.A.A.P **Associate Professor, Department of Pediatrics**

University of Michigan

NCRC Building 16 | 2800 Plymouth Road Rm G20 | Ann Arbor, MI 48109-2800

Phone: (734) 615-8214 Fax: (734) 764-2599

Email: swoolfor@med.umich.edu

## **Education and Training**

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09/1986-08/1990	BS, Graduation with Honors, Andrews University, Berrien Springs, MI
09/1990-12/1994	MD, College of Human Medicine, Michigan State University, East Lansing, MI
09/2004-04/2006	MPH, University of Michigan School of Public Health, Ann Arbor, MI

Postdoctoral Training	
10/1990-05/1994	Research Fellow, Graduate Research Assistant- Cancer Center, Michigan State
	University, Lansing, Michigan
01/1995-06/1995	Internship, Department of Pediatrics and Human Development, Sparrow Hospital
	Health System, Lansing, MI
07/1995-06/1998	Residency, Department of Pediatrics and Human Development, Sparrow
	Hospital Health System, Lansing, MI
07/1997-06/1998	Residency, Department of Pediatrics and Human Development, Chief Resident,
	Sparrow Hospital Health System, Lansing, MI
07/2004-06/2006	Fellowship, Pediatrics, Child Health Evaluation and Research (CHEAR) Unit,
	University of Michigan, Ann Arbor, MI

## **Certification and Licensure**

## Certification

10/1999-12/2026	American Board of Pediatrics
12/2023	American Board of Lifestyle Medicine

#### Licensure

01/1997-06/2026	State of Michigan, Controlled Substance
01/1997-06/2026	State of Michigan, Medical License
05/2019-05/2026	United States, DEA Registration

## Academic, Administrative, Clinical, Research and Military Appointments

## Academic Appointments

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Clinical Instructor, Department of Pediatrics and Human Development, Sparrow
Hospital Health System, Michigan State University, Lansing, MI
Clinical Lecturer in Pediatrics - Ambulatory Care Program, University of
Michigan, Ann Arbor, MI
Clinical Assistant Professor, Department of Pediatrics, University of Michigan, Ann Arbor, MI
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Faculty, CHEAR Center, University of Michigan, Ann Arbor, MI
Assistant Professor, Department of Pediatrics, University of Michigan, Ann Arbor, MI
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Faculty, Community Engaged Program Michigan Institute for Clinical and Health
Research (MICHR), University of Michigan, Ann Arbor, MI
Faculty Lead, Summer Immersion Program in Health Disparities, Education and Mentoring Group, MICHR, University of Michigan, Ann Arbor, MI

09/2019-present	Associate Professor, Department of Pediatrics, University of Michigan, Ann
	Arbor, MI
09/2022-present	Associate Professor, Health Behavior Health Education, School of Public Health,
	University of Michigan, Ann Arbor, MI
07/2022-present	Associate Director, Program for Equity in Adolescent and Child Health,
	Department of Pediatrics, University of Michigan, Ann Arbor, MI
07/2022-present	Associate Director, Michigan Child Health Equity Collaborative, Department of

Pediatrics, University of Michigan, Ann Arbor, MI

01/2023-present Co-Director, National Poll of Children's health, C. S. Mott Children's Hospital,

Michigan Medicine, Ann Arbor, MI

## **Administrative Appointments**

01/2001-01/2002	Vice Chair, Department of Pediatrics, Metropolitan Hospital, Grand Rapids, MI
01/2002-01/2004	Chair, Department of Pediatrics, Metropolitan Hospital, Grand Rapids, MI
07/2006-03/2016	Medical Director, Pediatric Comprehensive Weight Management Center,
	University of Michigan, Ann Arbor, MI
09/2012-06/2019	Co-Director, Program on Mobile Health Technology in Child Health, CHEAR Unit,
	University of Michigan, Ann Arbor, MI
07/2017-09/2024	Co-Director Healthy Flint Research Coordinating Center, University of Michigan,
	Ann Arbor, MI
01/2020-present	Faculty Lead, CHEAR Student Internship (CSI Ann Arbor), Child Health
	Evaluation and Research Center, University of Michigan, Ann Arbor, MI

## **Clinical Appointments**

07/1998-06/2004 Pediatrician, Metro Health Pediatrics, Grand Rapids, MI

## Clinical Interests

Treatment of childhood obesity in primary care and tertiary care settings. In particular, the use of video visits and mobile technology to improve care.

## **Research Interests**

Primary Interest: Behavioral interventions for the treatment of obesity in children and adolescents; focusing on the use of communications technology to enhance engagement and adherence among diverse patient populations using community engaged methods.

Secondary Interests: Dissemination of health-related science to, and in collaboration with, diverse communities with the goal of increasing understanding, promoting behavior change, and decreasing health disparities.

Measuring and addressing health inequities in pediatric care, particularly those experienced by patients with excess weight and underserved communities.

#### Grants

#### **Current Grants**

MICHIGAN INSTITUTE FOR CLINICAL AND HEALTH RESEARCH (MICHR) R25 Award NIH Co-PI 03/2024-02/2029

MICHIGAN HEALTH ENDOWMENT FUND: MICHIGAN COLLABORATING HOSPITALS IMPROVING EQUITY FOR CHILDREN (MI-CHIME).

Co-PI

4/2024-4/2026. \$500,000

STATE OF MICHIGAN MEDICAID PROGRM: Michigan Child Health Equity Collaborative (MI-CHEC). Co-I with Effort (Principal Investigator: Freed, Gary) 10/2023-09/2024. \$1,135,194.

NIH FACULTY INSTITUTIONAL RECRUITMENT FOR SUSTAINABLE TRANSFORMATION (NIH FIRST): Michigan Program for Advancing Cultural Transformation (M-PACT) initiative Faculty Mentor

06/2024-05/2029. \$15.8 million (Plus \$63.7 million internal funds)

CHILDREN'S FOUNDATION OF MICHIGAN: PROGRAM ON EQUITY ON EQUITY IN ADOLESCENT AND CHILD HEALTH (PEACH).

Co-I with Effort (Principal Investigator: Freed, Gary) 1/1/2023-12/31/2023. \$100,000

5 UL1 R002240 02: MICHIGAN INSTITUTE FOR CLINICAL AND HEALTH RESEARCH (MICHR) NIH-DHHS-US-16-PAF04360

Co-I with Effort (Principal Investigator: Lumeng, Julie) 05/2023-04/2030. \$62,020,725 (\$9,644,052)

5 TL1 R002242 05: MICHIGAN INSTITUTE FOR CLINICAL AND HEALTH RESEARCH (MICHR) TL1 Award NIH-DHHS-US-16-PAF04360

Co-I with Effort (Principal Investigator: Lumeng, Julie) 05/2023-04/2030. \$2,688.970

PCORI U01 COMPARING SCALABLE TECHNOLOGY-DRIVEN BRIEF INTERVENTION PACKAGES FOR YOUTH ALCOHOL USE U01

Co-I with Effort (Principal Investigator: Walton, Maureen and Bonar, Erin) 07/2023-06/2028

NIH U2 PREDICTING CARIES LESION PATTERNS AND TRAJECTORIES IN UNDERSERVED CHILDREN, FROM INFANCY TO EARLY ADOLESCENCE, IN PRIMARY HEALTHCARE SETTINGS. Co-I with Effort (Principal Investigator: Fontana, Margarita) 04/2023-03/2028. \$9,525,690

#### **Submitted Grants**

FIREARM SAFETY AMONG CHILDREN AND TEENS (FACTS) CONSORTIUM POSTDOCTORAL FELLOWSHIP T32

Faculty Member (Principal Investigators: Zimmerman, Marc and Carter, Patrick)

## **Past Grants**

CHAN ZUCKERBERG INITIATIVE: Adipose Tissue Diversity in Infants, Children, and Adolescents Co-I with Effort (Principal Investigator: Lumeng, Carrey) 09/2021–08/2023. \$1,962,705

15-312-0217571 "The Fierce Urgency of Now": Communities Conquering Covid NIH through consortium with Research Triangle Institute Co-I with Effort (Principal Investigators: Marsh, Erica and Israel, Barbara) 9/2020-3/2024. \$1,000,000

2 R42 MD008840 02: Location Initiated Individualized Texts for African American Adolescent Health (STTR with MEI Research) NIMHD- 17-PAF03966 Woolford, Susan, PI

04/2018-11/2022. \$1,387,257 (\$737,101)

Administrative supplement: Location Initiated Individualized Texts for Adolescent Health (LIITAH) SubK-NIH-DHHSUS through a consortium with MEI Research, Ltd.- 19-PAF01693

Woolford, Susan Jennifer, PI 04/2018-11/2022. \$14.500

5 UL1 R002240 02: Michigan Institute for Clinical and Health Research (MICHR) NIH-DHHS-US-16-PAF04360

Co-I with Effort (Principal Investigator: Mashour, George Alexander) 06/2017-02/2022. \$48,220,260 (\$9,644,052)

5 TL1 R002242 05: Michigan Institute for Clinical and Health Research (MICHR) tl1 Award NIH-DHHS-US-16-PAF04360

Co-I with Effort (Principal Investigator: Mashour, George Alexander) 06/2017-02/2022. \$2,688.970

1R21HD093835-01: Improving Nutritional Choices in Adolescents NIH/NICHD- 17 PAF04955 Woolford, Susan, PI 12/2017-05/2021. \$428,125

Building Up Mentoring Intervention Multisite Randomized Trial SubK-NIH-DHHS-US through a consortium with University of Pittsburgh Site Principal Investigator; (Project PI: Rubio, Doris) 10/2020 - 06/2021. \$30,000

MPOWER Bahamas (awarded and unable to accept due to contractual concerns) World Bank and Government of The Bahamas Susan Woolford, PI 06/2016. \$150,000 (\$150,000)

061192: The Trauma and Grief Clinic for Youth: Promoting Community-Wide Best Practices SubK-SAMHSA-DHHSUS through a consortium with The University of Texas Health- 14-PAF07764 Calhoun, Karen, PI 07/2014-09/2016. \$25,842 (\$12,352)

1R41MD008840-01: Location Initiated Individualized Texts for African American Adolescent Health SubK-NIHDHHS-US through a consortium with MEI Research, Ltd.- 14-PAF00662 Woolford, Susan Jennifer, PI 05/2014-04/2015. \$150,000 (\$150,000)

*UL1TR000433-10: Michigan Institute for Clinical and Health Research (MICHR)* NIH Other (Principal Investigator: George Mashour) 06/2012-05/2017. (\$6,188,691)

Enhanced National voices Project W. K. Kellogg Foundation Co-I with Effort (Principal Investigator: Matthew Davis) 07/2011-06/2016. \$2,135,229

5 K23 HD058797-05: Novel Individually Tailored Mobile Messages to Enhance Weight Loss for Teens NIH-DHHSUS-09-0115 Woolford, Susan Jennifer, PI 05/2009-04/2014. \$661,053

5 R01 HL085400-05: BMI12: Brief Motivational Interviewing to Reduce Child BMI (Body Mass Index) NIH-DHHSUS-07-3860

Co-I with Effort (Principal Investigator: Resnicow, Kenneth) 04/2008-01/2013. \$3,451,189

Award letter dated 5/30/07: "Weigh Cool" - eNutrition for Teens American Academy of Pediatrics- 080242

Woolford, Susan Jennifer, PI 10/2007-07/2009. \$10,000 (\$10,000)

ATM (Assessment and Targeted messages) Tool - Pediatricians' Perspectives Regarding the Feasibility and Acceptability of a Novel Clinic-Based Tool to Improve Assessment and Management of Childhood Obesity Blue

Cross Blue Shield of Michigan Foundation Susan J. Woolford, PI 12/2006-11/2008. \$9,980

## **Honors and Awards**

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1990 National Dean's List for Undergraduate Students

2008 The African American Collaborative Obesity Research Network National

Workshop on Diversity within African American Communities: Implications for

Advancing Research on Weight Issues

2009 American Academy of Medical Colleges Early Career Women Faculty

Professional Development Seminar (Invited)

2009 Society for Adolescent Medicine New Investigator Award

Regional

1990 Who's Who Among American Undergraduate Students

2005 Ambulatory Pediatric Association Region V Fellows' Research Award

2023 Toby Citrin Award (for longstanding commitment to improving health in Flint)

Institutional

2007 Office of Diversity and Career Development Award

2009 Elizabeth E. Kennedy Award
 2010 Elizabeth Crosby Award
 2011 SHARP Center Award

2012 Child Health Evaluation and Research (CHEAR) Unit Program Award Child Health Evaluation and Research (CHEAR) Unit Program Award

2012 Johnson Controls Award

2013 Department of Pediatrics Discovery Grant

2017 Twice received Pediatric Medical Student Education Rotation Teaching

Recognition Certificates

2018 Pediatrics Education Award

2019 Top 10 Pediatric Educators, Department of Pediatrics

2024 Department of Pediatrics Chair's Award for Diversity, Equity and Inclusion

## **Memberships in Professional Societies**

1996-present	Member, American Academy of Pediatrics
1998-present	Member, American Medical Association
2004-present	Member, Academic Pediatric Association
2004-present	Member, National Medical Association

2005-present Member, North American Association for the Study of Obesity

2008-present Member, Society for Pediatric Research
2009-present Member, Society for Adolescent Medicine
2023-present Member, American College of Lifestyle Medicine

## Editorial Positions, Boards, and Peer-Review Service Study Sections

National

2009 Thrasher Foundation (Ad Hoc)

2011 National Science Foundation (Ad Hoc)

2012-present YMCA of America National Childhood Obesity Expert Panel

2013 Robert Wood Johnson BMI Reduction (Community and Clinical) Interventions

Strategic Planning Panel

2016-2021 National Institutes of Health (Ad Hoc) 2023-2024 National Institutes of Health (Ad Hoc)

Journal Reviewer

2006-present Academic Pediatrics

2006-present Archives of Pediatrics and Adolescent Medicine
2006-present Journal of the National Medical Association
2007-present Journal of the American Medical Association

2007-present Obesity

2008-present American Journal of Preventive Medicine 2008 Pediatric Academic Society Meeting

2009-present Pediatrics

2011-2014 The Obesity Society, Diversity Committee Poster Awards (Ad Hoc)

2011-present Childhood Obesity

2012-2015 The Obesity Society, eHealth/mHealth Committee Poster Awards (Ad Hoc)

2020-present Journal of Physical Activity & Health

Teaching

**Faculty Members** 

2012-2018 Nita Vangeepuram, MD, Icahn School of Medicine at Mount Sinai 2013-2015 Nik Ani Afiqah Hi Mohd Tuah, PhD, Universiti Brunei Darussalam 2014-present Tammy Chang, MD, University of Michigan (K23 \$673,650)

2016-2017 Kent Key, PhD, Michigan State University 2018 Larry Charleston, MD, University of Michigan

2023-2024 Salima Emara, MD, Health Equity Health Disparities Program, University of

Michigan

2024-present Mary Bohr, MD, Health Equity Health Disparities Program, University of Michigan

2024-present Natasha Kumar, MD, IMPACT Program, University of Michigan

**Graduate Students** 

2010-2011 Shahla Khan, RD, University of Michigan Obese Teens' Perspectives Regarding

the Photovoice Component of a Weight Management Intervention. Served as second author on an abstract accepted for oral presentation at the national SAHM meeting and on a manuscript published in the peer-reviewed literature

(Dr. Woolford as first author).

2012 Makaya Saulsberry, Obesity, University of Michigan the role of hair style choice

on physical activity choices among African American girls. Completion of poster

presentation for intramural conference.

2013-2014 Kristye Russell, Weight loss program, University of Michigan. The association

between the role of food reward and the 3-month treatment outcome of a weight

loss intervention program for adolescents. Abstract accepted for oral

presentation at Department of Pediatrics Research Symposium

2013-2014 Isha Patel, PharmD, University of Michigan 2014-2015 Sally Askar, RD, University of Michigan

2018-2019 LeDea Bond, Disparities research, Florida A&M College of Pharmacy 2018-2022 Aria Grabowski, Health Communications Project, School of Public Health

University of Michigan

2019-2020 Megan Carlin, Health Communications Project, School of Public Health,

University of Michigan

2020-2022 Xin Wen, Life Sciences Institute Fellow, School of Public Health, University of

Michigan

**Medical Students** 

2011

2010 Christina Jepson, Obesity in Adolescents, University of Michigan Obese

Adolescents' Perspectives on Text Messages to Enhance Weight Loss Efforts Megan Ditty, Obesity, University of Michigan Barriers to physical activity among

African American adolescent girls. Completion of a literature review exploring this

topic.

2011 Aarti Surti, Obesity, University of Michigan Barriers to physical activity among

adolescents.

2011-2013 Lynae Manthei, Obesity, University of Michigan Qualitative exploration of African

American Adolescent girls' perceptions of the barriers to participation in physical activity. Completion of a manuscript addressing this topic, currently under review.

2012 Hannah Perrin, Weight Management, University of Michigan Interactive web

interventions to aid primary care physician weight management efforts targeting parents of young children with excess weight. Development of an online

intervention as an adjunct to weight management in the primary care setting.

Daniel Ehrmann, Weight management program., University of Michigan The

2012-2014 Daniel Ehrmann, Weight management program., University of Michigan The association between self-report of pre participation level of physical activity and

outcomes during participation in a weight management program.

2013 Kathleen Kinkade, Weight management, University of Michigan Performance of

semi structured interviews exploring the use of Pinterest as an adjunct to weight

management for adolescents.

2013 Stephanie Chen, Weight management, University of Michigan Performance of

semi structured interviews exploring the use of Pinterest as an adjunct to weight

management for adolescents.

2013 Sarah Arshad, Weight management, University of Michigan Interactive web

interventions to aid primary care physician weight management efforts targeting

parents of young children with excess weight.

2014 Grace Huang, Weight management program., University of Michigan Perceptions

regarding bariatric surgery of adolescents with severe obesity seeking care at a multidisciplinary weight management program. Development of a prototype decision aid to assist adolescents considering the option of bariatric surgery. Grace Liu, Weight management., University of Michigan Exploration of whether

confidence and readiness predict greater weight loss among adolescents enrolled in multidisciplinary weight management. Completion of an abstract

describing her findings.

2014-2016 Aisha Harris, Obesity, University of Michigan Literature review of current

conceptual frameworks that might be applied to the treatment and prevention of

childhood obesity. A manuscript describing her findings is currently in

preparation.

**Postdoctoral Fellow** 

2014

2012-2015 Tammy Chang, MD, MS, University of Michigan A systematic review of the

literature addressing the use of social media in weight related interventions. Served as first author on manuscript (Dr. Woolford as senior author) published in the Journal of Medical Internet Research. Dr. Chang is currently on faculty at the

University of Michigan.

2014-2015 Michelle Moniz, MD, MS, University of Michigan The use of social media to

impact social norms associated with prenatal care. Submitted an intramural grant

application addressing this topic (with Dr. Woolford as a co-investigator).

2014-2015 Janet Childerhose, PhD, University of Michigan Adolescent perceptions of

bariatric surgery. In the process of conducting a qualitative study addressing this

topic. Accepted a position at Johns Hopkins.

2021-2022 Kara Kwiatkowski, MD, Pediatric GI fellow, University of Michigan. Scientific

Oversight Committee member. Studying the relationship between obesity and

liver disease.

2021-present Melinda Rushing, PhD, Child Health Evaluation and Research fellow, University

of Michigan. Mentorship Committee. Studying health disparities in the treatment

of sickle cell disease.

#### Resident/House Officer

2007 Rohan Henry, Obesity, University of Michigan Self-Perceived Body Weight

Discrepancy and Suicidal Ideation among U.S. Adolescents. Served as first author on abstract accepted for oral presentation at national PAS meeting in

2007 (Dr. Woolford as senior author).

2007 Stephanie Wilson, Obesity, University of Michigan Physical Education, Physical

Activity, and Obesity Among U.S. Adolescents

2008-2009 Sana Ahmed, MD, University of Michigan Feasibility and acceptability of a one-

page tool to help physicians assess weight and to discuss obesity with parents of preschoolers. Served as coauthor on manuscript (Dr. Woolford as first author)

that was published in Clinical Pediatrics.

2010 Oriaky Kas-Osoka, MD, University of Michigan Exploration of the association

between the presence of comorbidities and change in BMI among obese adolescents in a weight loss program. Served as first author on poster presentation at national PAS/SPR meeting in 2011. Currently an adolescent

medicine fellow.

#### **Undergraduate Students**

2007 Markese Saunders, Adolescent bariatric surgery, University of Michigan

Completion of poster presentation for intramural conference.

2008 Ryan Berry, Weight management, University of Michigan College students'

knowledge of healthy lifestyle practices required to avoid excess weight gain.

2009 Chyrisha Brown, MBA degree and PA program, University of Michigan

Exploration of change in body mass index and self-report of depression among

participants in the MPOWER program.

2009 Lissel Albrecht –Unger, Medical Student, University of Michigan Adolescent

Internalizing Problems Predict Joining Status in a Multidisciplinary Weight

Management Program

2010 Rachel Bowker, Psychology, University of Michigan To determine whether

outcomes differ for participants in the MPOWER program with a history of receiving psychological services (either prior to, or in conjunction with

MPOWER), vs. those without.

2011 Alicia Menchaca, Medical student, University of Michigan Social media use in

weight management.

2011-2012 Areej Sami, MS in biomedical science, University of Michigan, Ethnic identity and

physical activity among African American adolescent girls.

2012 Brittany Haves, Poster Presentation, University of Michigan, Differences in

characteristics between severely obese adolescents who select bariatric surgery

compared to those who do not wish to undergo this procedure.

2013 Paul Joseph, Weight management, University of Michigan, The association

between parental perceptions of responsibility for their child's excess weight gain

and outcomes from pediatric weight management interventions.

2013-2017 Tanmaye Yenumula, Weight management intervention, University of Michigan,

The use of social media as an adjunct to weight management for adolescents.

2014-2018	Adi Achanta, Obesity / Weight management, University of Michigan, Optimizing interactive websites as an adjunct to weight management interventions in primary care and tertiary care settings.
2015-2016	Grecia Quiroga, Analysis of qualitative data, University of Michigan, Systematic review of the literature addressing perceptions of early feeding practices among Latino parents
2015-2016	Jennifer Okungbowa-Ikponmwosa, Analysis of qualitative data, University of Michigan, Analysis of qualitative data from a national survey regarding perceptions of young men and boys of color.
2016-2017	Abigail Parrigan, Weight Management, University of Michigan, Systematic review of the literature addressing disparities in access to healthy fruits and vegetables.
2018-2019	Jessica Williams, Obesity Research, University of Michigan
2018-present	Noelle Gorka, Community-engaged research, University of Michigan,
	Development of a Rapid Response Preparedness Protocol for Flint
2018-present	Kendra Juliette, Community-engaged research, University of Michigan,
	Development of a Rapid Response Preparedness Protocol for Flint
2018-present	Vaishali Nambiar, Community-engaged research, University of Michigan,
	Development of a Rapid Response Preparedness Protocol for Flint
2019-2020	Edisa Niyifasha, Obesity Research, University of Michigan
2019-2020	Olivia Criag, Obesity Research, University of Michigan
2019-2020	Nahim Miah, Obesity Research, University of Michigan
2019-2023	Elizabeth Mammel, Obesity Research, University of Michigan
2020-2021	Esha Elshi, Obesity Research, University of Michigan
2020-2021	Jackson Bergman, Obesity Research, University of Michigan
2020-2021	Xiaoli Zhu, Obesity Research, University of Michigan
2020-2021	Darryl Herring, Obesity Research, University of Michigan
2021-2021	Samantha Zuckerberg, Obesity Research, University of Michigan
2022-2022	Kendrick Villalon, Health Equity Research, University of Michigan Medicine
2022-2022	Avion Lall, Obesity Research, University of Michigan
2023-2023 2024-2024	Arjun Batra, Health Equity Research, University of Michigan
	Chanel Rudolph, Obesity Research, University of Michigan Medicine
2024-2024	Morenikeji Ojubanire, Health Equity Research, University of Michigan

## **Teaching Activity**

## International

09/2020 09/2021	Workshop on Grant writing Pulmonary Complications of COVID-19. Invited lecture for the University of the Southern Caribbean Nursing Program
<b>National</b> 2014-2017	Assessment and Treatment of Childhood Obesity lecture at the annual Obesity Society American Board of Obesity Medicine board review.
03/2019	Brief Motivational Interviewing to lower BMI and Blood Pressure. Invited lecture for BP-CATCH Quality Improvement Webinar.
09/2019	Brief Motivational Interviewing to lower BMI and Blood Pressure. Invited lecture for BP-CATCH Quality Improvement Webinar.
09/2021	Setting Up Our Children for Health and Success as They Enter a Stressful School Year. Invited Panelist for Obesity Care Advocacy Network Webinar.

## Regional

2014	Pediatric Weight Management Update. Invited lecture at the Annual Meeting of the American Academy of Pediatrics Michigan Chapter, Traverse City, MI
2014	Childhood Obesity Health Policy Update. Invited lecture at the Healthy Kids Healthy Michigan Coalition Annual Summit, Lansing, MI
2015	Childhood Obesity Treatment. Invited lecture at the Partners in Care Conference, Traverse City, MI
2015	Management of Childhood Obesity. Invited lecture at the Michigan Council of Nurse Practitioners meeting, Ann Arbor, MI
2015	Using Communications Technology to Enhance Pediatric Weight Management. Invited lecture at the Michigan Academy of Family Physicians Fall Update, Ann
2016	Arbor, MI Treatment of Child and Adolescent Obesity - Advances in the field. Invited lecture, Beaumont Hospital, Detroit, MI
2016	Use of Motivational Interviewing in the treatment of Childhood Obesity. Invited Presentation, Pediatric Obesity Collaborative Webinar, Nationwide Children's
2017	Hospital, Columbus, OH Use of Motivational Interviewing in Primary Care Pediatrics - Invited lecture at the American Academy of Pediatrics Michigan Chapter annual conference
2017	Metabolic Syndrome in Pediatric Patients for the MI Chapters of the American Academy of Pediatrics and the American Psychological Society
2018	Pediatric Weight Loss Strategies: What is Working in Pediatric Weight Management Programs. Annual Primary Health Care of Women Conference,
2019	Ann Arbor, MI Physical Activity in Children symposium panelist. Exercise and Sport Science Initiative Symposium. Ann Arbor, MI
03/2020-present	COVID-19 a Clinical Perspective – Medical Moment. Biweekly presentation.  Heathy Flint Research Coordinating Center COVID-19 Webinar
09/2021	Pandemic Pounds: Battle against an increasingly obesogenic world. Invited Presentation. Michigan Chapter American Academy of Pediatrics. Annual
09/2021	Conference (virtual) Planting Seeds of Change: Communicating health information to lay audiences in an effort to motivate adoption of healthy behaviors. Invited Presentation. Student
01/2022	National Medical Association (SNMA) regional conference (virtual).  Covid-19 related lockdown and body weight changes in children. Invited  Presentation, Nutrition & Obesity Policy Research & Evaluation Network (virtual)
03/2022	Weighty Question: How to Recover by Learning from the Past and Preparing for the Future, Invited Presentation, Academic Pediatric Association Region 5, (virtual)
05/2023	Update on the Guidelines for the Management of Childhood Obesity. Invited lecture at the Partners in Care Conference, Ann Arbor, MI
04/2024	Health Equity Collaborative. Grand Rounds presentation for Beaumont Hospital, Troy, MI (virtual)
05/2024	Pediatric Health Equity. Invited lecture at the Partners in Care Conference, Ann Arbor, MI
Institutional 1998-2003	"Pediatric Essentials for the New Intern", Metropolitan Hospital's Intern and
1998-2003	Resident Educational Series  Morning Reports with interns on pediatric service, Metropolitan Hospital
1998-2004 1998-2004 1998-2004	Supervised interns and students on pediatric rotations, Metropolitan Hospital In-patient consulting regarding pediatric patients and newborns admitted to the
1998-2004	family practice service, Metropolitan Hospital  Attending Physician, Metropolitan Hospital
1998-2004 1998-2004	"Pediatric Essentials" Noon Lecture Series, Metropolitan Hospital Attending Physician, Spectrum Health DeVos Children's Hospital

1998-2004	Pediatric Journal Club, Metropolitan Hospital
2004-2006	Preceptor for general pediatric residents rotating at Hope Clinic
2006-present	Health Services Research Seminar Child Health Evaluation and Research
	(CHEAR) Unit, Division of General Pediatrics, University of Michigan
2007	"Medical and Surgical Treatment of Pediatric Obesity" Pediatric Ethics Meeting,
2007	University of Michigan
2007	"Multidisciplinary Treatment of Childhood Obesity," Pediatric Nephrology
2007 2000	Meeting, University of Michigan
2007-2008	Project Mentor for Pediatric Health Services Research Elective for Minority
0007 0000	Residents
2007-2008	Project Mentor for Pediatric Health Services Research Elective for Minority Residents
2007-2008	Mentor for Pediatric Residency Quality Improvement Research Project
2007-2006	Faculty lead, Medical School M4 Pediatric Obesity Elective Rotation; month long
2007-2015	rotation in the Pediatric Comprehensive Weight Management Center with an
	emphasis on the clinical and research aspects of pediatric obesity
2007-2016	Presenter, Medical School M-2 Pediatric Obesity Elective; lecture addressing
2007-2010	etiology, comorbidities, and treatment of childhood obesity
2007-present	Mentor for the Summer Opportunities for Apprenticeships in Research
2007-present	(MedSOAR) Program
2007	"Childhood Obesity and the Environment" Health Sciences Scholars Seminar,
2007	University of Michigan
2007	"Childhood Obesity and Health." Undergraduate Class – Health, Illness, and
2007	Society
2008-2010	"Tailored Text Messaging as an Adjunct to Pediatric Weight Management"
2000-2010	Center for Health Communications Research Seminar, University of Michigan
2008-2011	"Adolescent Bariatric Surgery" Pediatric Surgery Grand Rounds, University of
2000 2011	Michigan
2008	"Prevention and Treatment of Childhood Obesity" Project Healthy Schools,
2000	University of Michigan
2008	"Overview of Childhood Obesity" Mott Community Advisory Committee,
	University of Michigan
2008	"Weighty Issues: The Ethics of Pediatric Weight Management" Bioethics Grand
	Rounds, University of Michigan
2008	"Improvements in Fitness among Adolescents After 12 Weeks of Group Exercise
	Training in the Michigan Pediatric Outpatient Weight Evaluation and Reduction
	(MPOWER) Program" Oral Presentation, Pediatric Research Symposium,
	Department of Pediatrics, University of Michigan
2010	"The Michigan Pediatric Comprehensive Weight Management Center - Program
	Update" C.S. Mott Children's Hospital Administrative Counsel, University of
	Michigan
2010	"Innovative Uses of Technology in the Treatment of Obesity" The Economy and
	Cancer Health Disparities Conference, University of Michigan
2010	"Adolescents' Perceptions about the Content of Text Messages in a Weight
	Management Intervention." Pediatric Grand Rounds, University of Michigan
2010-2015	Presenter, Medical School M-1 Human Development Course; lecture addressing
	assessment and treatment of childhood obesity
2010	"Latest Approaches in Childhood Obesity Prevention and Treatment." Expert
	Forum on Childhood Obesity: Latest Approaches, Future Directions, University of
	Michigan, Ann Arbor, MI
2011	Future Directions, University of Michigan, Ann Arbor, MI "To Pay or not to Pay:
	Public Perceptions of Insurance Coverage for Adolescent Bariatric Surgery."
	Platform Presentation, Pediatric Research Symposium, University of Michigan
2012-2018	Faculty Mentor, MICHR Summer Health Disparities Research Internship,
	University of Michigan

2012	"Childhood Obesity in Michigan" Pediatric Obesity Committee Presentation, University of Michigan
2012	"Evolution, Obesity and Policy" Museum of Natural History Lecture Series, University of Michigan
2012	"Mobile Technologies and Social Media in Pediatric Weight Control A Diamond in the Rough" Health Services Scholars Seminar, University of Michigan
2013	"Pediatric Multidisciplinary Weight Management: One size does not fit all" Center for Exercise Research, University of Michigan "Pediatric Obesity Management Update" Pediatric Endocrinology Seminar, University of Michigan
2013	"Understanding & Preventing Childhood Obesity" Ann Arbor District Library Collaboration with the University of Michigan Lecture Series
2013	"Novel Technology in Pediatric Weight Management" Fast Forward Medical Innovation, Health System Advisory Committee, University of Michigan
2015	"A Diamond in the Rough: Innovative Uses of Technology (text messaging and social media) in the Treatment Pediatric Obesity" Sleep Disorders Grand Rounds, University of Michigan
2015	"Management of Child and Adolescent Obesity" Psychiatry Seminar, University of Michigan
2017	Preceptor for resident continuity clinic in general pediatrics
2017-2020	General Pediatrics Clinic Mentor for Medical Students
2018-present	Faculty lead for MICHR Disparities Summer Internship in Health Disparities, Education and Mentoring Group, MICHR, working with over 100 interns through journal clubs and program sessions focused on health equity and research methods
2020	The Tale of the Prodigal PowerPoint: Tips for Telling Your Story with PowerPoint, Building Up Program, University of Michigan
2021	Panel Presentation, Anti-Racism Research and Scholarship for Action and Diversity Equity and Inclusion Summit
2023	Pediatric Health Equity, Pediatric Otolaryngology February Grand Rounds

## **Dissertation Committees**

2013 Isha Patel, Pharm D, Dissertation completed fulfilling requirements for graduation

with doctorate. Abstract of findings accepted for presentation at an international conference., University of Michigan, Developmentally disabled Medicaid adults

with type 2 diabetes. Committee Member

# **Committee and Administrative Services Committee Services**

National	
2009-2011	Society for Adolescent Medicine Childhood Obesity Special Interest Group, Cochair
2009-2013	National Association of Children's Hospitals and Related Institutions
	(NACHRI)/Children's Hospital Association (CHA) Focus on a Fitter Future Focus Group, Hospital Lead
2011-present	Childhood Obesity Multi Program Analysis and Study System (COMPASS), Member
2012-2013	The Obesity Society eHealth/mHealth Section, Chair
2012-2014	Society for Adolescent Health and Medicine Nutrition Committee, Consultant
2012-2016	The Obesity Society Education Committee, Member
2012-present	Advisory Board for the American Academy of Pediatrics Institute for Healthy
	Childhood Weight, Member
2014-2016	Pediatric Obesity Weight Evaluation Registry (POWER) Communications Committee, Co-Chair

2014-2018	American Academy of Pediatrics and Children's Hospital Association Expert Exchange on Childhood Obesity, Co-director
2018-present	PCORI Childhood Obesity Pragmatic Trial - Evidence-base Practice Advisory Board, Member
Regional	
1997-1998	Capital Area Consortium for Graduate Medical Education, Member
2008-2010	National Governors' Association – Michigan Childhood Obesity Prevention
	Workshop, Member
2009-2015	Healthy Kids, Healthy Michigan Healthcare Policy Action Team, Co-chair, State
	of Michigan
2009-2016	Healthy Kids Healthy Michigan Steering Committee, Mott Children's Hospital Representative
2010-present	Michigan Chapter of the American Academy of Pediatrics Healthy Weight Committee, Member
2017-present	Healthy Flint Research Coordinating Center Executive Committee, Co-Director, U of M Ann Arbor
2022-present	Genesee County Maternal/Infant Advisory Committee, Member Fetal Infant Mortality Review Team
Institutional	
1991-1992	Minority Medical Student Association Michigan State University, Vice President
1996-1997	Community Pediatrics Curriculum Development Committee Michigan State
	University, Member
1996-1998	Pediatric Residency Curriculum Committee Michigan State University, Member
1997-1998	Department of Pediatrics Committee Metropolitan Hospital, Resident Representative
1997-1998	Department of Pediatrics Committee Metropolitan Hospital, Resident Representative
1997-1998	Pediatric Residency Administrative Committee Sparrow Hospital, Resident
	Representative
1997-1998	Pediatric Residency Selection Committee Sparrow Hospital, Member
2001-2004	Department of Pediatrics Administrative Committee Metropolitan Hospital, Chair
2011-present	Adolescent Health Initiative Committee, Member
2012-2013	Diabetes Working Group, UMHS, Member - Pediatric Representative
2012-2013	Quality Management Program Pediatric Obesity Committee, Member
2012-2019	Momentum Center Steering Committee, Member
2013-2014	Community Health Assessment and Implementation Plan, Obesity Work Group Co-Lead
2014-2017	Pediatric Advisory Committee on Diversity (PACE), Chair
2020-2022	Forum on Racism and Justice, Department of Pediatrics, Co-Lead
2020-2023	Pediatric Commitment Policy Committee, Department of Pediatrics, Member
2022-present	Tenure Promotion Committee, Department of Pediatrics, Member
2023-present	Diversity the Workforce Workgroup, Anti-Racism Oversight Committee, Michigan Medicine

## **Administrative Services**

Volunteer	
2013-2017	Director - Health Programs, Ypsilanti SDA Church, Ypsilanti MI, Provide
	leadership in health promotion programs for members and the local community
2014-2017	Board Member, YMCA Ann Arbor, Ann Arbor, MI, Served as a member of the
	YMCA board
2018-present	Youth programs, Community Fellowship SDA Church, Latrup Village, MI
2023-present	Co-Chair, MOTION Coalition, Authority Health, Detroit, MI

## Visiting Professorships and Extramural Invited Presentations

## **Extramural Invited Presentations**

#### International

- 1. "Childhood Obesity", Hope Television Channel Presentation, April 2009, Washington DC
- 2. "New Initiatives for the Treatment and Prevention of Childhood Obesity in Michigan", Obesity Special Interest Group Presentation. Society for Adolescent Medicine, April 2010, Toronto, Canada
- 3. "Recipe for an Epidemic: The US example of what not to do to avoid an epidemic of childhood obesity", Youth at Risk Conference, March 2011, Trinidad, West Indies
- 4. "Childhood Obesity in the Caribbean", Healthy Living Symposium, August 2012, Barbados, WI
- 5. "US Approach to Obesity Treatment", Ross Medical School, August 2012, Dominica, WI
- 6. "Embracing Communications Technology for Pediatric Outpatient Weight Management and Reduction", Universiti Brunei Darussalam Workshop Series, December 2012, Brunei Darussalam
- 7. "Addressing COVID-19 Hesitancy in Medical Personnel", Trinidad and Tobago Ministry of Health Nurses Association. October 2021 (virtual)
- 8. "Introduction to Childhood Obesity", Asia-Pacific International University, May 2022, Thailand (virtual)

#### **National**

- 1. "Tailored Mobile Phone Text Messages as an Adjunct to Obesity Treatment for Adolescents", New Investigator Platform Presentation, March 2009, Los Angeles, CA
- 2. "One Size Does Not Fit All: Pediatric Multidisciplinary Weight Management", National Medical Association annual meeting, August 2010, Orlando, FL
- 3. "The Childhood Obesity Epidemic", Lifestyle Intervention Conference, September 2011, Las Vegas, NV
- "A Diamond in the Rough: Using e-Health Interventions Including Text Messaging and Social Media to Enhance Adolescent Weight Management", Adolescent Health Conference, University of Alabama, April 2012, Birmingham, AL
- The Assessment of Childhood Obesity", The Obesity Society Preconference Board Review, September 2012, San Antonio, TX
- The Assessment of Childhood Obesity", The Obesity Society Preconference Board Review, November 2013, Atlanta, GA
- 7. "Overview: 2013 Obesity Services Survey Findings", Children's Hospital Association Webinar, May 2014, Online
- 8. "The Tip of the Iceberg: Maximizing the Potential of Text Messaging and Social Media in Weight Management for Teens", American Academy of Behavioral Health annual meeting, March 2015, San Antonio. TX
- 9. "Mobile Health Boot Camp.", Society for Behavioral Medicine., May 2015, San Antonio, TX
- 10. "The Assessment and Treatment of Childhood Obesity", The Obesity Society Preconference Board Review., November 2015, Los Angeles, CA
- 11. "National Voices Project Boys and Young Men of Color 2015 National Survey", National Collaboration Action Lab., March 2016, New Orleans, LA
- 12. "Race in Relation to Health Communication", Annie E. Casey Foundation Annual Conference, October 2016, San Antonio, TX
- 13. "The Assessment and Treatment of Childhood Obesity", The Obesity Society Preconference Board Review, November 2016, New Orleans, LA
- 14. "Severe Obesity in Adolescents: Assessment and Treatment", The Endocrine Society Pre-conference. March 2017, Orlando, FL
- 15. "The Best of Times, The Worst of Times: What works for severe obesity among adolescents", The National Academy of Sciences Roundtable on Obesity Solutions., April 2017, Washington, DC
- 16. "Great Expectations: A Tale of Communications Technology in the Treatment of Childhood Obesity", The Obesity Medicine Association, September 2017, San Antonio, TX
- 17. "The Assessment and Treatment of Childhood Obesity", The Obesity Society pre-conference board review, October 2017, Washington, DC

- 18. "Making the USPTF Recommendations a reality: Reimbursement for Pediatric Weight Management", The Obesity Society Annual Conference, November 2018, Nashville, TN
- 19. "The Concerns of Adolescents Impacted by the Flint Water Crisis Regarding its Effect on Health." National Medical Association Annual Meeting, July 2019, Honolulu, HI
- 20. "Reimbursement for Pediatric Weight Management", The Obesity Society Annual Conference, November 2019, Las Vegas, NV
- 21. "COVID-19 101: African American and Asian/Pacific Islander perspectives of COVID-19." National REACH Coalition Webinar. March 2021
- 22. "The Virus, Variants, and Vaccines" Ally Financial Employee Webinar, December 2021
- 23. "Pediatric Weight Gain During the Pandemic" Pediatric Academic Societies (PAS) SIG. Denver, CO. April 2022.
- 24. "Seeing Themselves in a Negative Light: Parental Perspectives of their Child's Body Image" Pediatric Academic Societies (PAS) Oral Presentation, Washington, DC, April 2023.
- 25. "Having it Your Way: Parent Mealtime Practices and Rules for Feeding Young Children." National Medical Association Annual Meeting, August 2024, New York, NY
- 26. "Improving Equity in Pediatric Care: Challenges and Opportunities." National Medical Association Annual Meeting, August 2024, New York, NY

## Regional

- 1. "Treatment of Obese Adolescents A Multidisciplinary Approach", The Pediatric Primary Care Update Series, St. Joseph Hospital, March 2007, Ypsilanti, MI
- 2. "Guidelines for the Treatment and Prevention of Childhood Obesity", State of Michigan Childhood Obesity Summit, March 2008, Lansing, MI
- 3. "Medicaid Coverage of Childhood Obesity Treatment", National Governors' Association Childhood Obesity Advocacy Summit, July 2008, Lansing, MI
- 4. "Successes in Adolescent Weight Management", Healthy Weight Partnership Meeting, September 2008, Lansing, MI
- "Childhood Obesity Prevention and Treatment", Overcoming Obesity and Winning at Health Symposium, July 2009, Ann Arbor, MI
- 7. "Starting the Conversation: Counseling Parents of Overweight Children", Michigan WIC annual meeting, April 2011, Grand Rapids, MI
- 8. "Pediatric Obesity: Opportunities to deliver effective, coordinated care management", Mackinac Learning Collaborative., April 2011, Detroit, MI
- 9. "Strategic Moves: Helping Obese Adolescents Increase their Physical Activity", Michigan State Medical Society, Sports Medicine Symposium., April 2011, East Lansing, MI
- 10. "Starting the Conversation: Counseling Parents of Overweight Children", Michigan WIC annual meeting., April 2011, Grand Rapids, MI
- 11. "Strategic Moves: Helping Obese Adolescents Increase their Physical Activity", Michigan State Medical Society Sports Medicine Symposium, April 2011, East Lansing, MI
- 12. "Childhood Obesity: Curbing the epidemic through collaboration", Michigan Association of School Nurses annual meeting., May 2011, Bay City, MI
- 13. "Childhood Obesity Treatment: A Multidisciplinary Approach", Wayne County Multicultural Obesity Conference, Moving Ahead: Celebrating Healthy Lifestyles., July 2011, Detroit, MI
- 14. "Childhood Obesity Treatment 2: A Multidisciplinary Approach", Wayne County Multicultural Obesity Conference, Moving Ahead: Celebrating Healthy Lifestyles, July 2011, Detroit, MI
- 15. "Healthy Kids Healthy Michigan", Wayne County Health Authority Childhood Obesity Task force., July 2011. Detroit. MI
- 16. "Childhood Obesity Expert Committee Recommendations: Four Stages Obesity Management.", School-Community Health Alliance of Michigan Conference, November 2011, Ann Arbor, MI
- 17. "Childhood Obesity Interventions", St. John's Hospital Childhood Obesity Symposium., May 2012, Detroit, MI
- 18. "One Size Does not Fit All: Multidisciplinary Care for the Treatment of Childhood Obesity", Michigan Academy of Family Physicians, Fall Update, September 2012, Ann Arbor, MI
- 19. "Preventing Obesity: Protecting Our Future", Michigan WIC Annual Meeting, March 2013, Traverse City, MI
- 20. "Obesity and Youth", Michigan Adolescent Health Conference, April 2014, Ann Arbor, MI

- 21. "Guidelines for the Management of Childhood Obesity" Hurley Hospital Pediatric Grand Rounds, April 2023. Flint. MI
- 22. "Improving Health Equity in the Pediatric Arena From Patient Care to Policy" Michigan Institute for Clinical and Health Research, Community and Health Equity Symposium, April 2024, Ann Arbor, MI

## **Other: Community Seminars**

- 1. "Asthma Taking Your Breath Away", Science Seminar, Peckham Junior School, June 2001, London, England
- 2. "Faith and Health", Keynote presentation Health Promotion Community Seminar, May 2002, Toronto,
- 3. "Faith and Health", Keynote presentation Health Promotion Community Seminar, May 2002, Toronto, Canada
- 4. "Think Big", Oakdale School Metropolitan Hospital Big Brother Big Sister Award Luncheon, June 2002, Grand Rapids, MI
- 5. "The Power to Change Your Health", Keynote presentation Health Promotion Community Seminar, September 2002, Toronto, Canada
- 6. "What a Difference Diet Makes", Keynote presentation Health Promotion Community Seminar, March 2003, Lansing, MI
- 7. "A Doctor's Life", Challenger Elementary School, May 2003, Kentwood, MI
- 8. "The Power Within How to Improve Your Health", Keynote presentation Health Promotion Community Seminar, March 2006, Ypsilanti, MI
- 9. "Extreme Makeover Teen Edition", Health Promotion Community Seminar, August 2006, Battle Creek, MI
- 10. "Three Keys to Getting Younger Every Year", Health Promotion Community Presentation, November 2008, Southfield, MI
- 11. "Change Your Environment, Change Your Weight", Health Promotion Community Seminar, June 2009, Cassopolis, MI
- 12. "Helping Your Community to Make Health a Priority", Health Promotion Community Seminar, June 2009, Grayling, MI
- 13. "Childhood Obesity Meeting the Needs of Diverse Populations", Minority Health Research Program Community Advisory Board, September 2009, Ann Arbor, MI
- 14. "Small Changes, Big Results", Health Promotion Community Presentation, October 2009, Southfield, MI
- 15. "Not too late to change: Benefits of lifetime changes", Health Emphasis Community Program, May 2016, Ypsilanti, MI
- 16. "New Year, New You: Simple lifestyle changes to improve health", Health Promotion Community Program, January 2017, Detroit, MI
- 17. The Sooner the Better: Prenatal choices to avoid childhood obesity, Health Promotion Community Presentation, September 2018, Inkster, MI
- 18. "Home Alone: The Impact of Isolation During the Pandemic on Children and Adolescents" Health Emphasis Webinar for Wellsprings Health, February 2021.
- 19. Worried Sick: Our Immune System and Stress During the Pandemic", Health Emphasis Webinar for Wellsprings Health, March 2021.
- 20. "Secrets to being fabulous from 15 to 50", Health Emphasis Program, Andrews Academy, April 2021, Berrien Springs, MI
- 21." Novel Coronavirus and Vaccines" Healthy Kids Mississippi Webinar, Mid-South Churches Cooperative Conference Baptist State Convention, September 2021
- 22. Health Emphasis Webinar for Wellsprings Health, February 2022.
- 23. Community Initiatives to address Excess Weight in Pediatrics, Invited Presentation, Lake Region Lifestyle Medicine Conference, May 2024, IL

## Other: Academic Seminars

1. "Caring for Your Newborn", Metropolitan Hospital's Prenatal monthly classes, August 1998, Grand Rapids, MI

- 2. "Weigh Cool Novel Approaches to the Treatment of Childhood Obesity", Child Health Evaluation and Research Unit, Health Services Research Seminar, February 2007, University of Michigan
- 3. "Medical and Surgical Treatment of Pediatric Obesity", Pediatric Ethics Meeting, February 2007, University of Michigan
- 4. "Multidisciplinary Treatment of Childhood Obesity", Pediatric Nephrology Meeting, February 2007, University of Michigan
- 5. "Pediatric Weight Management and Bariatric Surgery", Pediatric Nurses', March 2007, Retreat, Dexter, MI
- 6. "Addressing Epidemiology, Prevalence and Treatment of Childhood Obesity", Guest lecturer, Project Outreach Health Illness and Society (PSYCH 211), August 2007, University of Michigan
- 7. "Childhood Obesity and the Environment", Health Sciences Scholars Seminar, November 2007, University of Michigan
- 8. "Causes and Treatment of Childhood Obesity", Undergraduate Class Project Outreach, Big Sibs Section, November 2007, University of Michigan
- 9. "Childhood Obesity and Health", Undergraduate Class Health, Illness, and Society, November 2007, University of Michigan
- 10. "Prevention and Treatment of Childhood Obesity", Project Healthy Schools, February 2008, University of Michigan
- 11. "Overview of Childhood Obesity", Mott Community Advisory Committee, March 2008, University of Michigan
- 12. "Weighty Issues: The Ethics of Pediatric Weight Management", Bioethics Grand Rounds, April 2008, University of Michigan
- 13. "Adolescent Bariatric Surgery", Pediatric Surgery Grand Rounds, July 2008, University of Michigan
- 14. "Tailored Text Messaging as an Adjunct to Pediatric Weight Management", Center for Health Communications Research Seminar, August 2008, University of Michigan
- 15. "Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program: MPOWERed Messages", Health Services Scholars Seminar, October 2008, University of Michigan
- 16. "Causes and Treatment of Childhood Obesity", Undergraduate Class Project Outreach, Big Sibs Section, November 2008, University of Michigan
- 17. "Improvements in Fitness among Adolescents After 12 Weeks of Group Exercise Training in the Michigan Pediatric Outpatient Weight Evaluation and Reduction (MPOWER) Program", Platform Presentation, Pediatric Research Symposium, November 2008, University of Michigan
- 18. "Causes and Treatment of Childhood Obesity", Undergraduate Class Project Outreach, Big Sibs Section, April 2009, University of Michigan
- 19. "The Michigan Pediatric Comprehensive Weight Management Center Program Update", C.S. Mott Children's Hospital Administrative Counsel, April 2010, University of Michigan
- 20. "Innovative Uses of Technology in the Treatment of Obesity", The Economy and Cancer Health Disparities Conference, May 2010, University of Michigan
- 21. "Overview of Childhood Obesity Prevention and Treatment", Resident Noon Lecture Series, June 2010, University of Michigan
- 22. "MPOWERed Messages: Adolescents' Perspectives on using Text Messages to Aid in Weight Loss Efforts", Health Services Scholars Seminar, June 2010, University of Michigan
- 23. "Adolescents' Perceptions about the Content of Text Messages in a Weight Management Intervention", Pediatric Grand Rounds, July 2010, University of Michigan
- 24. "Latest Approaches in Childhood Obesity Prevention and Treatment", Expert Forum on Childhood Obesity: Latest Approaches, Future Directions, September 2010, University of Michigan
- 25. "MPOWERed Messages II: Tailored Mobile Messages to Enhance Weight Loss for Teens", Center for Health Communications Research Seminar, November 2010, University of Michigan
- 26. "Childhood Obesity Treatment", Pediatric Surgery Grand Rounds, September 2011, University of Michigan
- 27. "Health Policy Action Team Policy Priorities", Healthy Kids Healthy Michigan Fall All Member Meeting., October 2011, Lansing, MI
- 28. "To Pay or not to Pay: Public Perceptions of Insurance Coverage for Adolescent Bariatric Surgery", Platform Presentation, Pediatric Research Symposium, October 2011, University of Michigan
- 29. "Childhood Obesity: A Smorgasbord of Perspectives", Health Services Scholars Seminar, November 2011, University of Michigan

- 30. "Childhood Obesity in Michigan", Pediatric Obesity Committee Presentation, February 2012, University of Michigan
- 31. "Lessons Learned from a Tailored Messaging Intervention for Teens", Guest Lecture, School of Public Health, February 2012, University of Michigan
- 32. "Evolution, Obesity and Policy", University of Michigan Museum of Natural History Lecture Series, March 2012, University of Michigan
- 33. "Mobile Technologies and Social Media in Pediatric Weight Control A Diamond in the Rough", Health Services Scholars Seminar, November 2012, University of Michigan
- 34. "How much is too much: Childhood obesity and screen time", Peterson Warren Academy, February 2015, Taylor, MI
- 35. "Behavioral Interventions for the Treatment of Childhood Obesity", Guest Lecture, Health Education Webinar, November 2016, Ohio State University
- 35. "Use of Technology in Behavioral Interventions for Childhood Obesity." Guest Lecture, Psychology Fellows' Lecture Series, February 2022, University of Michigan

## **Bibliography**

## **Peer-Reviewed Journals and Publications**

- 1. **Woolford SJ**, Clark SJ, Lumeng JC, Williams DR, Davis MM: Maternal perspectives on growth and nutrition counseling provided at preschool well-child visits. J Natl Med Assoc 99(2): 153-158, 2007. PM17366952/PMC2569431
- 2. **Woolford SJ**, Gebremariam A, Clark SJ, Davis MM: Incremental hospital charges associated with obesity as a secondary diagnosis in children. Obesity (Silver Spring) 15(7): 1895-1901, 2007. PM17636109/17636109
- 3. Nafiu OO, Chimbira WT, **Woolford SJ**, Tremper KK, Reynolds PI, Green GE: Does high BMI influence hospital charges in children undergoing adenotonsillectomy? Obesity (Silver Spring) 16(7): 1667-1671, 2008. PM18421267
- 4. **Woolford SJ**, Clark SJ, Strecher VJ, Gebremariam A, Davis MM: Physicians' perspectives on increasing the use of BMI charts for young children. Clin Pediatr (Phila) 47(6): 573-577, 2008. PM18474897
- 5. **Woolford SJ**, Gebremariam A, Clark SJ, Davis MM: Persistent gap of incremental charges for obesity as a secondary diagnosis in common pediatric hospitalizations. J Hosp Med 4(3): 149-156, 2009. PM19301381
- 6. Lee JM, Davis MM, **Woolford SJ**, Gurney JG: Waist circumference percentile thresholds for identifying adolescents with insulin resistance in clinical practice. Pediatr Diabetes 10(5): 336-342, 2009. PM19175894
- 7. **Woolford SJ**, Clark SJ, Ahmed S, Davis MM: Feasibility and acceptability of a 1-page tool to help physicians assess and discuss obesity with parents of preschoolers. Clin Pediatr (Phila) 48(9): 954-959, 2009. PM19483126
- 8. Lee JM, **Woolford S**, Herman WH, Clark SJ: Does childhood overweight, parental perception of overweight, or family history of diabetes mellitus increase parental perception of type 2 diabetes risk for their child? J. Pediatr. Endocrinol. Metab. 23(3): 267-270, 2010. PM20480725/PMC-
- 9. **Woolford SJ**, Clark SJ, Gebremariam A, Davis MM, Freed GL: To cut or not to cut: physicians' perspectives on referring adolescents for bariatric surgery. Obes Surg 20(7): 937-942, 2010. PM20401742/PMC-
- 10. **Woolford SJ**, Clark SJ, Gebremariam A, Davis MM, Freed GL: Physicians' perspectives on referring obese adolescents to pediatric multidisciplinary weight management programs. Clin Pediatr (Phila) 49(9): 871-875, 2010. PM20522620/PMC-
- 11. **Woolford SJ**, Clark SJ, Strecher VJ, Resnicow K: Tailored mobile phone text messages as an adjunct to obesity treatment for adolescents. J Telemed Telecare 16(8): 458-461, 2010. PM20959393
- 12. **Woolford SJ**, Sallinen BJ, Clark SJ, Freed GL: Results from a clinical multidisciplinary weight management program. Clin Pediatr (Phila) 50(3): 187-191, 2011. PM20926840
- 13. Larrier YI, Bakerson MA., Linton JM, Walker LR, **Woolford SJ**.: The Role of School Counselors in the Childhood Obesity Epidemic Journal of School Counseling 9(3): 1-31, 2011.
- 14. Woolford SJ, Barr KL, Derry HA, Jepson CM, Clark SJ, Strecher VJ, Resnicow K: OMG Do Not Say

- LOL: Obese Adolescents' Perspectives on the Content of Text Messages to Enhance Weight Loss Efforts. Obesity (Silver Spring) 19(12): 2382-2387, 2011. PM21869762
- 15. Resnicow K, McMaster F, **Woolford S**, Slora E, Bocian A, Harris D, Drehmer J, Wasserman R, Schwartz R, Myers E, Foster J, Snetselaar L, Hollinger D, Smith K: Study design and baseline description of the BMI (2) trial: reducing paediatric obesity in primary care practices. Pediatr Obes 7(1): 3-15, 2012. PM22434735
- 16. **Woolford SJ**, Sallinen BJ, Clark SJ, Iglayreger HB, Gordon PM: Association Between Physician Recommendation for Adolescents to Join a Weight Loss Program and BMI Change. Journal of primary care & community health 3(2): 83-7, 2012. PM23803450
- 17. **Woolford SJ**, Clark SJ, Sallinen BJ, Geiger JD, Freed GL: Bariatric surgery decision making challenges: the stability of teens' decisions and the treatment failure paradox. Pediatr. Surg. Int. 28(5): 455-460, 2012. PM22453927
- 18. Sallinen BJ, **Woolford SJ**: Commentary: examination of health and behavioral code reimbursement from private payers in the context of clinical multidisciplinary pediatric obesity treatment. J Pediatr Psychol 37(5): 519-522, 2012. PM22366575
- 19. **Woolford SJ**, Khan S, Barr KL, Clark SJ, Strecher VJ, Resnicow K: A picture may be worth a thousand texts: obese adolescents' perspectives on a modified photovoice activity to aid weight loss. Child Obes 8(3): 230-236, 2012. PM22799549
- 20. **Woolford SJ**, Sallinen BJ, Schaffer S, Clark SJ: Eat, play, love: adolescent and parent perceptions of the components of a multidisciplinary weight management program. Clin Pediatr (Phila) 51(7): 678-684, 2012. PM22492836
- 21. Chang T, Chopra V, Zhang C, **Woolford SJ**: The role of social media in online weight management: systematic review. J. Med. Internet Res. 15(11): e262, 2013. PM24287455
- 22. Lee JM, Gebremariam A, **Woolford SJ**, Tarini BA, Valerio MA, Bashir S, Eason AJ, Choi PY, Gurney JG: A risk score for identifying overweight adolescents with dysglycemia in primary care settings1). J. Pediatr. Endocrinol. Metab. 26(5-6): 477-488, 2013. PM23435184
- 23. Sallinen BJ, Schaffer S, **Woolford SJ**: In their own words: Learning from families attending a multidisciplinary pediatric weight management program at the YMCA Child Obes 9(3): 200-207, 2013. PM23631344
- 24. Sallinen BJ, Hassan F, Olszewski A, Maupin A, Hoban TF, Chervin RD, **Woolford SJ**: Longer weekly sleep duration predicts greater 3-month BMI reduction among obese adolescents attending a clinical multidisciplinary weight management program Obes Facts 6(3): 239-246, 2013. PM23736120
- 25. Ehrmann DE, Sallinen BJ, IglayReger HB, Gordon PM, **Woolford SJ**: Slow and steady: Readiness, pretreatment weekly strengthening activity, and pediatric weight management program completion Child Obes 9(3): 193-199, 2013. PM23635312
- 26. **Woolford SJ**, Esperanza Menchaca AD, Sami A, Blake N: Let's face it: Patient and parent perspectives on incorporating a Facebook group into a multidisciplinary weight management program Child Obes 9(4): 305-310, 2013. PM23869854
- 27. **Woolford SJ**, Clark SJ, Butchart A, Geiger JD, Davis MM, Fagerlin A: To pay or not to pay: Public perception regarding insurance coverage of obesity treatment Obesity (Silver Spring) 21(12): E709-E714, 2013. PM23512908
- 28. Haemer MA, Grow HM, Fernandez C, Lukasiewicz GJ, Rhodes ET, Shaffer LA, Sweeney B, **Woolford SJ**, Estrada E: Addressing prediabetes in childhood obesity treatment programs: support from research and current practice. Childhood obesity (Print) 10(4): 292-303, 2014. PM25055134
- 29. Estrada E, Eneli I, Hampl S, Mietus-Snyder M, Mirza N, Rhodes E, Sweeney B, Tinajero-Deck L, **Woolford SJ**, Pont SJ: Children's Hospital Association consensus statements for comorbidities of childhood obesity. Childhood obesity (Print) 10(4): 304-17, 2014. PM25019404
- 30. Iglayreger HB, Peterson MD, Liu D, Parker CA, **Woolford SJ**, Sallinen Gafka BJ, Hassan F, Gordon PM: Sleep duration predicts cardiometabolic risk in obese adolescents J. Pediatr. 164(5): 1085-1090.e1, 2014.PM24612904
- 31. Patel I, Erickson S, Bagozzi RP, Chang J, Caldwell C, **Woolford S**, Balkrishnan R: Racial Disparities in Type 2 Diabetes Health Care Utilization in Medicaid Adults with Developmental Disabilities. Value Health 17(7): A356-7, 2014. PM27200712
- 32. Jasik CB, King EC, Rhodes E, Sweeney B, Mietus-Snyder M, Grow HM, Harris 2nd JM, Lostocco L, Estrada E, Boyle K, Tucker JM, Eneli IU, **Woolford SJ**, Datto G, Stratbucker W, Kirk S: Characteristics of youth presenting for weight management: Retrospective national data from the POWER study group

Childhood Obesity 11(5): 630-637, 2015. PM26440387

- 33. Siegel R, Fals A, Mirza N, Datto G, Stratbucker W, levers-Landis CE, Christison A, Wang Y, Woolford SJ: Social/electronic media use of children and adolescents who attend the pediatric weight management programs of the COMPASS network Childhood Obesity 11(5): 624-629, 2015. PM26305259 34. Resnicow K, McMaster F, Bocian A, Harris D, Zhou Y, Snetselaar L, Schwartz R, Myers E, Gotlieb J, Foster J, Hollinger D, Smith K, Woolford S, Mueller D, Wasserman RC: Motivational interviewing and dietary counseling for obesity in primary care: An RCT Pediatrics 135(4): 649-657, 2015. PM25825539 35. Woolford SJ, Woolford-Hunt CJ, Sami A, Blake N, Williams DR.: No Sweat: African American Adolescent Girls' Opinions of Hairstyle Choices and Physical Activity. BMC Obes. 3-31: 3-31, 2016. PMC4929729
- 36. Jensen CD, Duncombe KM, Lott MA, Hunsaker SL, Duraccio KM, **Woolford SJ**.: An Evaluation of a Smartphone-Assisted Behavioral Weight Control Intervention for Adolescents JMIR Mhealth Uhealth 102: 4(4), 2016. PMC5013243
- 37. **Woolford S** & Moon J. Development of the Location Initiated Individualized Texts for African American Adolescent Health (Liita3h) Mobile Application. *Journal of Adolescent Health*. 58. S19. 10.1016/j. jadohealth.2015.10.052.
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## **Abstracts**

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- 94. Marsh E, **Woolford SJ**, Ledon C., Doshi A, Rowe Z, Buyuktur A, Piechowski P. Exploring Challenges and Approaches to Building Local and Statewide Networks of Community-Academic Partners. Workshop at Association for Clinical and Translation Science Annual Meeting. April 2020. \*
- 95. Calhoun K, Lewis EY, Bailey S, **Woolford SJ**, DeLoney EH, Evans L, McKay A, Carrera J, Hamm J, Poll J, Greene-Moton E, Robinson D, Vereen D, Sparks A, Key K, Piechowski P. Community voice on the flint water crisis: A trust study, needs assessment and plan of action. Oral presentation at the American Public Health Association Annual Meeting. Virtual. October 2020.
- 96. Villegas J, Kowalski-Dobson T, Kauffman AD, Brown P, Grabowski A, Williams J, Moon J, **Woolford SJ**. Lessons Learned in the Development of a Location-Based mHealth Intervention. Video poster presentation, 4<sup>th</sup> annual UConn Center for mHealth and social media, 05/2020.
- 97. McKay A. Samuels E, Bailey S, Robinson D, Greene-Moton E, Key K, Evans L, Lewis EY, Paberzs A, Vereen D, Calhoun K, Piechowski P, Champagne E, **Woolford SJ**. Developing a valid research partnership assessment. Oral presentation at the American Public Health Association Annual Meeting. Virtual. October 2020.
- 98. **Woolford SJ**, Lewis EY, Kowalski-Dobson T, Sadler R, French-Turner T, Sylvester K, Piechowski P, Stokes C, Cabine K, Louis A, Furr-Holden D. Engaging the flint community in research through symposia. Oral presentation at the American Public Health Association Annual Meeting. Virtual. October 2020. 99. McKay A, Poll J, Gorka N, Bailey S, DeLoney EH, Key K, Vereen D, Sparks A, Evans L, Lewis EY, Greene-Moton E, Campbell B, Paberzs A, **Woolford SJ**, Piechowski P. Time for action, strengthening capacity with the building capacity for research and action funding opportunity. Roundtable presentation at the American Public Health Association Annual Meeting. Virtual. October 2020.
- 100. McKay, A., Gorka, N., Lewis, E.Y., Nambiar, V., Poll, J., Paberzs, A., Key, K., Vereen, D., Calhoun, K., Robinson, D., Campell, B., Greene-Moton, E. Evans, L., Bailey, S., Juliette, K., Conte, M., Sparks, A., DeLoney, E.H., Piechowski, P., **Woolford, S**. "Translating the flint water crisis; Development of a research readiness and partnership protocol (R2P2)." Roundtable presentation at the American Public Health Association Annual Meeting. Virtual. October 2020.
- 101. **Woolford SJ**, Lewis EY, Kowalski-Dobson T, Sadler R, French-Turner T, Sylvester K, Piechowski P, Stokes C, Cabine K, Louis A, Furr-Holden D. Engaging the flint community in research through symposia. Oral Presentation, American Public Health Association Annual Meeting, Virtual, 10/2020.
- 102. Calhoun K, Carrera J, Key K, DeLoney EH, Greene-Moton E, Lewis EY, Sparks A, Hamm JA, Vereen D, **Woolford SJ**, Piechowski-Whitney P, Basnaw A, McKay A, Bailey S, Robinson D, Evans L, Poll J. Community Voice on the Flint Water Crisis: A Trust Study, Needs Assessment and Plan of Action. Oral presentation, American Public Health Association Annual Meeting, Virtual, 11/2020.
- 103. **Woolford SJ**, Krammer, BA, Clark SJ. How air quality exacerbates health disparities for children of color. Poster presentation. National Medical Association Annual Meeting. New York, NY, August 2024
- 104. Hamm J, Carrera J, Anness M, Key K, Alhawli A, Kabalan M, Bailey K, Arnetz B, Cavanagh C, **Woolford S**. Identifying the critical trustees for increasing vaccine acceptance in minoritized communities. Poster Presentation. American Public Health Association Annual Meeting. Minneapolis, MN, October 2024.
- 105. Wilczek K, Platt J, Woolford S, Piechowski P, Greene-Moton E, Saddler S, Evans L,

- Gipson Allen P. Characteristics of community boards reviewing research for equity: A scoping review. Poster Presentation. American Public Health Association Annual Meeting. Minneapolis, MN. October 2024.
- 106. Cross FL, Hunt R, Buyuktur A, **Woolford S,** Reyes AG, Ledon C, Israel BA, Marsh E, Platt J. Facilitating and hindering factors for effective public health communication with Michigan's Latinx population in the context of COVID-19. Poster Presentation. American Public Health Association Annual Meeting. Minneapolis, MN, October 2024.
- 107. Vereen D, **Woolford S**, McKay A, Key K, Piechowski P, Gipson Allen P. "FAST PACE: A toolkit to promote equitable academic and community partnered crisis response" Roundtable Presentation. American Public Health Association Annual Meeting. Minneapolis, MN, October 2024.
- 108. **Woolford SJ**, Gebremariam A, Clark SJ. Parental Perspectives on Steps to Protect Their Children from Poor Air Quality. Oral Presentation. American Public Health Association Annual Meeting. Minneapolis, MN, October 2024.